

Caregiver News

Publication of Sullivan County Child Care Council, Inc. for those who care for, educate, and nurture the young child.

Fall Snack Fun

Autumn has (almost) arrived! The season of sweatshirts, hot chocolate and pumpkin flavored everything. Try these kid-friendly snacks for fall with the children in your program!

Tangerine Pumpkins

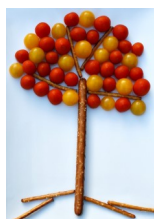
Easy way to make your kids smile!

Use a bit of celery stalk and leaf to make a 'stem' on your tangerine pumpkin and you have an easy healthy fall treat!



Fall Tree Treats

Use pretzel sticks, red cherry tomatoes and yellow cherry tomatoes to create a beautiful (and delicious!) fall tree. Cut the tomatoes in half (or smaller) and allow the kids to make their own tree.



Need more ideas? Let us know how we can help! We are always available to you to keep your programs fresh.

The Sullivan County Child Care Council is officially open to the public! Normal business activity has resumed. All SCCCC staff members are fully vaccinated and still follow safety measures and precautions.

Thanks for your patience and understanding throughout this truly challenging time.

You're expelled!

Expulsion in early childhood settings is occurring at significant rates every day. The available data is startling.

- Preschoolers are expelled at a rate of 3.2 times higher than children in grades K-12.
- Boys are expelled at a rate of 4.5 times over girls.
- Children of color are expelled at 2 times higher than Latino and white children and 5 times higher than Asian American children.

We know that expulsion practices disproportionately affect children of color, especially boys. We also know that these children are often expelled for challenging behaviors that childcare providers do not have the tools to address. Children who are being expelled are missing out on critical years of quality childcare where they can develop social emotional skills and protective relationships that could change the trajectory of their lives.

Please join us in a pledge to reduce these rates in Sullivan County. We are developing an incentive program that can act as a support system for your program to prevent expulsion of infants, toddlers and preschoolers.

If you or someone in your program is resorting to the expulsion of a toddler or preschooler, please call us so we can work together to make a difference in your program and the lives of that family and child.

ACES 201 Roll-Out

As of January 6, 2021, the Office of Children and Family Services has added adverse childhood experiences (ACEs) as required training topic.

Many of you have taken our ACEs 101 training that we are offering to help you meet your required training topic. ACEs 101 offers a lot of information that is difficult to digest and not many solutions for what to do about it. That is where ACEs 201 comes in.

We are proud to be able to offer you the second part in the training series, ACEs 201.

The 201 level training is available for anyone who has completed ACEs 101.

In the ACEs 201 series we will:

- Define resilience
- Compare stress behavior and misbehavior
- Practice coregulation skills
- Begin to look at a trauma-informed workplace

You have the power to make a difference in the lives of children who are subject to adversity at an early age. Join us in our effort to offer protective measures in their lives and prevent negative life outcomes.

**Please call the Council for further information on ACEs 101 or 201 training availability.
(845) 292-7166**

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Become a Sullivan County Childcare Provider– We are Here to Help!

Are you or someone you know looking for employment? Have you dreamed of running your own business and setting your own hours? Sullivan County is in desperate need of more licensed or registered childcare programs. This is an ongoing issue in our small and rural county but the COVID-19 pandemic has significantly exasperated the situation. Opening your own childcare program can feel overwhelming but we are here to help. We have a full staff that can walk you through every step of the process from requesting your application to improving the quality of your care. We can help you secure funding for things like meals and materials. We can provide you with free trainings that you need to keep your license current. If you have ever considered opening up a program in your home or at another location, please take the next step and call us! Here is how we can help:



Step One: www.scchildcare.com

Click on the tab that says “Become a provider”. Click on the links and carefully read through the information. Visit the Office of Children and Family Services website where you can formally request an application. Overwhelmed? Call us!!



Step Two-Sue Sennett-Registrar

Call Sue Sennett, our Sullivan County Registrar. Depending on the type of program you are opening, she will be the one to work with you until you receive your registration. If you will be working with a licensor instead, she can still answer your questions and ease any concerns.



Step Three-LeeAna Santillo– Parent Counselor

LeeAna is your direct link to the parents-your customers! She will enter your information into our referral system so that you can connect with the families that work best for your location and schedule. LeeAna will help make sure your program fills up and you are able to bring in a steady source of income quickly. LeeAna is also a liaison between families who receive assistance in paying for childcare and the county. She can help you to investigate missing or late payments and prevent your families from having any lapse in coverage.



Step Four-Aimee Pittaluga– CACFP Coordinator and TA Specialist

Now that you have your program licensed or registered and you have families calling for enrollment, Aimee can help you to enroll in the Child and Adult Care Food Program. This program offers reimbursement for the food items you serve to your children for meals and snacks. It also helps you to make nutritious food a priority! CACFP is a great program for providers and their families.



Step Five: Kelsey Stoddard and Marisa Ix-D’Amato

Kelsey, the Infant Toddler Specialist and Marisa the Infant Mental Health Consultant are available to help your program be the best it can be. They can help you earn endorsements, improve relationships, prevent expulsions, improve materials, earn training hours, get new ideas for programming and much more. They are both available to support you as a new program and will continue to support you for as long as you are open.



Step Six– Donna Willi– Executive Director

Donna, who has been working at the Council for 21 years, can answer any and all questions you may have after speaking to all the members of our experienced and qualified staff. She provides necessary trainings like CPR/First Aid and any other trainings your licensor may request. She works hard to make sure the childcare providers in our community feel valued and supported as they care for our communities children.



Step Seven: Get Paid—Pamela DeMarmels

You may not reach Pam on the phone and you may not see her around the office but you can certainly appreciate her work because she processes all of the timesheets for families who receive childcare assistance and maintains our financials for things like materials we purchase for you and your CACFP reimbursements. She meticulously makes sure your income source remains steady to the best of her ability and as a new Sullivan County provider, she will be there for you too.

If you are interested in opening up a childcare facility, please take step one today. Our workforce needs childcare to continue to thrive. Afterhours, weekend care, before and afterschool care are all desperately needed in addition to traditional care. We look forward to working with you to improve our community and support our families!

Intensive Technical Assistance

The Council offers intensive technical assistance to enhance your knowledge/skills. Individualized training can be set up to address your program needs in one session or multiple session workshops (conducted at your home during a convenient time for your program).

Consider the following topics, or choose your own:

- “Creating a Positive Environment”
- “Benefiting from Family Style Eating”
- “Age Appropriate Room Arrangements”
- “Supervision”
- “Gross Motor with Indoor & Outdoor Play”
- “Ideas for Better Nutrition & Physical Activity”
- “Learning through Nature”
- “Picky Eaters”
- “Creating Theme Curriculum”

Contact us at info@scchildcare.com to request a session or for more information call Aimee Pittaluga at (845) 292-7166 .

This free service is funded by NYSOCFS.

During this time we can offer sessions via Zoom—try it!

OCFS Child Care Forms

Required OCFS forms are available at:

<http://ocfs.ny.gov/main/documents/docsChildCare.asp>

Don't forget to order your NEW versions of the blue card!!!

Print new ones directly from the website as needed, or go to <http://ocfs.ny.gov/main/documents/docs%20Pubs.asp> and you can order free copies of all OCFS Forms using the order form.

QUALITYstarsNY

QUALITYstarsNY is a voluntary five-star "rating system" for providers much like those used for hotels and restaurants, with the number of stars indicating the quality of an early care and learning program. However, unlike other rating systems, QUALITYstarsNY provides an infrastructure for assessing, improving and communicating the quality of care provided by early learning programs.

QualitystarsNY is here in Sullivan County!

<http://qualitystarsny.org/index.php>

Click “Interested in Applying” to start the process of becoming the **first** program in Sullivan County to participate in the New York State QUALITY RATING SYSTEM.

Message from Donna Willi, Executive Director

Dear Friends of the Child Care,

If you by passed page two of this publication, please go back and read step one- **call us!**

Sullivan County is experiencing a severe shortage of child care. So much so our own staff cannot return to work full time or come into the office.

Opening a child care program **cost less than \$500** AND we are here to support you, guide the process EVERY STEP of the way and provide the required trainings. You can have your new business up and running within ninety days, in many cases in less than ninety days.

Weekly income is around \$900 or more with many tax incentives and deductions.

Be home for your family, make your own schedule, help the community and be a small business owner.

Remember step one - call us! (845) 292-7166.

Yours in Child Care,
Donna

The staff at the Council would like to wish a very happy retirement to two of our long-time, well-loved Sullivan County providers:

**Faith Metzinger
Terri Pellam**



Thank you for all you have done for the families and children of our community. You will be missed!

CLASS Tool

CLASS is an observational assessment tool that focuses on teacher-student interactions, and is research proven to drive learning and development.

Marisa, Kelsey, and Aimee are all certified to conduct the Infant, Toddler, or Preschool CLASS tool. If you're a provider who would like assistance with increasing your positive teacher-student interaction, reach out today!
(845) 292-7166

You too can become CLASS certified! Visit <https://teachstone.com/class/> for more information

Medication Administration Training (MAT)

Only topical ointments, sunscreens and repellents are legally permitted to be applied in a child care setting without a license or registration to administer medication.

To sign up for MAT please email info@scchildcare.com or call the Council (845) 292-7166 x309.

MAT grant applications (up to \$100 reimbursement) can be obtained online at www.ecetp.pdp.albany.edu/mat.shtm or contact the SUNY MAT Grant Program at 800-295-9616 or mat@pdp.albany.edu.

MAT Approved Programs

The following providers hold a license/registration to administer medication:

Best Friends Services, Inc.

Jessica Dean

Early Childhood Cooperative Experience

Easter Seals of New York, Inc.

Deborah Gubiotti

J&C First Steps Daycare, LLC: Diane Harvey

New Hope Manor

Twin Bridge Play School Inc.

Sullivan County Head Start, Inc. (All locations)

Little Rainbows Daycare

Medication Administration

Obtain your MAT Certification or Renewal through an independent study program plus testing with a SUNY MAT instructor.

*You **must** renew your MAT Certificate every 3 years, **PRIOR** to the expiration date!!*

Please visit the following website for specific information and direction on renewing your MAT Certificate
www.ecetp.pdp.albany.edu/mat.shtm

You may also contact the Council at (845) 292-7166 or info@scchildcare.com.

Child & Adult Care Food Program (CACFP)

Does your child care provider participate in CACFP, a nutrition program that ensures kids in child care eat healthy meals and snacks?

Call us and find out OR if you are a provider that want's to find out how to participate, call Aimee at (845) 292-7166.

You are What You Eat??

Being healthy is not just about eating healthy foods for caloric intake and dieting, it can also contribute to your mental health. Certain foods can help affect mood and attitude in a positive or negative manner.

Adding certain foods to your diet can help mental health, improve brain function and potentially fight off some cognitive diseases.

Things that help boost mental health and aid in the production of neurotransmitters are foods that contain high amounts of omega-3 fatty acids. Examples of these foods are salmon, tuna, sardines, mackerel, walnuts and flaxseed. Omega-3 fatty acids have been linked to a reduction in mental disorders like depression.

Turkey and chicken are a good choice of lean protein but also they help your body produce serotonin, which is vital in mood management, memory and also can help depression.

When choosing grain products chose whole grains. The brain needs glucose for energy and complex carbs allow the glucose to be processed more slowly, giving a steady source of energy.

Leafy greens are also important for a healthier mindset. High amounts of folic acid can counter depression and fatigue.

Foods that contain probiotics can help reduce anxiety and stress. Active cultures, found in foods like yogurt, also provide you with potassium and magnesium which help oxygen reach the brain.

Avocados, which are surprisingly classified as a fruit, can boost memory, and help protect your brain against stroke. They also contain lutein which helps brain function.

Certain food, like simple carbohydrates should be limited. Food choices like white bread, bagels and cereal can spike your blood sugar levels. Processed foods contain many artificial ingredients, nitrates, sodium and trans and saturated fats. Sugary foods and soda feel like an energy boost and then a 'sugar crash' that can leave you feeling low and empty. Fried foods are difficult on your digestive system to break down and can weaken good bacteria.

Online Training

NYSOCFS/PDP Online Trainings—FREE!

www.ecetp.pdp.albany.edu/elearn.aspx

Fully narrated courses. Learning points of the training are enhanced throughout using video clips and interactive exercises. Application saves progress every 10-15 minute section, and allows you up to 30 days to complete the entire course.

Available Courses:

| Course Title | Hours | OCFS Topics | CDA Areas |
|--|-------|---------------|------------|
| Early Intervention | 1.5 | 1, 4 | 3, 4, 7, 8 |
| Emergency Preparedness | 1.5 | 4, 7 | 1, 4, 5 |
| Expulsion & Suspension Prevention Strategies | 1.5 | 1, 3, 4, 7 | 3, 4, 6 |
| Family Engagement | 1.0 | 3, 4 | 4, 5, 6 |
| Foundations in Health & Safety | 5.0 | 2, 3, 6, 7, 9 | NA |
| Keeping Children Safe | 1.5 | 1, 3, 4, 7 | 1, 2, 8 |
| Infant Brain Development | 1.0 | 1, 3 | 2, 3 |
| Mandated Reporter Training | 2.0 | 5, 6, 8 | NA |
| Managing Challenging Behavior | 1.5 | 1 | 1, 3 |
| Obesity Prevention | 2.0 | 2 | 1 |
| Preventing SBS | 1.0 | 1, 9 | 1, 3, 4 |
| Preventing SIDS & Promoting Safe Sleep | 1.0 | 1, 3, 4, 7 | 1, 3, 4, 8 |
| School Age Child Care | 1.5 | 1, 3, 4 | 1, 5, 8 |
| Supervision of Children | 1.5 | 4 | 1 |
| Transportation | 2.0 | 3, 4, 7 | 1, 4, 5 |

Webcast Trainings

ecetp.pdp.albany.edu

When available, webcasts are held at the **Sullivan County Child Care Council in Liberty**; classes start promptly at **6:45**. These are adult learning experiences; *no children, please*.

To sign up or for the most current brochure, go to:
www.ecetp.pdp.albany.edu/webcasting.aspx.

Videoconference trainings are funded by the NYSOCFS. They are produced by the Early Childhood Education and Training Program and are conducted in English.

****Please contact the Council to find out if these trainings are running as scheduled!**

Infant/Toddler Services for Providers

Infant/Toddler Technical Assistance Center

The Infant/Toddler Technical Assistance Network, funded by the NYSOCFS, is an initiative aimed at supporting high quality infant and toddler care. The Network offers support to programs serving infants and toddlers.

The Infant/Toddler Specialist can offer a variety of education and quality improvement support via phone, text, email, zoom trainings and when necessary, field visits.

Call or text Kelsey to find out about the free services and grant money we are offering for participating in the Infant Toddler Network!

(845) 807-1129

Infant Toddler Mental Health Consultant

Investing in Infant & Toddler Mental Health Changes Lives!

If you're a licensed or registered daycare provider noticing challenging behaviors in children 0-36 months, the Infant Toddler Mental Health Consultation (ITMHC) project was created to assist you with promoting the social and emotional growth (mental health) of the infants and toddlers in your care.

Marisa, our ITMH Consultant, will work with providers to:

- Receive a one-of-a-kind service for those 0-36 months
- Develop important skills to build connections with children, families, & caregivers
- Improve overall development of children in care
- Assist children in meeting their social and emotional developmental milestones
- Increase the provider's capacity to promote social and emotional development in each child
- Decrease provider stress and burnout

Happy Staff = Happy Children = Happy Parents

Family Daycare Association

Due to the ever changing status of the delta variant of COVID-19, we chose not to resume in person meetings at this time.

Kelsey is available for remote OR in person technical assistance!

Call or text her at (845) 807-1129 with any questions or requests.

Find us on Facebook!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------|--------------------------|---------|-----------|----------|--------|----------------------|
| September | | | 1 | 2 | 3 | 4 |
| 5 | 6 Labor Day CLOSED | 7 | 8 | 9 | 10 | 11 Patriot Day |
| 12 Grandparent's Day | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

Find EIP approved training and register at www.ecetp.pdp.albany.edu/FindTraining.aspx.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------|-------------------------|---------|-----------|-------------------------------|--------|----------|
| October | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 Daylight Savings Ends | 8 | 9 |
| 10 | 11 Holiday CLOSED | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 31 Halloween | 25 | 26 | 27 | 28 | 29 | 30 |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|--------------------------|----------------------------------|--------------|----------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9* | 10 | 11 Veteran's Day CLOSED | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 Closing at 12pm | 25 Thanksgiving CLOSED | 26 CLOSED | 27 |
| 28 | 29 | 30 | November | | | |

CDA CONTENT AREAS

1. Planning a safe, healthy, learning environment
2. Steps to advance children's physical and intellectual development
3. Positive ways to support children's social and emotional development
4. Strategies to establish productive relationships with families
5. Strategies to manage an effective program operation
6. Maintaining a commitment to professionalism
7. Observing and recording children's behavior
8. Principles of child development and learning

CORE COMPETENCY AREAS

1. Child Growth and Development
2. Family and Community Relationships
3. Observation and Assessment
4. Environment and Curriculum
5. Health, Safety and Nutrition
6. Professionalism and Leadership
7. Administration and Management

OCFS TOPICS

1. Principles of Child Development
2. Nutrition and Health Needs of Infants and Children
3. Program Development
4. Safety and Security Procedures
5. Business Record Maintenance and Management
6. Child Abuse and Maltreatment Identification & Prevention
7. Statutes and regulations pertaining to child daycare
8. Statutes & regs pertaining to Child Abuse & Maltreatment
9. Shaken Baby Syndrome
10. ACES

Stabilize Child Care!!

As of press time, Sullivan County child care programs that were open as of March 4, 2021 have been approved to receive \$1,811,800 . We will also be offering small business workshops to help stabilize and support our child care programs!

| Course Title | Hrs/ CEU's | Cost/ Reduced Cost | OCFS Topics | CDA Areas | CBK Areas |
|-----------------|---------------|-----------------------|----------------|--------------|--------------|
| First Aid / CPR | 5 | \$75 | 2, 4 | — | 5 |

Educational Incentive Program (EIP)

EIP is sponsored by the NYSOCFS, funded by the federal Child Care & Development Fund and administered by the Professional Development Program (PDP), Rockefeller College, University at Albany.

The following grants & scholarships are available to child care providers:

- **College Credit, Non-Credit Bearing & Credential Training:** to assist child care providers in paying for professional development training and education
 - **Cardiopulmonary Resuscitation (CPR) & First Aid (FA):** to assist income eligible providers offset the cost
 - **The MAT Rebate Program:** For child care facilities to offset the cost of the training to certify staff to administer medication in a child care setting.
- Apply online at: <https://www.ecetp.pdp.albany.edu/mytraining/EIPAPP/preapp.aspx>

You may also contact EIP by email ateip-to@albany.edu, or by phone at either (800) 295-9616 or (518) 442-6575.

Focus on the Regulations

Review Regulations @ ocfs.ny.gov

SPOTLIGHT: TRAINING

417.14

(a) Before the Office issues an application for a family day care registration to a person or entity who has yet to hold an Office of Children and Family Services day care registration, that applicant must complete an Office-approved pre-application orientation session.

(b) Before the Office issues an initial registration, the applicant must complete a health and safety training course approved by the Office relating to the protection of the health and safety of children and must demonstrate basic competency with regard to health and safety standards. Such training must comply with the federal minimum health and safety pre-service training requirements. Health and safety training received prior to issuance of the registration, may be applied to the initial fifteen (15) hours of training required pursuant to section 417.14(c)(1) of this Part provided that such training was received within twelve (12) months of registration. If an applicant does not become licensed or registered within two years of successfully completing the health and safety training, the coursework must be repeated.

(1) Each applicant must complete the Office-approved training that complies with the federal minimum health and safety pre-service training requirements or three-month orientation period training requirements. This training must be obtained preservice or within three months of starting such position. Individuals who have completed Office-approved training that complies with federal health and safety requirements may be left unsupervised with children. Any employee or volunteer who does not complete this training must not be left unsupervised with children in care until such time as the training has been completed.

(c) Each employee and volunteer must complete a minimum of thirty (30) hours of training every two years. The required (30) hours of training every two years is subject to the following conditions:

(1) Fifteen of the required thirty (30) hours of training must be obtained during the person's first six months at the program.

(2) A minimum of five (5) hours of Office approved training must be obtained each year which addresses topics or subject matters set forth in 417.14(f).

(f) Training must address all topics or subject matters required by state and federal law. The required state topics are:

(1) principles of childhood development, focusing on the developmental stages of the age groups for which the program provides care;

(2) nutrition and health needs of infants and children;

(3) child care program development;

(4) safety and security procedures;

(5) business record maintenance and management;

(6) child abuse and maltreatment identification and prevention;

(7) statutes and regulations pertaining to child care;

(8) statutes and regulations pertaining to child abuse and maltreatment;

(9) education and information on the identification, diagnosis and prevention of shaken baby syndrome; and

(10) adverse childhood experiences, focused on understanding trauma and on nurturing resiliency.

417.14

(m) All child care programs must have at least one caregiver, who holds a valid certification in cardiopulmonary resuscitation (CPR) and first aid, on the premises of the child care program during the program's operating hours.

(n) CPR and first aid certifications must be appropriate to the ages of the children in care. All certifications in CPR and first aid must contain an in-person competency component.

(o) The caregiver(s) who holds the valid certification in CPR and First Aid must have their certification available for review during their working hours at the program on file.

Congratulations

to our newest registered / licensed child care providers:

Apple Tree Childcare



Bright Eyes Child Care Center

Welcome Back to Sullivan County:

Frost Valley and Boys and Girls Club

Dear Jodi

Dear Jodi,

I will keep this simple. What is Elijah's Law and how does it affect me as a provider?

~Puzzled and to the point

Puzzled,

Elijah's Law was signed into legislation on September 13, 2019. It required the Health Commissioner to establish policies and procedures for severe allergies. The legislation was introduced in response to the preventable death of 3-year-old Elijah Silvera.

Elijah had a known severe dairy allergy, however, Elijah was given a grilled cheese sandwich in daycare. He went anaphylactic shock. Due to improper training, staff thought it was an asthma attack. His mother was not told what he had eaten and 911 was not called. Elijah succumbed and died in November 2017.

What you need to do:

1. For each child with a known (diagnosed) allergy, form OCFS-6029 must be completed
2. Health Care Plans must be up-to-date to reflect changes by September 15, 2021 (contact your registrar)
3. Complete training info can be found at <https://ocfs.ny.gov/programs/childcare/policies/CC-Policy-2020Dec-Anaphylaxis.dotx>.
4. Contact your licensor/registrar for assistance.

Jodi

From the Desk of the Registrar

In the rush of our everyday, sometimes we need a reminder to see the little things..

I am fortunate enough to have a daily visit with my grandchildren. One Monday morning, I was late to work, my mind was going in circles and my heart was racing. As I walked into my daughters home my grandchildren were dancing, the music was loud and the energy level was pretty high. I thought to myself this is the last thing I need right now. My grandson saw my anxiety, he asked if I needed a brain break. When I agreed he invited me to sit on the porch with him and close my eyes. He instructed me to listen to the birds and feel the sun. Which I did, it took 2 minutes for this little boy to calm my heart and ease my thoughts. Just when I thought that was the sweetest thing ever and admired how emotionally intelligent this little boy is he told me that I taught him how to do this a long time ago. My reply to him was that sometimes even adults and grandma's need a kid to teach them to remember the little things, especially when their brain is broken and we giggled.

I ask that we remember to take a minute and refresh. Step outside feel the warm sun on our faces, listen for the smallest of sounds. See the world through the eyes of a silly child and laugh at ourselves. Its okay to take a break from adulting. Dance, sing loudly and lose your rational adult thoughts for just a moment. Trust me we can all use a little healing for our broken brains.

-Sue Sennett
Registrar

Child Care Time & Attendance (CCTA)

Submit your timesheets online with the Child Care Time & Attendance (CCTA) System!

We encourage all providers to submit timesheets through the web-based system, CCTA.

There are several **benefits to using CCTA** web-based provider portal such as:

- ⇒ Eliminate the cost of shipping, mailing and purchasing paper products and postal supplies.
- ⇒ Eliminate time delay of using the postal service.
- ⇒ TRACK PAYMENTS ON A DAILY BASIS.

It is recommended to use Internet Explorer on desktops or laptops. Most iPads and other hand held tablets are not supported by this system

****REMINDER – ALL timesheets have a 60 expiration date from the last date of service. ANY TIMESHEETS that are RECEIVED AFTER the 60 expiration date (electronically or paper) will be RETURNED to provider as NOT PAYABLE****

If you are interested in submitting your timesheets online or have any other questions or concerns, please call the SCCCC at (845) 292-7166.

NY Works for Children/ASPIRE

What The Aspire Registry can do for you:

- Provide you with a free online professional portfolio
- Keep a record of your education, employment, and professional development all in one place
- Help you find and register for training and professional development
- **One step closer to QualityStarsNY participation!**

What The Aspire Registry can do for the early childhood field:

- Bring increased recognition, professionalism, and compensation to the early childhood field
- Collect important data to influence policy decisions

As always, please feel free to reach out to us with any specific questions about The Aspire Registry by emailing us at info@nyworksforchildren.org.

Legally Exempt News

Become a Legally Exempt Provider!

Are you a parent struggling to find childcare? Do you know someone who has been struggling to find childcare? A family member or friend who is 18+ years old, can watch up to 8 children who are all related, and up to 2 children who are not related!

The family in need of care must have an open subsidy case with Department of Family Services.

Non-relative providers will need to complete a comprehensive background check and a pre-service online free training.

Come to the Council to pick up a Legally Exempt Enrollment packet!

If you're interested in becoming a legally exempt provider, call Marisa at (845) 292-7166 for more information!

Legally Exempt Child Care Rates

| Standard Without training | Under 2 yrs | 2 yrs | 3-5 yrs | 6-12 yrs |
|---------------------------|-------------|--------|---------|----------|
| Weekly | \$104 | \$98 | \$98 | \$98 |
| Daily | \$23 | \$23 | \$21 | \$20 |
| Part Day | \$15 | \$15 | \$14 | \$13 |
| Hourly | \$3.25 | \$3.25 | \$3.25 | \$3.25 |

| Enhanced With training | Under 2 yrs | 2 yrs | 3-5 yrs | 6-12 yrs |
|------------------------|-------------|--------|---------|----------|
| Weekly | \$112 | \$105 | \$105 | \$105 |
| Daily | \$25 | \$25 | \$23 | \$21 |
| Part Day | \$16 | \$16 | \$15 | \$14 |
| Hourly | \$3.50 | \$3.50 | \$3.50 | \$3.50 |

| LE Group Child Care | Under 2 yrs | 2 yrs | 3-5 yrs | 6-12 yrs |
|---------------------|-------------|-------|---------|----------|
| Weekly | \$0 | \$0 | \$146 | \$135 |
| Daily | \$0 | \$0 | \$33 | \$29 |
| Part Day | \$0 | \$0 | \$22 | \$20 |
| Hourly | \$0 | \$0 | \$6.00 | \$5.25 |

CAR SEAT RECALL: Maxi-Cosi Pria 85

Potential Head injury with lap belt usage: If the seat is installed with only the lap belt, the child has an increased risk of injury in the event of a crash.

NHTSA Campaign Number: 21C003000

Manufacturer Dorel Juvenile Group

Potential Number of Units Affected 83,000

Summary: Dorel Juvenile Group (Dorel) is recalling certain Maxi-Cosi Pria 85 Convertible child seats. When the seat is installed in the forward facing position and secured to the car using the lap belt without also using the top tether, the seat may not adequately protect the child from head injury in the event of a crash. As such, these child seats fail to conform to the requirements of Federal Motor Vehicle Safety Standard (FMVSS) number 213, "Child Restraint Systems."

Remedy: No remedy has been established at this time. The manufacturer has not yet provided a schedule for recall notification. Owners may contact Dorel customer service at 1-877-657-9546



American Academy of Pediatrics Press Room

"A new policy statement from the American Academy of Pediatrics addresses how telehealth can be used to increase patient access to high-quality, cost-efficient primary and subspecialty pediatric care, especially for those in under-resourced areas. The policy also pushes for equitable telehealth access for children and adequate payment for telehealth services.

In the policy statement, the AAP calls for:

- Health Equity:** Telehealth can decrease disparities in access to care by extending pediatric expertise and best practices to children no matter where they are located.
- Access to Pediatric Care:** Telehealth can expand the footprint and breadth of pediatric medical and surgical specialties by bringing expertise to remote and under-resourced areas and efficiently directing patients to the most appropriate care settings.
- Payment Reform:** Payment for telehealth services at parity with the equivalent services provided in person by private insurers, Medicare, and Medicaid/CHIP, including managed care arrangements, will allow the use of the most appropriate place of service for each encounter.
- Care Within the Medical Home:** Support for the use of telehealth within the medical home recognizes that the medical home offers continuity and the prudent use of health care resources, avoiding fragmented and episodic care delivered without such coordination.
- Federal Research Funding:** Creation of an evidence base to address best practices, workforce needs, patient access to care, quality of care, reduction of health care costs, and patient/family and clinician satisfaction will enable future research to improve the function of and access to pediatric care via telehealth.

"Telehealth is a great option when families can't make it to a medical office because of transportation issues or out of a fear of missing too much work or because of COVID-19 concerns," Dr. Curfman said. "But we must work together to ensure that we reach everyone who needs care. Practices should set up strong telehealth systems, work with families on technological issues, and follow up to make certain patients are getting the care they need."

The policy was published in the September 2021 issue of Pediatrics, by the American Academy of Pediatrics.

For more information please visit:

Www.AAP.org

Contact Us

Business Hours

Monday-Friday 9:00am-4:30pm

Assistance in person by appointment only at:

7 Community Lane, Liberty, NY 12754

Mail: PO Box 186, Ferndale, NY 12734

Staff members can be reached by telephone at (845) 292-7166, or toll free: (877) 292-7190

Average Weekly Cost of Child Care

| | Family Child Care | Group Family Child Care | Day Care Center |
|-------------|-------------------|-------------------------|-----------------|
| 6wks-18mos | n/a | n/a | \$200 |
| 6wks-24mos | \$150 | \$150 | n/a |
| 18mos-36mos | n/a | n/a | \$190 |
| 3y-5y | n/a | n/a | \$180 |
| 2yrs-5yrs | \$150 | \$150 | n/a |
| 6y-12y | \$143 | \$143 | \$170 |

Prospective Child Care Providers

If you are interested in becoming a child care provider please visit <http://ocfs.ny.gov/main/childcare/techreq.asp> for a **free online Child Care Provider Orientation** and to request an application.

At this time we are not providing face to face orientation sessions but please call Sue Sennett, Registrar with any questions. She is here to help!

Contact us today! Sullivan County, now more than ever before needs child care!

Call (845) 292-7166 OR

Email: info@scchildcare.com.

Sullivan County NEEDS child care providers! Let us help you help the children of the community!

Fingerprinting services are NO LONGER available at the Sullivan County Child Care Council.

Please call Identogo at (844) 321-2124 or go to <https://uenroll.identogo.com/> to find available locations.

Child Care Pro-

| | OCFS Registered/Licensed Child Care Programs | | | | | |
|-------------|--|-----------------------------|------------------------------------|------------------------------|-----------------|---|
| Township | Day Care Centers (DCC) | Family Day Care Homes (FDC) | Group Family Day Care Homes (GFDC) | School-Age Child Care (SACC) | Private Schools | Requests for Care 04/01/2021-06/30/2021 |
| Bethel | 1 | 0 | 0 | 0 | 0 | 1 |
| Callicoon | 0 | 3 | 1 | 0 | 0 | 5 |
| Cochecton | 0 | 1 | 0 | 0 | 0 | 1 |
| Delaware | 0 | 1 | 1 | 0 | 0 | 0 |
| Fallsburg | 2 | 3 | 1 | 0 | 0 | 6 |
| Forestburgh | 0 | 0 | 0 | 0 | 0 | 0 |
| Fremont | 0 | 0 | 0 | 0 | 0 | 0 |
| Highland | 1 | 1 | 0 | 0 | 0 | 0 |
| Liberty | 2 | 7 | 1 | 2 | 0 | 12 |
| Lumberland | 0 | 0 | 1 | 1 | 1 | 0 |
| Mamakating | 1 | 1 | 0 | 0 | 0 | 4 |
| Neversink | 0 | 0 | 2 | 1 | 0 | 1 |
| Rockland | 0 | 1 | 1 | 0 | 0 | 3 |
| Thompson | 5 | 0 | 3 | 2 | 0 | 12 |
| Tusten | 0 | 0 | 0 | 0 | 0 | 0 |
| Totals | 12 | 18 | 11 | 6 | 1 | 45 |

Sullivan County Child Care Council, Inc. 2021 Donation Form

Professional Supporter (Check One)

(Eligible for reduced training costs.)

- ☐ \$35 Family Day Care Provider (\$25 if participate in CACFP)
- ☐ \$50 Group Family Day Care (\$40 if participate in CACFP)
- ☐ \$125 Day Care Center / SACC (\$100 if participate in CACFP)
- ☐ \$25 Legally-Exempt Provider (\$15 if participate in CACFP)

Community Supporter (Check One)

- ☐ \$50 Advocate ☐ \$100 Sponsor* ☐ Other*

Name/Organization: _____

Phone: (_____) _____

Address: _____

Email: _____

Mail Form & Payment To:

Sullivan Co Child Care Council, Inc.
PO Box 186, Ferndale, NY 12734

*Please submit a business card with your donation of \$100 or more.
Donations are non-refundable.

Thank you for your financial support; it helps families gain access to quality and affordable childcare!

Hours of Operation: Monday-Friday 9:00am-4:30pm



Sullivan County
Child Care Council, Inc.
P.O. Box 186
Ferndale, NY 12734

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*"If you listen very quietly, it sounds like the rain is playing music in the grass and the trees."
-Gideon, age 6*

Sullivan County
Child Care Council,
Inc.
Board Members

Bob Eddings
Darlene Kehrley
Susan Dollard
Tony Harvey
Jodi Kane
Kulli Kask
Mary Mancuso
Laura Quigley
Nora Rauch
April Rodriguez
Jessica Toscano
Rachel Diness-Tourtellott



Phone: (845) 292-7166
Toll free: (877) 292-7190
Fax: (845) 292-1755

Email: info@scchildcare.com
Hours of Operation:
Monday - Friday 9:00-4:30

We have several openings for Council Committee members. We are seeking members who could fulfill underrepresented areas such as, parents (who have children in child care); those who have expertise in marketing or insurance; those who are familiar with child care subsidy system and those who could represent our Hispanic community. **Support the Council by serving on a committee! Please contact us at info@scchildcare.com!**

Caregiver News

Caregiver News is published quarterly by the Sullivan County Child Care Council, Inc.: Executive Director, **Donna Willi** and Editor, **Kelsey Stoddard**. Sullivan County Child Care Council, Inc. is a not-for-profit corporation which offers direct and supportive services to all members of the community. The Sullivan County Child Care Council, Inc. provides equal program and employment opportunities.

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