

# Caregiver News

Publication of Sullivan County Child Care Council, Inc. for those who care for, educate, and nurture the young child.

## Holidays in the Classroom

It's won't be long before the holiday season is in full swing! Parents, guardians, caregivers and childcare providers have another perfect opportunity to teach diversity and explore the many multicultural holidays that are celebrated all over the world

Instead of only focusing on the mainstream holidays that fall in December, try and focus on the cultures and family traditions that surround the holidays. Remember that you can choose to explore holidays and family traditions all throughout the year, not just in December! You can also learn about different holidays and family traditions by trying different foods that are associated with different cultures. One of the best ways to expose young children to different holidays and traditions is reading.

Use this book to begin exploring the diversity of holidays and family traditions!

## Celebrations Around the World

By: Katy Halford



## **Sensory Snowman**

Sensory play is important for healthy development AND just plain fun! Sensory play helps build nerve connections in the brain, encourages the development of motor skills, support language development, encourages scientific observation and critical thinking and gives the child a chance to practice being mindful and using self-regulation.

Try this fun winter sensory activity in your program and send (child-free) pictures to us at the Child Care Council for a chance to have your program featured on our Facebook page!

#### WHAT YOU NEED:

- Craft Foam
- Small Ziploc Bag
- Several Buttons
- Clear Packing Tape
- · White Glitter
- Clear Hair Gel

Fill the Ziploc bag with water, hair gel and glitter to the desired consistency. Add craft foam for eyes, nose and five buttons for the mouth. Use packing tape to seal the bag shut. Use a cool glue gun to add a snowman hat



The Sullivan County Child Care Council <u>is</u> operating and we have at least one member of the staff present in the office each business day. However, we are not open to the public at this time.

If you need to drop something off, please call FIRST and we will be happy to make arrangements so that you have access to the building. Thank you for your understanding and stay safe.

#### IT Teacher Talk

Are you an infant and/or toddler teacher in a daycare center in Sullivan County?

Are you a director or owner looking for FREE professional development opportunities for your staff?

Join us for:

#### IT Teacher Talk-Sullivan County!

The Sullivan County Child Care Council and Kelsey, the Infant Toddler Specialist, are creating a space for infant and toddler teachers to come together to learn, discuss and receive support for anything and everything happening in the classroom! The group will meet (remotely) every other month. We will transition to in person meetings as that option becomes available.

We will discuss developmental milestones, social emotional growth, quality materials, a positive classroom environment and more. Upon request, specific topics can be covered at each meeting.

Please contact Kelsey for more information! (845) 807-1129

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#### **Council Year in Review-Our Services**

At the Sullivan County Child Care Council, serving our community is at the heart of what we do. We all play different roles but we also come together to support each other and you—the childcare providers, parents and businesses. Accessible and affordable childcare is absolutely essential to a thriving community and we are passionate about working to improve the childcare situation in Sullivan County.

When the pandemic hit, in mid-March, we all struggled to redefine our role at our agency and in the community. We quickly shifted how we provide service while working from home and were very successful in providing intensive support to our childcare providers. We continuously deliver supplies that were needed for sanitation and cleaning. We oversaw the CARES I, II and III grants to help providers and parents receive funding during this difficult time. We did program visits via phone and Zoom when necessary. And we were able to all remain healthy while continuing to serve our community.

Now, we are still respecting this devastating pandemic while trying to regain a sense of normalcy in our day to day duties. Some of us are still working from home and available via email, cell phone or Zoom. Some of us are back at the office with strict social distancing and sanitation protocols. We have begun to go back into the field for visits that are mandatory or time sensitive.

Since each of us offers such a drastically different role in our agency, we wanted to give you a chance to get to know each of us a little better. We are proud of how our office, our child care providers, our essential working parents and the many businesses that remained open so that our community could survive.

\*\*Thank you notes received from the community.



#### Aimee -CACFP Coordinator and TA Specialist

I have been part of the Council "family" for 18 years. I believe early childhood development and quality care are important and impactful. I'm also a strong supporter and advocate for breastfeeding and car seat safety. I have been a NYS Certified Car Seat Technician for about 14 years. I have made myself available to our providers 24 hours a day, seven days a week throughout the pandemic. I have conducted our visits remotely with success. I miss being out in the field but am thankful I could be supportive in new ways. I am thankful too that my position allows me to put my two boys first, especially now with all the uncertainty in their lives and mine.

#### LeeAna - Program Support Specialist

This position involves getting parents connected to licensed and regulated childcare and assisting with the childcare subsidy program. I began working for the organization in April 2019. Having a background in social work helps me properly service members of the community needing assistance and guidance with childcare and related issues. I was able to continue providing these services to the community from home while staying safe and healthy.

#### Kelsey -Infant Toddler Specialist

As the Infant Toddler Specialist, it is my job to provide quality improvement services, education and support to the childcare providers in Sullivan County. I spend my time in the field, visiting programs and using scale based and nonscale based evaluations. When we temporarily stopped field visits, I had to find new ways to offer my services and support. I began sending infant toddler activities to all providers via email and I made myself available to providers via text any time. I am currently offering remote technical assistance, remote family daycare meetings and in person field visits as needed. I am still working from home with the hopes of protecting my two young children. I have been so thankful to be a part of this amazing team and so proud of the adaptability our agency has showed throughout this pandemic.

#### Susan -Registrar

It is my job to know everything about the regulations, guidelines, and policies, and to be informed of any changes. I assist the providers and people in our community in complying with FDC and SACC regulations set forth by NYS. It hasn't been easy but, our team has been amazing. We remain up to date with regulations even as they change daily. The safety of our community has been a priority to us before, during and long after the pandemic. Flexibility has become a must for all of us. Our providers are doing a phenomenal job too! They are complying with established regulations, keeping up with emergency changes, maintaining safety protocol, cleaning like crazy, keeping their families safe and running their programs as usual. It is UNBELIEVABLE! I can only give everyone on my team and those we serve a big THANK YOU as we continue to transition and find a new normal.

#### Marisa -ITMH Consultant and LE Coordinator

Marisa joined our team in October as the Infant Toddler Mental Health Consultant and the Legally Exempt Coordinator. Marisa has experience in providing behavioral services to foster children for Astor Services and an educational background of psychology and child development. While earning her masters degree, Marisa was a childcare worker and a volunteer for the Mental Health Association of Orange County. Marisa will be an incredible asset to our team and the community and we are excited to put her to work, pandemic aside!

#### Donna-Executive Director

Donna is the backbone of our agency. She works tirelessly before, during and likely after, the pandemic doing work to support all of us in our positions. She coordinated all the CARES grants while keeping up on the ever-changing information regarding safety protocols and interim guidance. She organized to have each provider delivered any supplies they needed with contactless delivery as often as necessary. Donna has spent countless late nights at the office making sure this all happens and making sure her staff and community feel support. We could never thank her enough for her selfless service.

## **Intensive Technical Assistance**

The Council offers intensive technical assistance to enhance your knowledge/skills. Individualized training can be set up to address your program needs in one session or multiple session workshops (conducted at your home during a convenient time for your program).

Consider the following topics, or choose your own:

"Creating a Positive Environment"

"Benefiting from Family Style Eating "

"Age Appropriate Room Arrangements"

"Supervision"

"Gross Motor with Indoor & Outdoor Play"
"Ideas for Better Nutrition & Physical Activity"
"Learning through Nature"
"Picky Eaters"
"Creating Theme Curriculum"

Contact us at info@scchildcare.com to request a session or for more information call Aimee Pittaluga at (845) 292–7166 x 306.

\*This free service is funded by NYSOCFS.\*

During this time we can offer sessions via Zoom—try it!

## **OCFS Child Care Forms**

Required OCFS forms are available at:

http://ocfs.ny.gov/main/documents/docsChildCare.asp

Don't forget to order your NEW versions of the blue card!!!

Print new ones directly from the website as needed, or go to http://ocfs.ny.gov/main/documents/docs%20Pubs.asp and you can order free copies of all OCFS Forms using the order form.

## **QUALITYstarsNY**

QUALITYstarsNY is a voluntary five-star "rating system" for providers much like those used for hotels and restaurants, with the number of stars indicating the quality of an early care and learning program. However, unlike other rating systems, QUALITYstarsNY provides an infrastructure for assessing, improving and communicating the quality of care provided by early learning programs.

### QualitystarsNY is here in Sullivan County! http://qualitystarsny.org/index.php

Click "Interested in Applying" to start the process of becoming the **first** program in Sullivan County to participate in the New York State QUALITY RATING SYSTEM.

## Message from Donna Willi, Executive Director

To Our Friends of Child Care -

The Council is still committed to providing support to our childcare programs, families and community – we are still here when you need us and will hang in there if you will. You can do it but above all else – stay healthy.

Our County is in such need of child care, more now than ever before. We have lost two more family programs and our school age programs are still not operating. Currently, Sullivan County only has 28 family child care programs – the program type of choice by most of the parents that call looking for child care.

There is a new day care center up and running but we still need more! If you have ever considered opening your own business and enjoy working with kids, give us a call. There are so many supports available and provided to this type of business and many of them can be accessed with one phone call to our office – try it! You may like it!

Yours in Child Care, Donna



## Medication Administration Training (MAT)

Only topical ointments, sunscreens and repellents are legally permitted to be applied in a child care setting without a license or registration to administer medication.

To sign up for MAT please email info@scchildcare.com or call the Council (845) 292-7166 x309.

MAT grant applications (up to \$100 reimbursement) can be obtained online at www.ecetp.pdp.albany.edu/mat.shtm or contact the SUNY MAT Grant Program at 800-295-9616 or mat@pdp.albany.edu.

## **MAT Approved Programs**

The following providers hold a license/registration to administer medication:

Best Friends Services, Inc.

Jessica Dean

**Early Childhood Cooperative Experience** 

Easter Seals of New York, Inc.

**Deborah Gubiotti** 

J&C First Steps Daycare, LLC: Diane Harvey

**New Hope Manor** 

Twin Bridge Play School Inc.

Sullivan County Head Start, Inc. (All locations)

**Little Rainbows Daycare** 

#### **Medication Administration**

Obtain your MAT Certification or Renewal through an independent study program plus testing with a SUNY MAT instructor.

You must renew your MAT Certificate every 3 years, PRIOR to the expiration date!!

Please visit the following website for specific information and direction on renewing your MAT Certificate www.ecetp.pdp.albany.edu/mat.shtm

You may also contact the Council at (845) 292-7166 or info@scchildcare.com.

# Child & Adult Care Food Program (CACFP)

Is your child care provider on the CACFP Program? If you want to know if your child's provider participates in healthy meals by CACFP OR you are a child care provider interested in getting reimbursed for healthy meals to the children in your care, call Aimee at (845) 292-7166.

## CACFP Week March 14—20 2021

This year has been especially hard for our child care community. Meals and care for our younger community may have increased, or your program may have endured struggles. I would like to take this time to thank all of our CACFP Providers and help celebrate National CACFP week! Please check the link below to find ways to help celebrate this special week and bring awareness and help stop hunger!

https://www.cacfp.org/news-events-conferences/national-cacfp-week/

The Sullivan County Child Care Council is proud of the following child care providers that participate in our Child Adult Care Food Program.

**Amy Babicz** Darlene Balzano **Devon Conkin** Jessica Dean **Tonya Dirie** Debra Elder **Deborah Gubiotti Diane Harvey** Patricia McGovern **Faith Metzinger** Terri Pellam **Kristy Petrowsky** Karen Pinkel **Luz Quinones** Rachel Rausch Elizabeth Rivera Sandra Rodriguez Wanda Rodriguez Gianni Stoddard **Deborah Strachan** 



Thank you all for feeding our children nutritiously!!!!!

## **Online Training**

#### **NYSOCFS/PDP Online Trainings—FREE!**

www.ecetp.pdp.albany.edu/elearn.aspx

Fully narrated courses. Learning points of the training are enhanced throughout using video clips and interactive exercises. Application saves progress every 10-15 minute section, and allows you up to 30 days to complete the entire course.

#### **Available Courses:**

Course Title	Hours	OCFS Topics	CDA Areas
Early Intervention	1.5	1, 4	3, 4, 7, 8
Emergency Preparedness	1.5	4, 7	1, 4, 5
Expulsion & Suspension Prevention Strategies	1.5	1, 3, 4, 7	3, 4, 6
Family Engagement	1.0	3, 4	4, 5, 6
Foundations in Health & Safety	5.0	2, 3, 6, 7,9	NA
Keeping Children Safe	1.5	1, 3, 4, 7	1, 2, 8
Infant Brain Development	1.0	1, 3	2, 3
Mandated Reporter Training	2.0	5, 6, 8	NA
Managing Challenging Behavior	1.5	1	1, 3
Obesity Prevention	2.0	2	1
Preventing SBS	1.0	1, 9	1, 3, 4
Preventing SIDS & Promoting Safe Sleep	1.0	1, 3, 4, 7	1, 3, 4, 8
School Age Child Care	1.5	1, 3, 4	1, 5, 8
Supervision of Children	1.5	4	1
Transportation	2.0	3, 4, 7	1, 4, 5

## **Webcast Trainings**

ecetp.pdp.albany.edu

When available, webcasts are held at the *Sullivan County Child Care Council in Liberty*; classes start promptly at **6:45.** These are adult learning experiences; no *children*, please.

To sign up or for the most current brochure, go to: www.ecetp.pdp.albany.edu/webcasting.aspx.

Videoconference trainings are funded by the NYSOCFS. They are produced by the Early Childhood Education and Training Program and are conducted in English.

\*\*Please contact the Council to find out if these trainings are running as scheduled!

# Infant/Toddler Services for Providers

#### Infant/Toddler Technical Assistance Center

The Infant/Toddler Technical Assistance Network, funded by the NYSOCFS, is an initiative aimed at supporting high quality infant and toddler care. The Network offers support to programs serving infants and toddlers.

The Infant/Toddler Specialist can offer a variety of education and quality improvement support via phone, text, email, zoom trainings and when necessary, field visits.

Call or text Kelsey to find out about the free services and grant money we are offering for participating in the Infant Toddler Network!

(845) 807-1129

# Infant Toddler Mental Health Consultant

Please help me give a warm welcome to the newest member of our team, Marisa Ix-D'amato.

Mental Health Consultation is an opportunity for early care and education and mental health providers to work together to make a childcare setting the best place it can be. This service will be provided at no cost to the program, but rather though funding provided by NYS OCFS.

## As the Infant Toddler Mental Health Consultant, Marisa will:

- Use observation tools to improve social emotional experience
- Review the outcomes from observation tools to create a plan for improvement

Call the Child Care Council for more information on available services!
(845) 292-7166

## **Family Daycare Association**

Our next REMOTE meeting will be : January 25, 2021 6:30pm-8:30pm

Kelsey is available for remote technical assistance! Call or text her at (845) 807-1129 with any questions or requests.

Find us on Facebook!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dec	ember	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24 Closing at 12:30pm	25 Christmas Day CLOSED	26 CLOSED
27	28	29	30	31		

Find EIP approved training and register at www.ecetp.pdp.albany.edu/FindTraining.aspx.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	•	1 Happy New Year! CLOSED	2			
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 Martin Luther King Jr. Day CLOSED	19	20	21	22	23
24 31	25	26	27	28	29	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9*	10	11	12	13
14 Happy Valentine's Day <3	15 President's Day CLOSED	16	17	18	19	20
21	22	23	24	25	26	27
28	February					

# CDA CONTENT AREAS

- 1. Planning a safe, healthy, learning environment
- 2. Steps to advance children's physical and intellectual development
- 3. Positive ways to support children's social and emotional development
- 4. Strategies to establish productive relationships with families
- 5. Strategies to manage an effective program operation
- 6. Maintaining a commitment to professionalism
- 7. Observing and recording children's behavior
- 8. Principles of child development and learning

# CORE COMPETENCY AREAS

- 1. Child Growth and Development
- 2. Family and Community Relationships
- 3. Observation and Assessment
- 4. Environment and Curriculum
- 5. Health, Safety and Nutrition
- 6. Professionalism and Leadership
- 7. Administration and Management
- 1. Principles of Child Development
- Nutrition and Health Needs of Infants and Children
- 3. Program Development
- 4. Safety and Security Procedures
- 5. Business Record Maintenance and Management
- 6. Child Abuse and Maltreatment Identification & Prevention
- 7. Statues and regulations pertaining to child daycare
- 8. Statues & regs pertaining to Child Abuse & Maltreatment
- 9. Shaken Baby syndrome

Thinking about becoming a childcare provider? Or are you a current provider that needs a refresher? The Child Care Council offers First Aid and CPR classes for interested participants! Call Donna to inquire about our next scheduled class!

(845) 292-7166 x309

Course Title	Hrs/ CEU's	Cost/ Reduced Cost	OCFS Topics		CBK Areas
First Aid / CPR	5	\$75	2, 4	1	5

#### **Educational Incentive Program (EIP)**

EIP is sponsored by the NYSOCFS, funded by the federal Child Care & Development Fund and administered by the Professional Development Program (PDP), Rockefeller College, University at Albany.

The following grants & scholarships are available to child care providers:

- College Credit, Non-Credit Bearing & Credential Training: to assist child care providers in paying for professional development training & education
- Cardiopulmonary Resuscitation (CPR) & First Aid (FA): to assist income eligible providers offset the cost
- The MAT Rebate Program: For child care facilities to offset the cost of the training to certify staff to administer medication in a child care setting

## Apply online at: https://www.ecetp.pdp.albany.edu/mytraining/EIPAPP/

preapp.aspx
You may also contact EIP by email ateip-to@albany.edu, or by phone at either (800) 295-9616 or (518) 442-6575.

## Focus on the Regulations Review Regulations @ ocfs.ny.gov

**SPOTLIGHT On: Review Checklist** 

With all that is going on here are some important regulations that may be over looked in your facility at this time of year. Use this checklist to review.

#### **BUILDING AND EQUIPTMENT**

•	Regulation		( <b>^</b> )
	417.3(p)	Address Number is clearly displayed and visible from the street	
	417.3(h)	No peeling paint or damaged paint or plaster	
	417.3(d)	A temperature of at least 68 degrees Fahren- heit must be maintained in all rooms to be occupied by children	

#### **FIRE PROTECTION**

Dogulation

417.4(e)	Electric smoke detectors have battery back up	
417.4(f)	Fire extinguishers are appropriate type, in working condition, located in the kitchen and outside of the furnace (area)	
417.4(d)	Operational smoke alarm in designated nap room or, if no door in the adjacent room	
417.4(h)(4)	Paths of egress, both interior and exterior, are free of obstruction and debris	
417.4(i)	Trash and combustibles are not stored with in 4 feet of the furnace.	
417.4(b)(1)	Evacuations drills must be conducted at least monthly	

#### **SAFETY**

417.5(b)(4)	2 shelter in place drills must be held yearly	
417.(b)(7)	Shelter in place supplies must be sufficient for an overnight stay	
417.5(I)(4)	The license and record of vaccinations of animals, must available when requested	
417.5(n)(1)	Play equipment must be free of rough edges and sturdy	
417.5(o)	Clear interior or exterior glass must be marked	
417.5(v)	Carbon Monoxide detectors must be used in all family daycare homes	
417.5(x)(2)	Firearms, shotguns and rifles must be secured, unloaded with trigger device or safe	

## **Congratulations**

to our newest registered / licensed child care providers:

CAITLIN STEFFENS OF GIGI'S PLACE





## Dear Jodi

Dear Jodi,

**/V**\

We have not done our fingerprints yet (my family members and I). I just have not had the time to make the appointments or fill out the paperwork. Will I get a violation for this?

Best, Busy, Busy, Busy

Dear Busy, Busy, Busy,

Great question, the answer is right now it depends on the inspection. If it's a renewal inspection it is a violation as of 11/05/2020, it is not considered as one otherwise. However, word is when things calm down a bit with COVID, it will become one in the near future. So, my advice is get them done ASAP. Consider it this way, this process began in 09/2019 according to DOB. It is now a year later, if your birthday was between 09/2019 and 12/2019 you are a year late.

Regards, Jodi



## From the Desk of the Registrar

Hello everyone,

I usually have a lot to say in this little spot, however, for this issue, less is best .

Simply put: Thank you to my co-workers and the people we serve for making everyday beautiful...we truly are in this together and you are truly appreciated.

#### **Sue Sennett**

#### Registrar

"We make a living by what we get, but we make a life by what we give." —Winston Churchill

# Child Care Time & Attendance (CCTA)

Submit your timesheets online with the Child Care Time & Attendance (CCTA) System!

We encourage all providers to submit timesheets through the web-based system, CCTA.

There are several *benefits to using CCTA* web-based provider portal such as:

- ⇒ Eliminate the cost of shipping, mailing and purchasing paper products and postal supplies.
- ⇒ Eliminate time delay of using the postal service.
- ⇒ TRACK PAYMENTS ON A DAILY BASIS.

It is recommended to use Internet Explorer on desktops or laptops. Most iPads and other hand held tablets are not supported by this system

\*\*REMINDER – ALL timesheets have a 60 expiration date from the last date of service. ANY TIMESHEETS that are RECEIVED AFTER the 60 expiration date (electronically or paper) will be RETURNED to provider as NOT PAYABLE\*\*

If you are interested in submitting your timesheets online or have any other questions or concerns, please call the SCCCC at (845) 292-7166.

## NY Works for Children/ASPIRE

What The Aspire Registry can do for you:

- Provide you with a free online professional portfolio
- Keep a record of your education, employment, and professional development all in one place
- Help you find and register for training and professional development
- One step closer to QualityStarsNY participation!

What The Aspire Registry can do for the early childhood field:

- Bring increased recognition, professionalism, and compensation to the early childhood field
- Collect important data to influence policy decisions

As always, please feel free to reach out to us with any specific questions about The Aspire Registry by emailing us at info@nyworksforchildren.org.

## **Legally Exempt News**

#### **Legally Exempt Enrollment Form Tips**

Take care to enter something into EVERY box on the form, even if is not applicable (NA). Returned enrollments hold up payments!

Feel free to call with questions, any time. (845) 292-7166

In addition to Marisa joining our team as the Infant Metal Health Consultant, she will also take on the role of Legally Exempt Coordinator!

\*

Marisa is working hard and learning everything she can so as to best serve the legally exempt providers in Sullivan County. She is looking forward to becoming familiar with the community!

Please help us give her a warm welcome! Welcome,
Marisa!

## **Legally Exempt Child Care Rates**

Standard Without training	Under 2 yrs	2 yrs	3-5 yrs	6-12 yrs
Weekly	\$104	\$98	\$98	\$98
Daily	\$23	\$23	\$21	\$20
Part Day	\$15	\$15	\$14	\$13
Hourly	\$3.25	\$3.25	\$3.25	\$3.25

Enhanced With training	Under 2 yrs	2 yrs	3-5 yrs	6-12 yrs
Weekly	\$112	\$105	\$105	\$105
Daily	\$25	\$25	\$23	\$21
Part Day	\$16	\$16	\$15	\$14
Hourly	\$3.50	\$3.50	\$3.50	\$3.50

LE Group Child Care	Under 2 yrs	2 yrs	3-5 yrs	6-12 yrs
Weekly	\$0	\$0	\$146	\$135
Daily	\$0	\$0	\$33	\$29
Part Day	\$0	\$0	\$22	\$20
Hourly	\$0	\$0	\$6.00	\$5.25

## www.CPSC.com

#### RECALL: Cat & Jack "Himani" and "Jaren" Toddler Boots

**Hazard:** The toggle on the boot can detach from the elastic lace, posing a choking hazard to children.

Recall Date: November 4, 2020

Units Sold: About 122,500

**Description**: This recall includes the Cat & Jack "Himani" and "Jaren" toddlers' boots in sizes 5 – 12. The boots have an elastic lace with a toggle at the top that can be tightened to keep out snow. The "Himani" boots were sold in navy and pink and the "Jaren" boots were sold in olive, black with multi-colored polka dots, pink with multi-colored polka dots, and navy with rainbows. The product's item number is printed inside the boot shaft.

**Remedy**: Consumers should immediately take the recalled boots away from children and return them to any Target Store for a full refund. If consumers purchased the boots on Target.com, they may contact Target to receive a prepaid return label to return the boots.

**Incidents/Injuries**: The firm has received five reports of the elastic laces breaking and one report of both the elastic laces and toggle breaking. No injuries have been reported. .

**Sold At**: Target stores nationwide and online at Target.com and Google Express from September 2019 through February 2020 for about \$30.

See www.CPSC.com for all models affected and all up to date recall information.

## **American Academy of Pediatrics Press Room**

## Parenting in a Pandemic: Tips to Keep the Calm at Home

Here are some tips from the American Academy (AAP) to help your family get through the stress of the pandemic.

- Address children's fears: Children rely on their parents for safety, both physical and emotional. Reassure your children that you are there for them and that your family will get through this together.
- **Keep healthy routines**: During the pandemic, it is more important than ever to maintain bedtime and other routines. They create a sense of order to the day that offers reassurance in a very uncertain time. All children, including teens, benefit from routines that are predictable yet flexible enough to meet individual needs.
- Use positive discipline: Everyone is more anxious and worried during the pandemic. Younger children may not have the words to describe their feelings. They're more likely to act out their stress, anxiety or fear through their behavior (which can, in turn, upset parents, particularly if they are already stressed). Older children and teens may be extra irritable as they miss out on normal events they looked forward to and activities they enjoy with their friends.

\*\*Excerpt taken from the AAP website. Please follow link below for full article.

https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Parenting-in-a-Pandemic.aspx

### **Contact Us**

#### **Business Hours**

Monday-Friday 9:00am-4:30pm

Assistance in person by appointment only at: 7 Community Lane, Liberty, NY 12754
Mail: PO Box 186, Ferndale, NY 12734

Staff members can be reached by telephone at **(845) 292-7166**, or toll free: **(877) 292-7190** 

## **Average Weekly Cost of Child Care**

	Family Child Care	Group Family Child Care	Day Care Center
6wks-18mos	n/a	n/a	\$200
6wks-24mos	\$150	\$150	n/a
18mos-36mos	n/a	n/a	\$190
3y-5y	n/a	n/a	\$180
2yrs-5yrs	\$150	\$150	n/a
6y-12y	\$143	\$143	\$170

## **Prospective Child Care Providers**

If you are interested in becoming a child care provider please visit http://ocfs.ny.gov/main/childcare/techreq.asp for a free online Child Care Provider Orientation and to request an application.

At this time we are not providing face to face orientation sessions but please call Sue Sennett, Registrar with any questions. She is here to help!

Contact us today! Sullivan County, now more than ever before needs child care!

Call (845) 292-7166 OR

Email: info@scchildcare.com.

Sullivan County NEEDS child care providers! Let us help you help the children of the community!

Fingerprinting services are NO LONGER available at the Sullivan County Child Care Council.

Please call Identigo at (844) 321-2124 or go to <a href="https://uenroll.identogo.com/">https://uenroll.identogo.com/</a>

to find available locations.

## **Child Care Programs in Sullivan County**

	OCFS Registered/Licensed Child					
	Care Programs					
Township	Day Care Centers (DCC)	Family Day Care Homes (FDC)	Group Family Day Care Homes (GFDC)	School- Age Child Care (SACC)	Private Schools	Requests for Care 7/1/2020— 9/30/2020
Bethel	2	2	0	0	0	4
Callicoon	5	5	0	0	0	10
Cochecton	2	2	0	0	0	4
Delaware	0	0	0	0	0	0
Fallsburg	5	3	0	0	0	8
Forestburgh	0	0	0	0	0	0
Fremont	1	1	0	0	0	2
Highland	0	0	0	0	0	0
Liberty	9	9	1	1	0	20
Lumberland	0	0	0	0	0	0
Mamakating	2	2	0	2	0	6
Neversink	1	1	0	0	0	2
Rockland	1	1	0	0	0	2
Thompson	11	15	0	1	0	27
Tusten	2	2	0	0	0	4
Totals	41	43	1	4	0	89

# Sullivan County Child Care Council, Inc. 2020 Donation Form

#### Professional Supporter (Check One)

(Eligible for reduced training costs.)

- □ \$35 Family Day Care Provider (\$25 if participate in CACFP)
- □ \$50 Group Family Day Care (\$40 if participate in CACFP)
- □ \$125 Day Care Center / SACC (\$100 if participate in CACFP)
- □ \$25 Legally-Exempt Provider (\$15 if participate in CACFP)

## Community Supporter (Check One) □ \$50 Advocate □ \$100 Sponsor\* □ Other\*

Name/Organization: \_\_\_\_\_\_
Phone: ( \_\_\_\_\_ ) \_\_\_\_\_
Address: \_\_\_\_

Email: \_\_\_

### Mail Form & Payment To:

Sullivan Co Child Care Council, Inc. PO Box 186, Ferndale, NY 12734

\*Please submit a business card with your donation of \$100 or more.

Donations are non-refundable.

Thank you for your financial support; it helps families gain access to quality and affordable childcare!

Hours of Operation: Monday-Friday 9:00am-4:30pm

Sullivan County
Child Care Council, Inc.
P.O. Box 186
Ferndale, NY 12734

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"Like stars are to the sky, so are the children to our world. They deserve to shine!" —Chinonye J. Chidolue

## Sullivan County Child Care Council, Inc. Board Members

Bob Eddings
Darlene Kehrley
Susan Dollard
Tony Harvey
Jodi Kane
Kulli Kask
Mary Mancuso
Laura Quigley
Nora Rauch
April Rodriguez
Dr. Jeffrey Weinstein
Jessica Toscano



Phone: (845) 292-7166 Toll free: (877) 292-7190 Fax: (845) 292-1755

Email: info@scchildcare.com Hours of Operation: Monday - Friday 9:00-4:30

We have several openings for Council Committee members. We are seeking members who could fulfill underrepresented areas such as, parents (who have children in child care); those who have expertise in marketing or insurance; those who are familiar with child care subsidy system and those who could represent our Hispanic community. Support the Council by serving on a committee! Please contact us at info@scchildcare.com!

#### **Caregiver News**

Caregiver News is published quarterly by the Sullivan County Child Care Council, Inc.: Executive Director, **Donna Willi** and Editor, **Kelsey Stoddard**. Sullivan County Child Care Council, Inc. is a not-for-profit corporation which offers direct and supportive services to all members of the community. The Sullivan County Child Care Council, Inc. provides equal program and employment opportunities.

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