

# **Caregiver News**

Publication of Sullivan County Child Care Council, Inc. for those who care for, educate, and nurture the young child.

# Let it snow, Let it snow

### SNOWFLAKE TAPE PAINTINGS



#### SUPPLIES

- Painter's tape
- Scissors
- Washable paints (blue and white)
- Paint brush
- Canvas (or card stock paper

Start by cutting up pieces of painter's tape and using them to create snowflakes of various sizes. You don't have to cut perfect little strips — in fact the different sizes will create a nice contrast in the painting.

Once ready, grab blue and white washable paints. We used various shades of blue and mixed with white for a nice overall color.

Let your kids go at it anyway they like. Younger kids and toddlers may want to use their hands to paint and older children and preschoolers may like to use various types of paint brushes.

Let the paint dry overnight and carefully remove the tape to reveal a glorious winter scene to add to your kid's art collection!

https://mommysbundle.com/ winter-kids-art-tape-resistsnowflake-painting/

### PUFFY SNOWFLAKE PAINT



### SUPPLIES

- Self rising flour
- Water
- Food coloring (optional)
- Dish soap bottle
   Card stock paper
- Card stock paper

In a bowl, mix equal parts salt and self-rising flour. Add a few drops of food coloring (optional, especially for snow designs.) Add enough water to make it the consistency of pancake batter. Pour into empty dishwashing

soap bottles (or something similar).

Paint snowflakes on thick card stock paper.

Microwave on high for 30 seconds. Paint will be dry and puffy!

https://innerchildfun.com/2012/01/ puffy-snowflake-paintings.html



### A Message from OCFS:

### **Smoking Restrictions**

- Smoking is prohibited in areas where child care is provided.
- Smoking includes cigarettes, vaping, and e-cigarettes.
- The ban takes effect on November 18, 2018, and is applicable at all times, including outside of operating hours, even when children receiving care are not present.

### Flu Season has Arrived

New York State Department of Health recommends that all children aged 6 months and older get a flu vaccine. Child care programs are required to post influenza educational material in plain view in their facilities. Flu season begins early Fall and can last through May.

Printable resources can be found at:

https://www.health.ny.gov/diseases/ communicable/influenza/seasonal/ child\_care\_and\_schools/

Our website is getting a NEW LOOK! Please be patient while we get it up and running. In the meantime, call us at the Council at (845) 292-7166 anytime!



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### Featured Agency: Sullivan 180 Submitted by Sandi Rowland, Executive Director



Sullivan 180 is a new health focused nonprofit in the community. While Sullivan County has consistently ranked 61 out of 62 New York counties in terms of health outcomes, Sullivan 180 is trying to turn that figure around by 180 degrees. Sullivan 180's mission is to build a healthy, vibrant Sullivan County where everyone has a sense of purpose, connection to family and community and access to fresh foods and an active lifestyle.

Sullivan 180 was established by a coalition of community agencies to work towards improving Sullivan County's health outcomes. Sullivan 180 works with stakeholders to leverage assets, to serve as a health improvement ideas incubator, and to magnify countywide efforts at improving health systems and health policies. Sullivan 180 places an emphasis on working in collaboration with partners to improve coordination of efforts and add value to existing initiatives.

One of our inaugural initiatives is training volunteer Community Health Champions. The Health Champions serve as healthy living advocates and coaches for friends, neighbors and colleagues ready to improve their health. Community Health Champions are trained in health education and health coaching techniques and are familiar with local resources. These peer volunteers work in their own neighborhoods, churches, and civic organizations. They work one on one and with small "wellness circles" offering health education and tips and motivation for people who are taking proactive steps to improve their health. They work on areas such as; smoking cessation, improved diet and exercise regimes or stress reduction. Groups meet regularly to support one another and share experiences as they pursue healthier lifestyles together. This innovative model is a way to help people adopt healthier behaviors that are meaningful and sustainable.

### ~Introducing Sullivan 180~

An inaugural group of thirteen Community Health Champions have completed their core training and are leading wellness circles throughout the county. Often the importance of strong social connections is overlooked when we think about health. This is why the Community Health Champions not only encourage individuals to improve their health habits, but they also want foster group efforts for healthier living thereby strengthening social connections.

Another Sullivan 180 initiative is Sullivan Club 180. This is a campaign to encourage existing organizations such as neighborhood committees, book clubs, and others as well as civic groups like Rotary, Lions and Kiwanis clubs to incorporate healthy living into their activities. This could be as simple as encouraging healthier beverage and food options at group meetings, organizing walking groups, and incorporating health education into their meetings. We are encouraging everyone to participate by forming a new Sullivan Club 180 or including Club 180 activities in their existing organizations.

Sullivan 180 is always looking for ways to promote opportunities for healthier living for everyone in the County. We are helping to support the creation of a full service YMCA which would offer indoor recreation and fitness throughout the year. We are also promoting the use of rails to trails for biking and hiking. We have recently completed a Community Resource Guide with up to date information on a variety of services available in the county for health and human services. It can be found on our website under the Partners tab.

Collaboration is the key to making a healthier Sullivan County for all a reality. Sullivan 180 was created through a very deliberate process of dialogue with a variety of community leaders, key institutions and committed individuals. Our goal is to be additive not duplicative, to serve as the place where innovation and creative thinking can be added to efforts at remaking Sullivan County and turning our health around. We welcome everyone's participation. If you would like more information please visit the website at <u>www.sullivan180.org</u> or reach us at <u>info@sullivan180.org</u> or 845-295-2680.



# Intensive Technical Assistance

The Council offers intensive technical assistance to enhance your knowledge/skills. Individualized training can be set up to address your program needs in one session or multiple session workshops (conducted at your home during a convenient time for your program).

Consider the following topics, or choose your own:

"Creating a Positive Environment" "Benefiting from Family Style Eating " "Age Appropriate Room Arrangements" "Supervision" "Gross Motor with Indoor & Outdoor Play" "Ideas for Better Nutrition & Physical Activity" "Learning through Nature" "Picky Eaters" "Creating Theme Curriculum"

Contact us at info@scchildcare.com to request a session or for more information call Aimee Pittaluga at (845) 292–7166 x 306. \*This free service is funded by NYSOCFS.\*

# **OCFS Child Care Forms**

Required OCFS forms are available at:

http://ocfs.ny.gov/main/documents/docsChildCare.asp

The Blue Card has been updated so please be sure you are using the most current version!!!

Print new ones directly from the website as needed, or go to http://ocfs.ny.gov/main/documents/docs%20Pubs.asp and you can order free copies of all OCFS Forms using the order form.

# QUALITYstarsNY

#### PARENTS: Visit & Ask Questions (in person & over phone)

*Interested in a child care program? Make an appointment to visit!* Visiting a program is the best way to judge if it will be a good fit for your child and family. We recommend visiting at least 3 programs before making a decision.

#### Things to keep in mind:

- Visit during regular business hours when children are present
- Plan to stay at least an hour
- Try to bring your child to see how s/he responds to the program staff and environment
- Bring notes or a checklist to remind yourself of questions you want to ask and things you want to observe. QUALITYstarsNY has put together a checklist to help you determine whether the program is high quality.

(http://qualitystarsny.org/families-checklists.php)

### Message from Donna Willi, Executive Director

#### Hello All,

Sullivan County needs child care from Rockland to Lumberland, Cochecton to Fallsburg; and of late, a high demand for infant and toddler care. There simply is not enough child care to meet the growing demands of working parents in Sullivan County.

We can help find the answers to those haunting questions. Can I afford to stay home with my baby? Maybe I can become a child care provider, but how? Can I watch my baby and one other child? Who will watch my baby when I go back to work? Where will my child go after school? How can I afford to pay for child care? Is the provider I chose licensed? Does my provider know CPR? If you, or someone you know has asked any of these questions, call the Council we have the answers.

Yours in Child Care – Donna

### Early Care & Learning Council Management Training

ECLC's Early Care Management Training, New Director's Institute and workshops support child care center directors in all counties across the state by training both new and experienced childcare center directors in all topics essential to running a safe, high quality program.

Directing a child care center is a complex and demanding job. Directors must have an in-depth understanding of how to provide children with high quality, developmentally appropriate early care and learning experiences. At the same time, they must master an array of skills needed to operate their centers efficiently.

Supported by the New York State Office of Children and Family Services (OCFS), the Early Care & Learning Council's Management Training workshops provide training and technical assistance designed to help center directors meet these challenges. These programs are offered to all center directors and CCR&R staff members at no cost. Look for 2019 dates at:

https://www.earlycareandlearning.org/trainings.html.



# Medication Administration Training (MAT)

Only topical ointments, sunscreens and repellents are legally permitted to be applied in a child care setting without a license or registration to administer medication.

#### To sign up for MAT please email info@scchildcare.com or call the Council (845) 292-7166 x309.

MAT grant applications (up to \$100 reimbursement) can be obtained online at www.ecetp.pdp.albany.edu/mat.shtm or contact the SUNY MAT Grant Program at 800-295-9616 or mat@pdp.albany.edu.

# MAT Approved Programs

The following providers hold a license/registration to administer medication:

Best Friends Services, Inc.

Jessica Dean

Early Childhood Cooperative Experience

Easter Seals of New York, Inc.

Deborah Gubiotti

J&C First Steps Daycare, LLC: Diane Harvey

Nana's House Child Care Center, Inc.

New Hope Manor

Marlena's Family Daycare: Marlena Pittaluga-Egan

Twin Bridge Play School Inc.

Kristy Petrowsky

Sullivan County Head Start, Inc. (All locations)

Little Rainbows Daycare

### **Medication Administration**

Obtain your MAT Certification or Renewal through an independent study program plus testing with a SUNY MAT instructor.

You **must renew** your MAT Certificate every 3 years, **PRIOR to the expiration date!!** 

Please visit the following website for specific information and direction on renewing your MAT Certificate www.ecetp.pdp.albany.edu/mat.shtm

You may also contact the Council at (845) 292-7166 or info@scchildcare.com.

# Child & Adult Care Food Program (CACFP)

### **New CACFP Participants:**

Phyllis Edwards, Rebecca Wegman,

Ashley Horton

For more information call: Aimee Pittaluga, CACFP Coordinator (845) 292-7166 x 306.

Winter is a hard time to make sure the children are getting enough large muscle movement. Gross motor is very important part of the day to build strength, balance and get out energy.

Remember to have parents supply adequate weather related clothing so you can take the children outside even if its only for a few minutes. Some days outdoor play wont be possible but you can find other ways to get them moving inside.

**Balloon play**: Have children see how long they can keep the balloon in the air. Add music. Be careful that there are no latex allergies and that any broken pieces are picked up quickly.

**Dance**: Pick different genres of music . Freeze dance. Use scarves and teaching children shapes and letters by movement. Use their bodies for self awareness and personal space, up down , side to side, left , right.

Boxes: Turn them into boats where kids can "row".

**Bring outdoor toys indoors**: Bring in a climber or a slide.

**Exercise**: Teach kids to run in place, jump, knees to chest, stomp , crisscross or froggy jump on "lily pads" (pillows, colored paper)

Remember, its important to keep the children moving throughout the day. It also helps for a restful naptime.

Colder weather is also a great time to make some homemade soups. Homemade soups can be broken down into 3 components as long as they meet meal pattern guidelines .

Another cold weather recipe; make paninis with the kids. Have them pick what they want in their sandwich and pan fry and press them. Grilled cheese with tomato soup is another filling winter option.

Customized homemade pizzas on bagels or english muffins are fun to do as a group activity.

For more recipes or winter activity idea's call Aimee Pittaluga at 845-292-7166 for Technical Assistance.

# Infant/Toddler Services for Providers

#### Infant/Toddler Technical Assistance Center

The Infant/Toddler Technical Assistance Network, funded by the NYSOCFS, is an initiative aimed at supporting high quality infant and toddler care. The Network offers support to programs serving infants and toddlers.

The Infant/Toddler Specialist can offer the following ongoing services for *FREE* in Sullivan County:

• Phone and in-person support on a variety of issues:

- Age appropriate behavior management techniques
- Responsive care giving
- Understanding the NYS Child Care Regulations
- Developmentally appropriate practice for infants & toddlers
- Infant-toddler development and behavior
- Assistance answering parent questions about their infant or toddler
- Visits to your program to work on a quality improvement project
- Resources or tip sheets
- Starting up your infant/toddler program including help setting up your space
- Assistance with continuity of care classroom waivers
- Assistance with freedom of movement certification for "container free" program

We serve family and group child care programs, child care centers and CCR&Rs.

Rosemarie is also now reliable in Infant and Toddler CLASS which is an assessment tool that measures the quality of language and interactions in the classroom.

For more information on how to improve the language and interactions in your program contact Rosemarie Lawton, Infant/Toddler Regional Specialist by calling (845) 473-4141 ext. 217 or email rlawton@childcaredutchess.org.

# Are you looking for Infant and Toddler Training??

Please join our new **FAMILY DAYCARE ASSOCIATION** with **Infant Toddler specialist Rosemarie Lawson** (see her bio above). You will attend quarterly professional development meetings with other family child care providers and get one hour of **FREE TRAINING**. Please call Donna, (845) 292-7166, or Rosemarie, (845) 473-4141x217, and reserve your seat for our early spring session.

### Webcast Trainings ecetp.pdp.albany.edu

Webcasts are held at the *Sullivan County Child Care Council in Liberty*; classes start promptly at 6:45. These are adult learning experiences; no *children*, *please*.

Dates for 2019 wil be posted on PDP website (listed above) or our website when they are announced.

To sign up or for the most current brochure, go to: www.ecetp.pdp.albany.edu/webcasting.aspx.

Videoconference trainings are funded by the NYSOCFS. They are produced by the Early Childhood Education and Training Program and are conducted in English.

# **Online Training**

### NYSOCFS/PDP Online Trainings—FREE!

www.ecetp.pdp.albany.edu/elearn.aspx

Fully narrated courses. Learning points of the training are enhanced throughout using video clips and interactive exercises. Application saves progress every 10-15 minute section, and allows you up to 30 days to complete the entire course.

#### Available Courses:

Course Title	Hours	OCFS Topics	CDA Areas
Early Intervention	1.5	1, 4	3, 4, 7, 8
Emergency Preparedness	1.5	4, 7	1, 4, 5
Expulsion & Suspension Prevention Strategies	1.5	1, 3, 4, 7	3, 4, 6
Family Engagement	1.0	3, 4	4, 5, 6
Foundations in Health & Safety	5.0	2, 3, 6, 7,9	NA
Keeping Children Safe	1.5	1, 3, 4, 7	1, 2, 8
Infant Brain Development	1.0	1, 3	2, 3
Mandated Reporter Training	2.0	5, 6, 8	NA
Managing Challenging Behavior	1.5	1	1, 3
Obesity Prevention	2.0	2	1
Preventing SBS	1.0	1, 9	1, 3, 4
Preventing SIDS & Promoting Safe Sleep	1.0	1, 3, 4, 7	1, 3, 4, 8
School Age Child Care	1.5	1, 3, 4	1, 5, 8
Supervision of Children	1.5	4	1
Transportation	2.0	3, 4, 7	1, 4, 5

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	December 2018						
<b>2</b> First day of Ha- nukkah	3	4	5	6	7 Pearl Harbor Remembrance Day	8	
9	10	11	<b>12</b> Council Board Meeting 5:30pm	13	14	15	
16	17	18	<b>19</b> Staff Holiday Party Council closed at 2pm	20	21 Winter Solstice	22	
23 30	24 <sup>Closing</sup> 12:30pm 31	25 Merry Christmas! Council Closed	<b>26</b> Kwanzaa begins Council Closed	27	28	29	

Find EIP approved training and register at www.ecetp.pdp.albany.edu/FindTr aining.aspx.

Sunday	Monday	Tuesday		Thursday	Friday	Saturday
Janua	ry 2019	1 New Years Day– Closed	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Dr. Martin Luther King Jr. Day Council Closed	22	23 First Aid/CPR 4:30p-9:30p @ Council	24	25	26
27	28	29	30	31		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Fe	bruary 2	019		1	2 Groundhog Day
3	4	5	6	7	8	9
10	11	12	<b>13</b> Council Annual Meeting 5:30pm	<b>14</b> Happy Valentine's Day!	15	16
17	18 Presidents Day Council Closed	19	20	21	22	23
24	25	26	27	28		

- 1. Planning a safe, healthy, learning environment **CDA CONTENT AREAS** 2. Steps to advance children's physical and intellectual development 3. Positive ways to support children's social and emotional development 4. Strategies to establish productive relationships with families 5. Strategies to manage an effective program operation 6. Maintaining a commitment to professionalism 7. Observing and recording children's behavior 8. Principles of child development and learning 1. Child Growth and Development CORE COMPETENCY AREAS 2. Family and Community Relationships 3. Observation and Assessment 4. Environment and Curriculum 5. Health, Safety and Nutrition 6. Professionalism and Leadership 7. Administration and Management
- Hrs/ Cost/ OCFS CDA CBK **Course Title** Topics Areas Areas CEU's **Reduced Cost** First Aid / CPR 5 \$75 2, 4 5 15/ 2,4,5, Health & Safety Training \$250 TBA TBA 15 6,7,8,9

### Educational Incentive Program (EIP)

EIP is sponsored by the NYSOCFS, funded by the rederal Child Care & Development Fund and administered by the Professional Development Program (PDP), Rockefeller College, University at Albany.

The following grants & scholarships are available to child care providers:

- College Credit, Non-Credit Bearing & Credential Training: to assist child care providers in paying for professional development training & education
- Cardiopulmonary Resuscitation (CPR) & First Aid (FA): to assist income eligible providers offset the cost
- The MAT Rebate Program: For child care facilities to offset the cost of the training to certify staff to administer medication in a child care setting.

Apply online at: www.ecetp.pdp.albany.edu/apply.aspx. You may also contact EIP by email ateip-to@albany.edu, or by phone at either (800) 295-9616 or (518) 442-6575.

- 1. Principles of Child Development
- 2. Nutrition and Health Needs of Infants and Children
- 3. Program Development

OCFS TOPICS

- 4. Safety and Security Procedures
- 5. Business Record Maintenance and Management
- 6. Child Abuse and Maltreatment Identification & Prevention
- 7. Statues and regulations pertaining to child daycare
- 8. Statues & regs pertaining to Child Abuse & Maltreatment
- 9. Shaken Baby syndrome

### Focus on the Regulations Review Regulations @ ocfs.ny.gov

# 417.11 Health and Infection Control

(5) When a caregiver has not been authorized to administer medications in a day care setting in accordance with the requirements of section 417.11(f) of this Part, such caregiver may administer emergency care through the use of epinephrine auto-injector devices, diphenhydramine, when prescribed in combination with the auto injector, asthma inhaler and asthma nebulizer when necessary to prevent anaphylaxis or breathing difficulty for an individual child but only when the parent and the child's health care provider have indicated such treatment is appropriate. In addition:

(i) A written Individual Health Care Plan must be developed for the child;

(ii) The child's health care provider must issue a standing order and prescription for the medication;
(iii) The parent must approve, in writing, the administration of the medication as prescribed by the health care provider and keep medications current;

(iv) All caregivers administering an emergency medication pursuant to section 417.11(g)(5) of this Part, must be instructed on its use; and, the instruction must be provided by the parent, the child's health care provider or a health care consultant; (v) A caregiver who has been instructed on the use of the auto injector, diphenhydramine, inhaler or nebulizer must be present during all hours the child with the potential emergency condition is in care: (vi) The caregiver administering the auto-injector, diphenhydramine, asthma medication or nebulizer must be at least 18-years-old; (vii) The caregiver must immediately contact 911 after administration of

epinephrine; (viii) If an inhaler or nebulizer for asthma is administered, a caregiver must call 911 if the child's breathing does not return to its normal functioning after its use; and ix) Storage, documentation of the administration of medication and labeling of the auto-injector, asthma inhaler and asthma nebulizer must be in compliance with Section 417.11 of this Part.

#### (i) Infection Control

(1) Caregivers and volunteers must thoroughly wash their hands with soap and running water at the beginning of each day, before and after the administration of medications, when they are dirty, after toileting or assisting children with toileting, after changing a diaper, before and after food handling or eating, after handling pets or other animals, after contact with any bodily secretion or fluid, and after coming in from outdoors.

(2) Caregivers and volunteers must ensure that children thoroughly wash their hands or assist children with thoroughly washing their hands with soap and running water when they are dirty, after toileting, before and after food handling or eating, after handling pets or other animals, after contact with any bodily secretion or fluid, and after coming in from outdoors.

(3) For diapered children, caregivers and volunteers must ensure that adequate steps are taken to clean the child after each change of diaper.

(4) Caregivers must assist children in keeping clean and comfortable, and in learning appropriate personal hygiene practices.

(7) When soap and running water is not available, hand sanitizer may be used by children and caregivers and volunteers on visibly clean hands. Package directions must be followed including supervision of children so that ingestion does not occur.

(i) When soap and running water is not available and hands are visibly soiled, individual wipes may be used in combination with hand sanitizer.

(ii) The use of hand sanitizers on children under the age of 2 years is prohibited.

# Congratulations

to our newest registered child care provider: Rebecca Wegman 52 Play Care

 $\star$ 

# Dear Jodi

#### Dear Jodi,

I have a child in my care who just recently went to the doctor. His mom called and said he needed to be given a nebulizer treatment every 4 hours. Can I do that even though I am not MAT certified?

Puzzled

#### Dear Puzzled,

Unfortunately, no you cannot. However, the parent or a relative of the child to the third degree of consequentiality can. You can also, speak to Donna Willi about information regarding MAT Certification at (845)292-7166. Review the "Focus on the Regulations" section on this page as well. I hope this helps. Please let us know if you have any more questions. Keep up the great work!

Jodi

# From the Desk of the Registrar

#### Dear Providers,

First I would like to say Thank You. I have met many of you over the past 3 months and you have all been very welcoming and patient.

Being a provider for 15 years, I know welcoming a new registrar can be a little stressful on top of your all ready busy days. I do appreciate your welcoming me into your homes/ programs with such patience and understanding.

Please know I am here to support you and your program. At the end of the day we all have a common goal of supporting and protecting our growing children.

If you have any questions please do not hesitate to give me a call.

I look forward to working with and meeting all of you. Have a wonderful season and be safe!

Susan Sennett Registrar

### Child Care Time & Attendance (CCTA)

#### Please help us welcome our newest web-based users:

### **Angela Martinez**

Submit your timesheets online with the Child Care Time & Attendance (CCTA) System!

We encourage all providers to submit timesheets through the web-based system, CCTA.

There are several **benefits to using CCTA** web-based provider portal such as:

- ⇒ Eliminate the cost of shipping, mailing and purchasing paper products and postal supplies.
- $\Rightarrow$  Eliminate time delay of using the postal service.
- $\Rightarrow$  TRACK PAYMENTS ON A DAILY BASIS.

It is recommended to use Internet Explorer on desktops or laptops. Most iPads and other hand held tablets are not supported by this system

\*\*REMINDER – ALL timesheets have a 60 expiration date from the last date of service. ANY TIMESHEETS that are RECEIVED AFTER the 60 expiration date (electronically or paper) will be RETURNED to provider as NOT PAYABLE\*\*

If you are interested in submitting your timesheets online or have any other questions or concerns, please call Lee at (845) 292-7166 x302.

# NY Works for Children/ASPIRE

What The Aspire Registry can do for you:

- Provide you with a free online professional portfolio
- Keep a record of your education, employment, and professional development all in one place
- Help you find and register for training and professional development

# What The Aspire Registry can do for the early childhood field:

- Bring increased recognition, professionalism, and compensation to the early childhood field
- Collect important data to influence policy decisions

As always, please feel free to reach out to us with any specific questions about The Aspire Registry by emailing us at info@nyworksforchildren.org.

# Legally Exempt News

#### Mandatory/Required Health & Safety for Legally Exempt Providers

You are **ONLY** exempt if you are the child/ren's:

- Grandparent or Great-grandparent,
- Sibling AND living in a separate residence
- Aunt/Uncle

There are two OCFS approved training options:

- 1. Online "e-Learning"-Foundations in Health & Safety
  - $\Rightarrow$  FREE
  - $\Rightarrow$  Self paced
  - $\Rightarrow$  Go to www.ecetp.pdp.albany
- 2. Classroom training: Health & Safety for Legally Exempt providers
  - $\Rightarrow$  \$210.00
  - $\Rightarrow$  Training dates to be announced; Contact Lee at the Council (845) 292-7166 X302 for more information

#### \*Remember to submit a copy of your certificate to Lee at lbrown@scchildcare.com or PO Box 186 Ferndale, NY 12734.

#### No payments will be issued if training requirements are not met within application period.

# Legally Exempt Child Care Rates

Standard Without training	Under 2 yrs	2 yrs	3-5 yrs	6-12 yrs
Weekly	\$98	\$98	\$98	\$93
Daily	\$21	\$20	\$20	\$20
Part Day	\$14	\$13	\$13	\$12
Hourly	\$3.25	\$3.25	\$3.25	\$3.25

Enhanced With training	Under 2 yrs	2 yrs	3-5 yrs	6-12 yrs
Weekly	\$105	\$105	\$105	\$100
Daily	\$23	\$21	\$21	\$21
Part Day	\$15	\$14	\$14	\$14
Hourly	\$3.50	\$3.50	\$3.50	\$3.50

LE Group Child Care	Under 2 yrs	2 yrs	3-5 yrs	6-12 yrs
Weekly	\$0	\$0	\$135	\$128
Daily	\$0	\$0	\$29	\$28
Part Day	\$0	\$0	\$19	\$19
Hourly	\$0	\$0	\$5.63	\$5.25

### WWW.AAP.ORG

The AAP has released new guidelines for children in rear facing seats. To read the full article, please go here:

https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/AAP-Updates-Recommendations-on-Car-Seats-for-Children.aspx

"The AAP recommends:

• Infants and toddlers should ride in a rear-facing car safety seat as long as possible, until they reach the highest weight or height allowed by their seat. Most convertible seats have limits that will allow children to ride rear-facing for 2 years or more.

• Once they are facing forward, children should use a forward-facing car safety seat with a harness for as long as possible, until they reach the height and weight limits for their seats. Many seats can accommodate children up to 65 pounds or more.

• When children exceed these limits, they should use a belt-positioning booster seat until the vehicle's lap and shoulder seat belt fits properly. This is often when they have reached at least 4 feet 9 inches in height and are 8 to 12 years old.

• When children are old enough and large enough to use the vehicle seat belt alone, they should always use lap and shoulder seat belts for optimal protection.

All children younger than 13 years should be restrained in the rear seats of vehicles for optimal protection.

Most important is to use a car seat for every trip, Dr. Hoffman said. Using the right car safety seat or booster seat lowers the risk of death or serious injury by more than 70 percent.

"Car crashes remain a leading cause of death for children. Over the last 10 years, 4 children under 14 and younger died each day. We hope that by helping parents and caregivers use the right car safety seat for each and every ride that we can better protect kids, and prevent tragedies," said Dr. Hoffman. "

\*\*The American Academy of Pediatrics is an organization of 67,000 primary care pediatricians, pediatric medical subspecialists and pediatric surgical specialists dedicated to the health, safety and well-being of infants, children, adolescents and young adults. For more information, visit <u>www.aap.org</u> and follow us on Twitter @AmerAcadPeds

# To get more information about the Sullivan County Car Seat Program, please call Sullivan County Public Health at (845) 292-5910.

### www.cpsc.gov

#### Recall

1. Abond Group Recalls Tubeez Baby Bath Support Seats Due to Drowning Hazard: Recall Date: October 16, 2018 Recall Number: 19-011

Name of Product: Tubeez Baby Bath Support Seats

Pictures available here: <u>https://www.cpsc.gov/Recalls/2019/Abond</u> <u>-Group-Recalls-Tubeez-Baby-Bath-Support-Seats-Due-to-Drowning-Hazard</u>

#### Hazard:

The bath support seat fails to meet the federal safety standard including the requirements for stability. The bath seat can tip over or an infant can slip underneath the front support, posing a drowning hazard.

#### Remedy: Refund

Consumers should immediately stop using the recalled bath support seats and contact Abond Group for a full refund.

#### Consumer Contact:

Abond Group at 800-886-7947 from 9 a.m. to 5 p.m. ET, Monday through Friday or online at <u>www.abondcorp.com</u> and click on Safety

# Child Care Council Info

Normal Business Hours Monday-Friday 9:00am-4:30pm

We are available for assistance in person: 7 Community Lane, Liberty, NY 12754, Mail: *PO Box 186, Ferndale, NY 12734*.

Staff members can be reached by telephone at (845) 292-7166, or toll free: (877) 292-7190.

### Average Weekly Cost of Child Care

	Family Child Care	Group Family Child Care	Day Care Center
6wks-18mos	n/a	n/a	\$200
6wks-24mos	\$150	\$150	n/a
18mos-36mos	n/a	n/a	\$190
3у-5у	n/a	n/a	\$180
2yrs-5yrs	\$150	\$150	n/a
6y-12y	\$143	\$143	\$170

# **Prospective Child Care Providers**

If you are interested in becoming a child care provider please visit http://ocfs.ny.gov/main/childcare/ techreq.asp for a *free online Child Care Provider Orientation* and to request an application.

If you prefer to attend a face to face orientation session providing the opportunity to ask direct and specific questions to the Registrar please call us during business hours and schedule an appointment!

### Contact us today to schedule your appointment by calling (845) 292-7166 or to info@scchildcare.com.

We need child care providers! Specifically for children ages 6 weeks to 12 months old in the Liberty, Monticello & Fallsburg areas & 3pm—11pm and weekend shifts.

Please call 845-292-7166 to attend a child care orientation or visit ocfs.ny.gov and click on Become a Provider for more information & the free online orientation.

### **Child Care Programs in Sullivan County**

	OCFS Registered/Licensed Child Care Programs					
Township	Day Care Centers (DCC)	Family Day Care Homes (FDC)	Group Family Day Care Homes (GFDC)	School- Age Child Care (SACC)	Private Schools	Requests for Care 9/1/2018- 11/30/2018
Bethel	0	0	0	0		1
Callicoon	0	4	2	0		5
Cochecton	0	0	0	0		4
Delaware	0	2	0	0		0
Fallsburg	2	5	3	0		25
Forestburgh	0	0	0	0		1
Fremont	0	0	0	0		2
Highland	1	1	0	0		1
Liberty	2	8	2	2	1	34
Lumberland	0	0	1	0	1	1
Mamakating	1	0	1	1		9
Neversink	0	0	3	2		5
Rockland	0	0	0	0		6
Thompson	5	2	6	3	1	52
Tusten	0	1	0	0		0
Totals	11	23	18	8	3	146

### Sullivan County Child Care Council, Inc. 2018 Donation Form

#### Professional Supporter (Check One) (Eligible for reduced training costs.)

□ \$35 Family Day Care Provider (\$25 if participate in CACFP)

- □ \$50 Group Family Day Care (\$40 if participate in CACFP)
- □ \$125 Day Care Center / SACC (\$100 if participate in CACFP)
- □ \$25 Legally-Exempt Provider (\$15 if participate in CACFP)

### Community Supporter (Check One)

□ \$50 Advocate □ \$100 Sponsor\* □ Other\*

Name/Organization:

Phone: ( \_\_\_\_\_ ) \_\_\_\_

Address: \_\_\_

Email:

Mail Form & Payment To: Sullivan Co Child Care Council, Inc. PO Box 186, Ferndale, NY 12734

\*Please submit a business card with your donation of \$100 or more. Donations are non-refundable.

Thank you for your financial support; it helps families gain access to quality and affordable childcare!

Hours of Operation: Monday-Friday 9:00am-4:30pm

Sullivan County Child Care Council, Inc. P.O. Box 186 Ferndale, NY 12734

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"Children see magic because they look for it." - Christopher Moore

### Sullivan County Child Care Council, Inc. Board Members

Darlene Kehrley Susan Dollard Bob Eddings

James Farrell

Tony Harvey

Jodi Kane

Kulli Kask

Regina McKenny-Snead

**Robin Meddaugh** 

Laura Quigley

Nora Rauch

**April Rodriguez** 

Dr. Jeffrey Weinstein



Phone: (845) 292-7166 Toll free: (877) 292-7190 Fax: (845) 292-1755 Email: info@scchildcare.com Hours of Operation: Monday - Friday 9:00-4:30

We have several openings for Council Committee members. We are seeking members who could fulfill underrepresented areas such as, parents (who have children in child care); those who have expertise in marketing or insurance; those who are familiar with child care subsidy system and those who could represent our Hispanic community. Support the Council by serving on a committee! Please contact us at info@scchildcare.com!

### Caregiver News

Caregiver News is published quarterly by the Sullivan County Child Care Council, Inc.: Executive Director, **Donna Willi** and Editor, **Kelsey Stoddard**. Sullivan County Child Care Council, Inc. is a not-for-profit corporation which offers direct and supportive services to all members of the community. The Sullivan County Child Care Council, Inc. provides equal program and employment opportunities.

### **The Council Staff**

Donna Willi Executive Director

Lee A. Brown Legally Exempt & Subsidy Coordinator

Pamela DeMarmels Subsidy Specialist II

Aimee Pittaluga CACFP Coordinator & TA Specialist

Susan Sennett-DeWitt Registrar

Kelsey Stoddard Services Specialist