

Caregiver News

Publication of Sullivan County Child Care Council, Inc. for those who care for, educate, and nurture the young child.

NAEYC Week of the Young Child April 11—April 15, 2016

The Week of the Young Child™ is an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC) celebrating early learning, young children, their teachers and families.

Music Monday! April 11, 2016

Sing, dance, celebrate, and learn

Through music, children develop math, language, and literacy skills—all while having fun and being active! This year's song is "One Love," as performed by Aaron Nigel Smith and the One World Chorus. Record your own unique version of the song and share it on NAEYC's Facebook page or post to Twitter using the hashtag #woyc16.

Taco Tuesday, April 12, 2016

Healthy eating and fitness at home and school

This fun, food-themed day is about more than just cheese and salsa. Cooking together connects math with literacy skills, science, and more. With the rise in childhood obesity, you can encourage healthy nutrition and fitness habits at home and in the classroom by creating your own healthy tacos and then share the recipes and photos of your creations on NAEYC's Facebook page or post to Twitter using the hashtag #woyc16. Your unique recipe could even end up in our new WOYC Taco Tuesday Cookbook!

Work Together Wednesday, April 13, 2016

Work together, build together, learn together

When children build together they explore math and science concepts and develop their social and early literacy skills. Children can use any building material--from a fort of branches on the playground to a block city in the classroom, or a hideaway made from couch pillows at home Build and share pictures of children's creations on NAEYC's Facebook page or Twitter using the #woyc16 hashtag. (Continued p.5)

What's New:

- P 2 Start planning for summer!
- P 3 Raising Intelligent Reliant Kids
- P 4 CACFP Provider Appreciation
- P 11 We need child care providers!

Raising Intelligent, Self-Reliant Kids by Gina Fontana & Ralph Barrett, www.communityplaythings.com

Practical Advice in an Impractical Society

Have children changed?

"Kids have changed." We have heard this statement repeatedly from educators, parents, and the media. However, in reality, kids haven't changed; society, parents, and schools have changed. These changes have transformed the way our children play, interact, and learn. Fluctuations in social and educational norms have created issues beyond poor behavior in children. We have raised a generation of socially, cognitively, and physically underdeveloped children, leaving parents and teachers struggling to find solutions.

The United States faces an epidemic of unparalleled proportions. The social concerns that must be addressed to help our children have three primary causes: abuse of technology, aversion to risk, and a decline in physical activity.

- 1. **Abuse of Technology:** Lev Vygotsky, theorist, teacher, and psychologist, stated that we learn through a cultural lens. Learning takes place through interactions with others. Children, therefore, must interact with other people and the environment around them in order to grow and develop into productive citizens. However, because of technology they are increasingly isolated from the world outside, relying on video games and TV to provide them with their social rules and norms.
- 2. Risk-Aversion: Risk taking is limited or non-existent when you are not interacting with others. With adults scheduling almost every aspect of their day, school-age children are not given chances to simply play and make up their own games. They have little free time to just be kids and the free time they have is often spent in front of the TV or computer. According to the National Association for the Education of Young Children, there is a direct correlation between reading and risk-taking. Reading out loud means you are opening yourself to possibly be ridiculed or embarrassed. Children who never risk being vulnerable have a difficult time becoming fluent readers.

Risk has also been eliminated from our playgrounds. In the name of safety, the slides, swings, and merry-go-rounds of the past are gone. These items (Continued p.3)

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Featured Agency:

Bethel Woods Center for the Arts

Submitted by: Emily Casey, Institutional Marketing Coordinator

Bethel Woods Center for the Arts

Cultural Center Brings Arts and Humanities
Programming to Sullivan County

Bethel Woods Center for the Arts has expanded educational offerings rooted in the arts and humanities through countless programs since first opening in 2006. Now, celebrating its tenth year, Bethel Woods' focus is on inspiring, educating, and empowering in all that they do. Each program, whether for youth, teens, or the whole family, is aimed to foster fundamental skills, immerse them in the arts, and encourage creativity, confidence, and problem solving skills.

Countless studies indicate that the arts are critical to the strength of a community. A strong proponent of their transformative power and dedicated to the wellbeing of its community, Bethel Woods offers programs ten months of the year for children across the region. In 2015, education and community outreach programming at Bethel Woods brought creative exploration, learning, and the lessons of the sixties to nearly 30,000 individuals aged 3 months to 70 years young.

This spring, Bethel Woods, brings popular programs including **Saturdays at the Woods**, back to The Conservatory, and Creole culture to the community with their E3 program featuring **Terrance Simien & The Zydeco Experience**.

Saturdays at the Woods: March 12th—May 21st (Ages 0-13)

Held at The Conservatory at Bethel Woods, this program truly offers something for everyone and is a way to get the whole family involved in art-based exploration.

Project: Identity: March 13th—May 25th (Ages 14-18)

This spring, PI: Photography gives teens the opportunity to learn the technical basics, artistic practices, and professional standards of photography, while collaborating with peers and putting together portfolios.

E3: Engage. Experience. Explore: April 18th—23rd (Grades K—12)

E:3 offers access to exciting performances, invites audience members to participate and encourages self-expression, by bringing multi-cultural performers to the Event Gallery and into local schools.

Explore the '60s (Field trip based program)

This three-module program brings the lessons of the '60s to life as groups are invited to use The Museum at Bethel Woods to learn and explore current connections to things from civil rights to the Woodstock Music and Art Fair.

Flicks

Starting in April and running through December, this film series is sure to please many different audiences, showcasing drama, comedy, horror, family, and independent films. Returning to the Terrace Stage this summer, Moonlit Movie Mondays will bring cult classics to the big screen. These fun, interactive experiences are sure to get the entire audience involved!



WoodsTalk: Live

This engaging speaker series explores the power and possibilities of the arts and humanities, inspiring critical thinking, and provoking community engagement. The first of the series, on April 2nd, Barbara Villet and Pulitzer Prize winning friends will discuss the how they were inspired by the work of her late husband, featured special exhibit photographer, Grey Villet.

Learning and expression doesn't stop at Bethel Woods when school is out—summer programs like **PLAY: Music** and **PLAY: Theater** delve deeper into the creation process and create an engaging environment to gain, improve, and expand skills in the two disciplines.

PLAY: Music- July 11th—30th (Ages 9-15)

This three week program led by skilled musicians is an exciting way for participants to express themselves and find their unique voice.

PLAY: Theater- August 1st—20th (Ages 8-18)

In PLAY: Theater, program goers work with professionals to explore creative writing and theatre techniques.

The Museum at Bethel Woods, set back from the top of the Woodstock festival hillside, offers an immersive and captivating multi-media experience to tell the story of the 1960s to the whole family. It features continually evolving exhibits and moving film and lecture series. On display, starting this spring, RIGHTS, RACE & REVOLUTIONS: A Portrait of LIFE in 1960s America by Grey Villet. This 2016 special exhibition will feature Villet's work, a *LIFE Magazine* photographer and photojournalist whose photo essays helped to document the events of a world in transition during the 1960s.

For more information on upcoming educational offerings through the spring, summer, and fall, available scholarships, to register, please visit: www.bethelwoodscenter.org. Also, visit the website for a full list of the many concerts, festivals, and special events, as well as museum hours.



Raising Intelligent, Self Reliant Kids

(Continued from page 1)

provided children with the chances to practice appropriate risk taking. Children could successfully navigate the "risky" playground equipment, gaining self-confidence and courage.

3. Physical Inactivity: The United States has become a still society—from the oldest to the youngest. Adults ride to work in cars, sit at desks, watch TV, play video games, and socialize on the computer. Infants spend up to four hours per day in car seats, carriers, baby backpacks, bouncy seats, and infant swings. Because of this, they do not develop the muscles needed to crawl, which help with later visual perception skills, and the spatial awareness needed to copy notes off the board or read fluently.

Providing the Antidote

What can we do as educators and parents to ensure that children are provided with the proper tools to succeed in today's society against these odds?

1. Provide Space and Time for Physical Activity: Movement is the catalyst for cognition. Physical activity influences the part of the brain, the cerebellum, which handles memory, attention, and spatial perception. Children need plenty of time and space to exercise their large muscles in order to be successful in school.

It is ironic that, in an educational world where we know many children are kinesthetic learners, we expect them to sit still at desks to learn. Movement increases the blood flow that carries important nutrients to the brain. Recent scientific investigations have proven that movement stimulates dendritic growth, even in Alzheimer's patients. Dendritic growth creates new pathways for information to be processed in the brain. Movement must be present in order for learning to take place.

Physical movement also provides opportunities to develop important "cross-lateral" skills: the ability to coordinate movements crossing the midline of the body. Every time the midline is crossed, a window is opened in the brain creating new connections and enhancing cognition. Activities that cross the midline help facilitate reading development. For example, scarf juggling is an activity that teachers can include in class that crosses the midline and helps develop eye-coordination.

Playing games also encourages social development. When children participate in sports they learn how to work on a team, compromise, lose gracefully, and offer encouragement and empathy to others.

2. Provide an Environment that Fosters Curiosity: A disposition for curiosity is the common characteristic found in inventors, scientists, explorers, and entrepreneurs. They are all creative people with a strong sense of wonder who are not afraid to take a risk. Steve Jobs, John Glenn, Bill Gates, and Thomas Edison, all innovative and resourceful people, who wondered what would happen if...Curiosity is what education is about. Unfortunately, for many children, their developing sense of wonder is constricted by overly structured programs and testing in school.

An appropriate environment is crucial in fostering curiosity and wonder. Children should be allowed to explore, experience risk-taking, and create without the fear of ridicule or being hurt. As parents and teachers we can set up the environment to encourage wonder and creativity. This can be accomplished by providing children with open-ended materials such as flour, vinegar, baking soda, play dough, blocks, and finger paints. Let the children explore and experiment. What happens if you add baking soda and vinegar together? What happens when you use an eye dropper instead of a paint brush? Remember it is not the product we want children to be interested in, but the process. All experiences in the classroom must be authentic.

Children must experience their learning in order to retain and comprehend knowledge. Imagine trying to learn to swim, or ride a bike, from a book or YouTube video without hands on experience! Experience is not just the best method for teaching; it is the only method for teaching. The more a child is allowed to experience the thrill of exploring and experimenting, the more their disposition for curiosity and their love of learning will increase.

An environment that fosters creativity will also generate constructive play. Children who play with blocks and construction materials are gaining background knowledge in mathematical and science skills such as gravity, stability, measurement, fractions, and spatial awareness. (Continued p.10)

Source: www.communityplaythings.com/resources/articles/2016/raising-intelligent-children

Message from the Executive Director

Child Care Resource & Referral Agencies in nearly every county across NYS, in partnership with the Early Care and Learning Council, are preparing to launch a statewide strategy that will better educate the general public on the importance of quality child care.

We are excited to announce that the Council is participating in a state-wide initiative called *QIC—Quality Investments for Children*. It will engage communities to promote quality and empower families, early learning service providers and entire communities to strive for improved quality in child care.

Although *QIC* is not a quality rating and improvement system (*QRIS*), it has purposely been structured to increase statewide awareness of—and commitment to—QUALITY-starsNY (the *QRIS* for New York State). QUALITY-starsNY will in fact achieve substantial long term positive outcomes for young children, by increasing their likelihood of being successful in school and as adults.

Please watch for our soon to be distributed e-version and hardcopy outreach materials regarding the essential elements of quality. Distribution will reach families, early learning service provider sites and community residents through libraries, pediatrician offices, grocery stores, and other community locations.

We will also be providing online access to *Quality* resources through several online platforms.

An important factor in quality child care is continued professional development. The Council will soon be offering CDA classes right here in Sullivan County! The CDA trainer has many years of early childhood education experience and is a verified trainer with ASPIRE.

Stay up to date on what is happening in child care in Sullivan County by visiting our website, scchildcare.com and clicking on "subscribe."

Happy Spring! Donna

Medication Administration Training (MAT)

Only topical ointments, sunscreens and repellents are legally permitted to be applied in a child care setting without a license or registration to administer medication.

To sign up for MAT training or to make an appointment for your 3 year renewal practicum, please email info@scchildcare.com.

Check the Calendar, pages 6-7, and our website, scchildcare.com/calendar, for upcoming training dates.

MAT grant applications (up to \$100 reimbursement) can be obtained online at www.ecetp.pdp.albany.edu/mat.shtm or contact the SUNY MAT Grant Program at 800-295-9616 or mat@pdp.albany.edu.

MAT Approved Programs

The following providers hold a license/registration to administer medication:

Best Friends Services, Inc.
Jessica Dean
Tonya Dirie

Early Childhood Cooperative Experience
Easter Seals of New York, Inc.

Giggle-N-Grow, Inc: Jody Bruno-Rysdyke
Deborah Gubiotti

J&C First Steps Daycare, LLC: Diane Harvey
Angel Morton

Nana's House Child Care Center, Inc.

New Hope Manor

Marlena's Family Daycare: Marlena Pittaluga-Egan

TLC for Young Children, LLC Twin Bridge Play School Inc.

Kristy Petrowsky

Sullivan County Head Start, Inc (All locations)

Medication Administration

Obtain your MAT Certification or Renewal with a new independent at home study program & testing with a SUNY MAT instructor.

You **must renew** your MAT Certificate every three years, **prior to the expiration date!!**

Please visit the following website for specific information and direction on renewing your MAT Certificate www.ecetp.pdp.albany.edu/mat.shtm

You may also contact the Council at (845) 292-7166 or info@scchildcare.com.

Child & Adult Care Food Program (CACFP)

New CACFP Participants:

Yesenia Hernandez, Annaliza Padua, Kayonna Cruz

For more information call: **Aimee Pittaluga,CACFP Coordinator** (845) 292-7166 x306.



Celebrate National CACFP Week! March 13-19, 2016

Child care providers and centers participating in CACFP provide meals to 3.5 million children and 136,000 elderly or disabled adults each day for a total of 1.96 billion total meals and snacks.

CACEP.

CACFP: An Indicator of Quality Childcare

Find A Sports www.caclp.or

As, the CACFP Coordinator, I would like to thank all of our child care providers that participate in our Child and Adult Care Food Program. These providers require more visits, record keeping and they must maintain the nutritional guidelines to ensure our children, while in care, are receiving adequate nutrition to help their minds and bodies grow. Healthy eating habits are formed at a young age. I'd like to that you for making the difference and doing the best for our children.

Below are the providers participating in CACFP:

Amy Babicz	Deborah Gubiotti	Barbara Hotchkin
Ellie Reed	Cathy Castillo	Faith Metzinger
Deborah Stack	Jessica Dean	Karen Pinkel
Terri Pellam	Patricia McGovern	Wanda Rodriguez
Celia Divita	Tonya Dirie	Susan Sennett-DeWitt
Rachel Lindsley	Marlena Pittaluga-Egan	Diane Harvey
Tara Poje	Kristy Petrowsky	Angel Morton
Flor Hernandez	Elizabeth Rivera	Betty Gonzalez
Jody Bruno-Rysdyke	Desirae Schubert	Frank Flowers
George Conklin	Sierra Banach	Thelma York
Darlene Balzano	Omar Rodriguez	Nicole Newick
Karen Gonzalez	Lauren Smith	Barbara Valree
Erin Conklin	Elizabeth Acosta	Kayonna Cruz
Annaliza Padua	Yesenia Hernanzez	

Thank you!

Online Training

NYSOCFS/PDP Online Trainings—FREE!

www.ecetp.pdp.albany.edu/elearn_catalog.shtm
Fully narrated courses. Learning points of the training are enhanced
throughout using video clips and interactive exercises. Application
saves progress every 10-15 minute section, and allows you up to 30
days to complete the entire course.

Available Courses:

Course Title	Hrs	OCFS Topics	CDA Areas
Early Intervention	1.5	1, 4	3, 4, 7, 8
Emergency Preparedness	1.5	4, 7	1, 4, 5
Family Engagement	1.0	3, 4	4, 5, 6
Keeping Children Safe	1.5	1, 3, 4, 7	1, 2, 8
Infant Brain Development **NEW**	1.0	1, 3	2, 3
Mandated Reporter Training	2.0	5, 6, 8	NA
Managing Challenging Behavior	1.5	1	1, 3
Obesity Prevention	2.0	2	1
Preventing SBS	1.0	1, 9	1, 3, 4,
Preventing SIDS & Promoting Safe Sleep	1.0	1, 3, 4, 7	1, 3, 4, 8
School Age Child Care	1.5	1, 3, 4	1, 5, 8
Supervision of Children	1.5	4	1
Transportation	2.0	3, 4, 7	1, 4, 5

Find online courses on our website!

www.scchildcare.com—under Provider Education! or choose courses from Physical & Intellectual Development, Commitment to Professionalism, Effective Program Operation, Social & Emotional Development, Observing & Recording Progress & Behavior of Children, Positive Relationships with Families, Child Growth & Development, and Safe & Healthy Environment. OCFS and CDA approved topics!

- Learn at your own pace & on your own schedule
- Easy to use
- Friendly 1-800 Help Support Line
- · Affordable courses
- One year to complete a course
- International Association for Continuing Education & Training (IACET) approved courses & college credit
- · CEU certificates issued immediately

Not all individual trainings are approved for OCFS training hours/EIP, however they are all approved for CDA hours. For more information visit the website.

Video Conferences

ecetp.pdp.albany.edu

The SUNY Video conferences are held at the *Sullivan County Child Care Council in Liberty*; classes start promptly at 6:45; please arrive on time! These are adult learning experiences. *No children, please.*

Only 3 classes will be offered in 2016! Save the dates: 5/19, 6/23 & 11/3/16

The 2016 schedule will soon be available at www.ecetp.pdp.albany.edu/videoconferencing.shtm

Intensive Technical Assistance

The Sullivan County Child Care Council, Inc offers intensive technical assistance. If would like to gain more knowledge about a specific topic, an individualized training can be set up to address your needs as one session or multiple session workshops (conducted at your home during down time in your program).

If you would like to earn training credit through intensive technical assistance consider the following:

"Learning Manners at Mealtimes"
"Benefiting from Family Style Eating "
"Age Appropriate Room Arrangements"
"Introduction of Sign Language"
"Gross Motor with Indoor & Outdoor Play"
"Ideas for Better Nutrition & Physical Activity"
"Learning through Nature"
"Picky Eaters"
"Creating Theme Curriculum"

Or choose your own topic!

Contact us at info@scchildcare.com to request a session or for more information or call Aimee Pittaluga at (845) 292-7166 x 306.

This free service is funded by NYSOCFS.

NAEYC Week of the Young Child 4/11—4/15/2016

(Continued from page 1)

Artsy Thursday, April 14, Think, problem solve, create

Children develop creativity, social skills and fine motor skills with open-ended art projects where they can make choices, use their imaginations, and create with their hands. On Artsy Thursday celebrate the joy and learning children experience when engaged in creative art making. Use any materials—from crayons to paint, clay to crafts! Create and share photos of your children's creations on NAEYC's Facebook page or Twitter using the #woyc16 hashtag.

Family Friday, April 15, Sharing family stories

Engaging and celebrating families is at the heart of supporting our youngest learners. NAEYC applauds family members' role as young children's first and most important teachers. Share pictures and stories about your family on NAEYC's Facebook page or post to Twitter using the hashtag #woyc16 as we celebrate the unique role families play in their children's learning and development.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Marc	h 2016	1	2	Aspire, CDA, EIP 6:30p-8:30p @ Council	4	5
6	7	8	9	10	11	12
13 Daylight Saving Time Beings	14	15	Child Care Orientation 10:30a-12:30p @ Council	17 Happy St Patrick's Day	18	19
20 Palm Sunday First Day of Spring	21 Orthodox Lent Begins	22	23	24	25 Good Friday	26
27 Easter Sunday	28	29	30	31		

Check out our Training and Events Calendar on our website at scchildcare.com/calendar!

Sunda	ay Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		April 201	6		1	2
3	4	5	6	7	8	9
				NAEYO	Conference 4/7-4/9/	 16
10	11	12 Health & Safety (Part I of II) 8:30a-5p @ Counci		14 Health & Safety (Part II of II) 8:30a-5p @ Council		16 MAT 8:00a-5:00p @ Council
		Week of	 the Young Child 4/10		ANYS Conference 4/	14-4/16/16
17	18	19	20	21	Passover Begins at Sundown Earth Day	23
24	25	26	27 Administrative Professionals Day	28	29 Arbor Day	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Orthodox Easter	2	3	4	5	Provider Appreciation Day	7
8 Mother's Day	9	10	11	12	13	14
15	16	17	Child Care Orientation 5:30p-7:30p @ Council	19 Videoconference 6:45p-9:15p @ Council Topic TBA	20	21 Armed Forces Day
22	23	24	25	26	27	28
29	Memorial Day Observed	31		May	2016	

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- 1. Principles of Child Development
- 2. Nutrition and Health Needs of Infants and Children
- 3. Program Development
- 4. Safety and Security Procedures
- 5. Business Record Maintenance and Management
- 6. Child Abuse and Maltreatment Identification & Prevention
- 7. Statues and regulations pertaining to child daycare
- 8. States & Regs pertaining to Child Abuse & Maltreatment
- 9. Shaken Baby syndrome

1. Planning a safe, healthy, learning environment

- 2. Steps to advance children's physical and intellectual development
- 3. Positive ways to support children's social and emotional development
- 4. Strategies to establish productive relationships with families
- 5. Strategies to manage an effective program operation
- 6. Maintaining a commitment to professionalism
- 7. Observing and recording children's behavior
- 8. Principles of child development and learning

CORE COMPETENCY AREAS

- 1. Child Growth and Development
- 2. Family and Community Relationships
- 3. Observation and Assessment
- 4. Environment and Curriculum
- 5. Health, Safety, and Nutrition
- 6. Professionalism and Leadership
- 7. Administration and Management

Course Title	Hrs/ CEU's	Cost/ Reduced Cost	OCFS Topics	CDA Areas	CBK Areas
Aspire, CDA, EIP	2		3	5, 6	NA
FCCANYS Conference	Visit: www.fccanys.org				
Health & Safety	15.0 1.5	\$250	2, 4, 5, 6, 7, 8, 9	NA	NA
MAT	8 0.8	\$160	2, 4 ,7	NA	NA
NYSAEYC	Visit: nysaeyc.org				
Orientation	NA	\$10	NA	NA	NA

Please Note Training Expectations

In order to ensure the most productive and enjoyable training experience, please keep the following in mind when attending a Council training:

- Arrive on time. If you arrive more than 10 minutes late for the training, you will not be admitted.
- No children are permitted during training sessions.
- Put cell phones on vibrate/silent mode. If you need to take a call during the training, please leave the room.
- •In order to receive credit for the training, you must stay for the full training. If you are asked to leave for interrupting the group due to cell phone use or side conversations, you will not receive a certificate.
- If you need to leave early for any reason, you will not receive **any** credit for the training.
- Side conversations will not be permitted as they are distracting to the group.

 We appreciate your understanding and cooperation!

Focus on the Regulations

Review Regulations! @ ocfs.ny.gov

CONTRACTS & POLICIES

Family/GFDC 416 & 417

.15(b)(22) The program must give the parent, at the time of admission of the child, a written policy statement including but not limited to:

- (i) the responsibilities of the program;
- (ii) the responsibilities of the parent:
- (iii) the policies of the program regarding admission and disenrollment policies;
- (iv) how parents will be notified of accidents, serious incidents and injuries;
- (v) the plan for behavior management:
- (vi) the evacuation plan;
- (vii) the program activities;
- (viii) a summary of the program's health policies, to include the level of illnesses the program will accommodate:
- (ix) actions the program will take in the event a child is not picked up as scheduled;
- (x) meal arrangements;
- (xi) instructional materials on the available procedures if they suspect their child has been abused or maltreated;
- (xii) how to access the regulations;
- (xiii) contact information for the Office including the Child Care Complaint Line;
- (xiv) transportation policy; and,
- (xv) as applicable, written notification that there is a firearm, shotgun, rifle or ammunition on the premises

SACC/DCC 414 & 418-1

.15(b)(21) A school age child care program must give the parent, at the time of admission of a child, a written policy statement including, but not limited to:

- (i) the responsibilities of the program;
- (ii) the responsibilities of the parent;
- (iii) the policies of the school age child care program regarding admission and disenrollment policies;
- (iv) how parents will be notified of accidents, serious incidents and injuries:
- (v) he behavior management policy;
- (vi) a summary of the program's evacuation plan including the primary and secondary evacuation sites,
- (vii) the program activities to be provided:
- (viii) (viii) a summary of the program's health care policies, including the level of illness the program will accommodate;
- (ix) actions the school age child care program will take in the event the child is not picked up as scheduled;
- (x) the food service arrangements;
- (xi) instructional materials on the available procedures and legal remedies if they suspect their child has been abused or maltreated;
- (xii) how to access the regulations;
- (xiii) (contact information for the Office including the Child Care Complaint Line;
- (xiv) transportation policy; and
- (xv) information on healthy food and beverage choices and the prevention of childhood obesity.

From the Desk of the Registrar

Dear Providers,

Most child care providers chose their profession because they love children, not paperwork! I know that paperwork is a weak point for most, but important, none-the-less, as you are small business owners.

NYS Regulations have specific requirements as to the information to be given to parents upon admission of a child to your programs! Please review the regulations above to make sure your contracts and policies are meeting the regulatory requirements!

Theresa Murdock-Marin, Registrar

Dear Jodi

Dear Jodi,

I enjoy online training. It's cost effective and stress free in the winter. I also enjoy interacting with other providers from time to time.

It seems as though less and less face to face trainings are being offered. Do you have any recommendations for local face to face training?

Thank you, Reaching out, Liberty

Dear Reaching out,

There are benefits from both types of training. Sometimes it's nice to sit down and get some training completed in the comfort of your own home. Sometimes, you need peer interaction!

Conferences are a great way to get 6-8 hours of training in one day. It's fun; you will meet new people, gain new perspectives and get out of the house! It's an opportunity to make the most of your professional development.

Subscribe to organizations such as FCCANYS (www.fccanys.org) and NYSAEYC (nysaeyc.org) for information on local conferences.

The cost you say? PLEASE apply for EIP! Go to www.ecetp.pdp.albany.edu click APPLY select Educational Incentive Program (EIP), select apply online now! 1. Complete all information, 2. Print and sign the agreement. Fax or mail all required documentation to EIP within 2 weeks. It's well worth the cost!

Call a friend, ride together to a conference & have a fun professional development day. Going to one conference a year would keep you up to date on most of your training hours!

Don't forget to check the Council online calendar (scchildcare.com/calendar) and subscribe to our enews for current child care training and information!

Jodi

Please Take Note of our Facebook Policy

Pictures of children will not be allowed to be uploaded onto our Facebook "wall" without the Sullivan County Child Care Council, Inc. having prior written consent from the parents/guardians. If a picture is posted; the image will be removed within 24 hours/one business day. The person that posted the photo will receive an email outlining our policy. If the policy is broken a second time the person will be blocked from interacting on the page.

Like us for our news feeds on your home page with information about current child care happenings!

QUALITYstarsNY

New Publications from the ECAC

The NYS Early Childhood Advisory Council (ECAC) recently unveiled three new publications for early childhood educators. Access a free electronic copy at qualitystarsny.org, or place an order to the purchase the printed version.

- The Core Body of Knowledge
- The NYS Early Learning Guidelines
- The NYS Prekindergarten Foundation for the Common Core

Learn more by visiting www.qualitystarsny.org Contact us: info@qualitystarsny.org (718) 254-7318

NY Works for Children/ASPIRE

About the Core Body of Knowledge

The Core Body of Knowledge: New York State's Core Competencies for Early Childhood Educators was written for professionals who work directly with young children, directors and program administrators, those involved with training organizations, teacher education programs, those involved with policy and advocacy initiatives, those involved with professional development systems, and any others working to elevate this field and improve the quality of early childhood education.

This resource outlines the knowledge, dispositions and skills required to work with young children. The Core Body of Knowledge (CBK) offers a road map for building meaningful relationships with children, families and colleagues, for creating nurturing, stimulating environments, and for developing oneself as a professional in this incredibly important field.

The overarching goals and purposes of the CBK are:

- To inform the daily practice of professionals who work directly with young children, and to promote self-reflection and intentional professional development planning;
- To guide program administrators and directors in assessing staff performance, identifying areas for professional development, and creating/reviewing job descriptions;
- To aid training organizations in evaluating and developing professional development opportunities;
- To assist teacher education programs in assessing, coordinating, and designing course content that will fulfill competency needs and facilitate transfer and articulation agreements;
- To support local and state agencies in their quest to develop sound policy initiatives that improve the competency of early childhood professionals;
- To support public and private investments, incentives, and initiatives that encourage and facilitate professional competency.

Need Help With Aspire?

Please contact Aspire staff with your questions or concerns. Phone: (718) 254-7716 / Email: info@nyworksforchildren.org

The Council will soon be offering training on CBK! Watch for upcoming trainings late summer and fall!

Legally Exempt Child Care Rates

Standard Without training	0 - 1½ yrs	1½-2yrs	3-5 yrs	6-12 yrs
Weekly	\$98	\$91	\$91	\$91
Daily	\$20	\$20	\$20	\$20
Part Day	\$13	\$13	\$13	\$12
Hourly	\$3.09	\$2.93	\$2.93	\$3.25
Enhanced With training	0 - 1½ yrs	1½-2yrs	3-5 yrs	6-12 yrs
	0 - 1½ yrs \$105	1½–2yrs \$98	3-5 yrs \$98	6-12 yrs \$98
With training	,	,	•	,
With training Weekly	\$105	\$98	\$98	\$98

Legally Exempt News

All Legally Exempt providers are subject to announced or unannounced inspection and/or verification of child care to verify compliance with applicable laws and regulations and any additional requirements imposed on such a provider by the social services district.

All Legally Exempt providers are required to maintain current and accurate attendance records for each child showing the date of attendance with the time of arrival and departure; on a daily basis (full day absences must also be noted).

An eligible provider must certify that all documentation and information provided to a social services district is accurate and true. Any false or fraudulent claims for payment by a provider may result in the deferral or disallowance of payment for such claims with a social services district, and/or referral for investigation.

It is important to become familiar with the NYS Regulations & CACFP Policies and Procedures.

Child Care Time & Attendance (CCTA)

The Child Care Time and Attendance (CCTA) System has many benefits such as:

- Easier time and attendance workload
- Decreased postage costs
- Improved timeliness & accuracy of payments
- Ability to view family fee (co-pay) & recertification dates
- · Ability to immediately verify family approval for payment

If you are interested in submitting your time sheets electronically through the CCTA system, please contact the Council for more information at (845) 292-7166, ext 311.

Product Recalls www.cpsc.gov

Nuna Baby Essentials Recalls High Chairs Due to Fall Hazard

Hazard: The arm bar can bend or detach during use, posing a fall hazard to children.

Remedy: Consumers should immediately stop using these recalled high chairs and contact the firm to receive a free new arm bar and instructions on how to replace it.

Consumer Contact: Nuna Baby Essentials toll-free at 855-686-2872 from 8:30 am—4:30 pm Monday—Friday or online at www.nuna.eu/usa/ and click on "Product Recall" under the "Support" section on the sidebar of the homepage for more information

NHTSA, CPSC and Britax announce recall of infant car seats due to fall hazard

Issue: Recall of Britax B-Safe 35 and B-Safe 35 Elite infant car seats and travel systems manufactured between October 1, 2014, and July 1, 2015. The car seat carry handle can crack and break allowing the seat to fall unexpectedly, posing a risk of injury to the infant.

Remedy: Repair kit.

You should immediately stop carrying the car seat by the handle until the repair is installed.

If you previously registered your product with Britax, you will automatically receive a free repair kit.

To register to receive a repair kit or verify registration, visit www.bsafe35recall.com.

You can continue to use the car seat when secured in a vehicle or on a stroller.

Consumer Contact: Britax at 800-683-2045 from 8:30 am—5:45 pm, Monday—Thursday, 8:30 am—4:45 pm on Friday, or by email at Britax.Recall@britax.com. Consumers can also visit the firm's website at www.us.Britax.come and click on "Safety Notice" at the top right of the page.

KHS America Recalls Children's Musical Instrument Due to Violation of Lead Paint Standard

Hazard: The pink metal note bar on the glockenspiel may contain excessive levels of lead in the paint, violating the federal lead paint standard. If the paint is scraped off and ingested lead can cause adverse health effects.

Remedy: Consumers should immediately remove the pink bar from the glockenspiel and contact KHS America for information on getting a free replacement pink bar.

Consumer Contact: KHS
America Green Tones at 800283-4676 from 8:30 am—4:30
pm CT Monday—Friday or
online at www. gogreentones.com and click on "Contact
Us" for more information.

Head USA Recalls Ski and Snowboard Helmets Due to Head Injury Hazard

Hazard:

The helmets do not comply with the impact requirements of safety standards for helmets, posing a risk of head injury.

Remedy: Consumers should immediately stop using the recalled helmets and contact Head USA to receive a free replacement helmet.

Consumer Contact: Head USA at 800-874-3235 from 9 am—7 pm, Monday—Friday or online at www.head.comthen click on Customer Service and then on 2015 Helmet Recall for more information.



Raising Intelligent, Self Reliant Kids

(Continued from page 3) When adults create an environment that allows children to build structures and take things apart, they are creating an environment rich in technology, mathematics, and exploration.

3. Bring Back the Arts! In the United States, we have a traditional hierarchy of subjects taught in school with math, science, and literacy predominating. Creative arts fall at the bottom. We believe that the academic subjects are the most important to prepare children for the job market. However, we cannot predict what the job market will be like 20 years from now due to the fact that our world is changing so fast. It is of vital importance that children develop the ability to innovate, create, and adapt to future changes. Subjects such as music, art, and dancing allow children to be creative, take risks, and express themselves in innovative ways.

As children enter school we must see the child as a whole and not educate them only from the neck up. If we think that the purpose of education is to just develop the brain, we forget that there is a connection between the mind and body. If we only honor academic ability, we forget that music, art, and dancing, are part of the humanities. We must acknowledge that these subjects are an integral part of our culture and should be honored and encouraged. It is a myth that not everyone is creative. Each child has the potential for creativity unless it is educated out of them.

The Importance of Risk Taking

Why should we want children to be risk-takers? When children take risks, it builds resilience, develops an inner self-esteem, improves reading skills, and prepares them for their future. As an adult, risk-taking is an inevitable part of life. We need to be willing to take risks to speak in front of a group of people, attend a job interview, or join a new club. When we over-protect or criticize children in a personal way, we knock the capacity to risk out of them. If you are not prepared to make a mistake, you will never take a chance, experiment, or try something new.

As parents and teachers we only want the best for our children. We want to ensure that they have the skills needed to succeed as an adult. In order to help children become productive adults we must allow children to engage in activities that are age and developmentally appropriate. The best education we can provide our children is experience—let them experience the world around them. We must allow children to be creative and take risks if we want them to grow into productive, well developed citizens.

Child Care Council Info

Normal Business Hours

Monday-Friday 8:30am-4:30pm

We are available for assistance in person: 7 Community Lane, Liberty, NY 12754, Mail: PO Box 186, Ferndale, NY 12734.

Staff members can be reached by telephone at **(845) 292-7166**, or toll free: **(877) 292-7190.**

Average Weekly Cost of Child Care

	Family Child Care	Group Family Child Care	Day Care Center
6wks-18mos	n/a	n/a	\$185.00
6wks-24mos	\$167.50	\$167.50	n/a
18mos-36mos	n/a	n/a	\$175.00
3у-5у	n/a	n/a	\$152.50
2yrs-5yrs	\$155.00	\$161.66	n/a
5y-12y	\$130.00	\$87.50	\$167.00

Prospective Child Care Providers

If you are interested in becoming a child care provider please visit http://ocfs.ny.gov/main/childcare/techreq.asp for a free online Child Care Provider Orientation and to request an application.

If you prefer to attend a face to face orientation session providing the opportunity to ask direct and specific questions to the Registration Coordinator, you may attend* one of the following Orientation Sessions:

Wednesday, March 16, 2016, 10:30 am Wednesday, May 18, 2016, 5:30 pm

*There is a nominal **fee of \$10.00 for a face to face session.** All are held at the Sullivan Co Child Care Council, in Liberty. You must register for the face to face by calling (845) 292-7166 or to info@scchildcare.com.

We need Child Care Providers!
Specifically for children ages
6 weeks to 24 months old in the
Liberty, Monticello & Fallsburg areas.

Please call 845-292-7166 to attend a child care orientation or visit ocfs.ny.gov and click on Become a Provider for more information & the free online orientation.

Child Care Programs in Sullivan County

OCES Pagistared/Licensed

		Child Care Programs					
Township	Day Care Centers (DCC)	Family Day Care Homes (FDC)	Group Family Day Care Homes (GFDC)	School- Age Child Care (SACC)	Private Schools	Requests for Care 10/1-12/31/15	
Bethel	0	0	0	0		2	
Callicoon	0	2	3	0		3	
Cochecton	0	1	0	0		1	
Delaware	0	3	0	0		0	
Fallsburg	2	5	1	0		43	
Forestburgh	0	0	0	0		0	
Fremont	0	0	0	0		0	
Highland	1	1	0	0		2	
Liberty	2	8	2	2	Υ	38	
Lumberland	0	0	2	0	Υ	0	
Mamakating	1	0	1	1		8	
Neversink	0	1	3	1		3	
Rockland	0	2	0	0		4	
Thompson	5	4	5	3	Υ	101	
Tusten	0	0	0	0		1	
Totals	11	27	17	7	3	206	

Sullivan County Child Care Council, Inc. 2016 Donation Form

Professional Supporter (Check One)

(Eligible for reduced training costs.)

- \$35 Family Day Care Provider (\$25 if participate in CACFP)
- □ \$50 Group Family Day Care (\$40 if participate in CACFP)
- □ \$125 Day Care Center / SACC (\$100 if participate in CACFP)
- □ \$25 Legally-Exempt Provider (\$15 if participate in CACFP)

Community Supporter (Check One) □ \$50 Advocate □ \$100 Sponsor* □ Other* □

Name/Organization:						
Phone: (_)					
Address:						
Con all.						

Mail Form & Payment To:

Sullivan Co Child Care Council, Inc.

PO Box 186, Ferndale, NY 12734

*Please submit a business card with your donation of \$100 or more.

*Donations are non-refundable.

Thank you for your financial support; it helps families gain access to quality and affordable childcare!

Hours of Operation: Monday-Friday 8:30am-4:30pm



Sullivan County
Child Care Council, Inc.
P.O. Box 186
Ferndale, NY 12734

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"Above all, watch with glittering eyes the whole world around you because the greatest secrets are always hidden in the most unlikely places." —Roald Dahl, Charlie and the Chocolate Factory

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Laura Quigley

Dr. Jeffrey Weinstein



Phone: (845) 292-7166 Toll free: (877) 292-7190 Fax: (845) 292-1755 Email: info@scchildcare.com Hours of Operation: Monday - Friday 8:30-4:30

We have several openings for Council Committee members. We are seeking members who could fulfill underrepresented areas such as, parents (who have children in child care); those who have expertise in marketing or insurance; those who are familiar with child care subsidy system and those who could represent our Hispanic community. Support the Council by serving on a committee! Please contact us at info@scchildcare.com!

Caregiver News

Caregiver News is published quarterly by the Sullivan County Child Care Council, Inc: Executive Director, **Donna Willi** and Editor, **Theresa Murdock-Marín**. Sullivan County Child Care Council, Inc is a not-for-profit corporation which offers direct and supportive services to all members of the community. The Sullivan County Child Care Council, Inc. provides equal program and employment opportunities.

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