



# Caregiver News

Publication of Sullivan County Child Care Council, Inc. for those who care for, educate, and nurture the young child.

## Research: There Are Big Benefits to Giving Your Time

by Marguerite Rigoglioso  
 February 21, 2013

People who spend time on others might feel less time constrained and better able to complete their myriad tasks and responsibilities.

It's a fact that most Americans are feeling more time-constrained than ever. With waking hours largely consumed by work, precious minutes remain for the daily list of to-dos, including exercise, cleaning, and socializing with friends and family. For some, time has become an even more valuable resource than money. Indeed, twice as many Americans would prefer two weeks of vacation over two weeks of extra pay. People's sense that time is scarce decreases their willingness to give time to others—be it individuals or worthy organizations.

A recent paper published in *Psychological Science*, however, shows that helping other people can actually increase feelings of "time affluence" and alleviate the perceived "time famine." The research demonstrates that spending time on others makes people feel like they have done a lot with their time—and the more they feel they have done with their time, the more time they will feel they have.

### Time for Someone Else or for Oneself

In the first of four studies conducted by Cassie Mogilner, Zoë Chance, and Michael Norton, participants carried out five-minute tasks in which they either

gave their time or wasted it. Participants in the giving-time condition wrote an encouraging note (which was subsequently mailed) to a gravely ill child. Participants in the wasting-time condition were instead asked to complete a filler task that required counting the letter "e" in multiple pages of Latin text.

Participants who gave time by writing to a sick child felt like they had more time than those who wasted time. Although both giving time and wasting time could signal that one has an abundance of time, only giving time led participants to perceive their time as more abundant.

In a follow up, people were assigned either to "spend 10 minutes doing something for yourself that you weren't already planning to do today" or "spend 30 minutes doing something for someone else that you weren't already planning to do today." The results were similar. Spending time on others seemed to "expand the future" in contrast to spending time on oneself.

In the third study, some participants spent fifteen minutes helping an at-risk student from a local public high school by editing his or her research essay. Others were told all the essays had been edited, and they could leave early—thus essentially being granted "free" time. Participants who gave their time helping felt as though they had more time than those who received an equivalent amount of "free" time.

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## Mix n Match Stone Snowmen

This month, my *Kids Craft Stars* friends and I are back with another fun craft challenge. Since it's the middle of winter now, we couldn't resist trying out some cute snowman crafts. We have a huge collection of stones that we have been collecting on each trip to the beach, so I decided to put them to good use and let the kids make snowmen with them for this simple mix n match stone snowmen activity.

### Supplies:

You'll only need 3 things to make these snowmen. They are super simple!

- Stones (we collected loads at the beach to keep for craft projects like these)
- White Paint
- Sharpies (my kids favorites are our gold silver and bronze pack)

To make the snowmen, first you'll need to paint your stones white. They'll need time to dry, so you can do this part one day and leave the decorating to the next day when the paint will be totally dry.

Take two or three stones per snowman—one stone for the head, and one or two for the body. Then just draw features onto each stone with your sharpies, it can be as simple or as detailed as your kids like so this idea will work for any age of child.

We added hats, scarves, buttons for the body and little twig arms, along with of course a carrot for the nose.

Once you're done, you can mix and match the bodies with each snowman, or stack them up to build your snowman upwards too.

Source: <http://intheplayroom.co.uk/2015/12/16/mix-n-match-stone-snowmen/>

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Featured Agency:

# THE TIMES HERALD-RECORD'S PEOPLE FOR PEOPLE FUND, INC.

[www.recordspeoplefund.org](http://www.recordspeoplefund.org)

PO Box 2046, Middletown, New York 10940  
(845) 343-1663

## UNEXPECTED FINANCIAL EMERGENCY?

The mission of The Times Herald-Record's People for People Fund is to provide temporary financial assistance to residents of the Times Herald-Record's readership area—Orange, Sullivan and Ulster counties in New York, and parts of Pike County in Pennsylvania.

The Record's People for People Fund offers a *one-time grant* to those who have been able to financially support themselves until a major event changed their circumstances. The Fund may provide assistance to qualified applicants for housing, utilities, auto repairs, medical bills or other expenses, so they can resolve their financial difficulty. Assistance is paid directly to a vendor or supplier of goods and services. (There are budgetary limits and restrictions.)

*Consideration is given to applicants who demonstrate a steady employment history or who have been referred by other not-for-profit agencies. However, applicants whose financial needs are severe and ongoing may not be eligible for consideration.*

To request help, a completed application must be submitted. Obtain one from our website at [www.recordspeoplefund.org](http://www.recordspeoplefund.org) or call our office at 845-343-1663 and request one be mailed to you.

Address is: P.O. Box 2046  
Middletown, NY 10940

Serving our communities since 1985, the Fund is primarily supported by voluntary donations received during our yearly campaign conducted by the Times Herald-Record. Contributions are also accepted year-round from individuals, businesses, schools and civic organizations. Since its inception, The Record's People for People Fund has distributed more than \$4.8 million.

The Times Herald-Record provides for most operating costs, including office space, utilities and some office expenses. The Fund is administered by a part-time paid Executive Director, who coordinates the volunteer staff and office activities. A Board of Directors meets regularly to oversee the operations of the Fund. The Fund is examined annually by an independent firm of certified public accountants.

To make a tax-deductible donation to the Fund, please send a check made out to:

The Record's People for People Fund  
c/o First Federal Savings of Middletown  
P.O. Box 2023  
Middletown, NY 10940.

For more information or to download an application form for assistance, visit our website at [www.recordspeoplefund.org](http://www.recordspeoplefund.org). If you would like to volunteer, contact the Fund's Executive Director at 845-343-1663.

### FOR ASSISTANCE

#### THE QUALIFICATIONS:

- Reside in our service area.
- Be self-supporting with a steady employment history or with other work related income.
- Have a recent and unexpected event causing a temporary financial hardship and have explored other avenues of financial relief.
- *This one-time grant should help resolve the problem. There are budgetary limits and restrictions.*

#### THE PROCESS:

- Submit completed application with all supporting documents by mail or fax. Include proof of unexpected event, proof of all income, along with current rent/mortgage statements and utility bills.  
(See application instructions for additional details.)
- Participate in a follow-up phone call to discuss your application in more detail; you may be asked to provide additional information.
- Allow at least two weeks for application to be processed. Applicant will be notified regarding decision.

*If your application is approved, payment is made directly to the landlord, vendor or service provider.*

## Research: There Are Big Benefits to Giving Your Time (Continued)

*Continued from page 1.* Moreover, those who had received the “windfall” of fifteen minutes completed an average of seven minutes less work on an additional task than those who had spent the time helping another. These results suggest that spending time prosocially may increase how much one does in the future, not just prosocially but also more generally.

A fourth study involved participants vividly describing a recent expenditure of time doing something that was not part of their normal responsibilities — either for someone else or for themselves. Consistent with the findings of the previous studies, participants who remembered giving time felt they had more time than participants who remembered spending time on themselves. Also as predicted, participants who gave time felt more effective than those who spent time on themselves.

### Connecting Time Spent on Others to Happiness

The finding that giving time increases perceptions of having time by increasing feelings of self-efficacy is welcome news in light of research showing the detrimental consequences of time pressure on happiness, stress levels, and prosocial behavior. Although feeling starved for time generally leads individuals to prioritize spare hours for themselves — decompressing in front of the television or getting a massage, for example — these results suggest that if people instead spent time on others, they might feel less time constrained and better able to complete their myriad tasks and responsibilities.

In short, when individuals feel time constrained, they should become more generous with their time — despite their inclination to be less so.

Source: <https://www.gsb.stanford.edu/insights/research-there-are-big-benefits-giving-your-time>

## QUALITYstarsNY

### PARENTS: Visit & Ask Questions (in person & over phone)

**Interested in a child care program? Make an appointment to visit!** Visiting a program is the best way to judge if it will be a good fit for your child and family. We recommend visiting at least 3 programs before making a decision.

#### Things to keep in mind:

- Visit during regular business hours when children are present
- Plan to stay at least an hour
- Try to bring your child to see how s/he responds to the program staff and environment
- Bring notes or a checklist to remind yourself of questions you want to ask and things you want to observe. QUALITYstarsNY has put together a checklist to help you determine whether the program is high quality. (<http://qualitystarsny.org/families-checklists.php>)

## Message from Donna Willi, Executive Director

Hello Friends of Child Care!

Sullivan County's economy is fast growing and we currently have only fifty-five regulated child care programs. These programs have space to provide care for approximately 1,956 children ages six weeks to twelve years old. These programs work hard each day to provide a safe and nurturing environment so parents and caregivers can work but they cannot do it all. Currently the towns of Bethel, Cohecton, Forestburgh, Fremont and Rockland have no child care options at all. Sullivan County needs child care now and as our economy continues to grow we will need more child care; and not just any child care, high quality child care.

High quality child care has many components, including knowledge of appropriate early childhood development. To that end, the Council is offering Sullivan County's first ever Child Development Associate series. Our inaugural class anticipates completion of their CDA by late Fall 2017! In addition, the Council is now offering CPR and First Aid to our child care workforce. Check out our calendar for the schedules.

And, finally as a result of increased visits and technical assistance programs we have seen a significant decrease in citations and an increase in the quality of care offered.

Our child care work force works hard each day. We all need to keep working and looking forward in order to ensure all of our families have high quality child care options. If you, or someone you know is interested in opening their own child care program call the Council for more information.

Yours in Child Care,  
Donna Willi  
Executive Director

## Important Changes to Provider Compliance History

OCFS is preparing to start posting six-year compliance histories of licensed/registered child care programs, rather than the two-year histories that are currently posted. This will provide more information to parents seeking child care and will promote greater governmental transparency.

This change took effect May 17, 2017.

It is not being applied retroactively. However, two-year histories that are already posted on the OCFS website may now remain there for up to six years.

## Medication Administration Training (MAT)

Only topical ointments, sunscreens and repellents are legally permitted to be applied in a child care setting without a license or registration to administer medication.

To sign up for MAT please email [info@scchildcare.com](mailto:info@scchildcare.com) or call the Council (845) 292-7166 x309.

MAT grant applications (up to \$100 reimbursement) can be obtained online at [www.ecetp.pdp.albany.edu/mat.shtm](http://www.ecetp.pdp.albany.edu/mat.shtm) or contact the SUNY MAT Grant Program at 800-295-9616 or [mat@pdp.albany.edu](mailto:mat@pdp.albany.edu).

## MAT Approved Programs

The following providers hold a license/registration to administer medication:

**Best Friends Services, Inc.**

**Jessica Dean**

**Early Childhood Cooperative Experience**

**Easter Seals of New York, Inc.**

**Deborah Gubiotti**

**J&C First Steps Daycare, LLC: Diane Harvey**

**Nana's House Child Care Center, Inc.**

**New Hope Manor**

**Marlena's Family Daycare: Marlena Pittaluga-Egan**

**Twin Bridge Play School Inc.**

**Kristy Petrowsky**

**Sullivan County Head Start, Inc (All locations)**

## Medication Administration

Obtain your MAT Certification or Renewal through an independent study program plus testing with a SUNY MAT instructor.

*You must renew your MAT Certificate every 3 years, PRIOR to the expiration date!!*

Please visit the following website for specific information and direction on renewing your MAT Certificate [www.ecetp.pdp.albany.edu/mat.shtm](http://www.ecetp.pdp.albany.edu/mat.shtm)

You may also contact the Council at (845) 292-7166 or [info@scchildcare.com](mailto:info@scchildcare.com).

## Child & Adult Care Food Program (CACFP)

Hello CACFP Providers. I would like to thank you all for embracing all the changes within the program and continuing to provide quality meals for the children in your care. Below is a step by step "easy process" to start claiming your menu's online. Since 95 percent of the providers are now claiming online we will be processing the menus earlier so it is important to have all menus **submitted by the third** of the following month. When you are entered into KidKare by the sponsor you:

1. You will receive a welcome message from KidKare that will contain your password and username. If you lose this information contact Aimee Pittaluga.
2. **Use Mozilla Firefox** as your browser, it is the most compatible.
3. Sign in and enroll children. You will be unable to make changes to the enrollment so call if you have troubles.
4. Print the enrollment, if you don't have a printer call and they will be printed for you.
5. Have a copy on file for your records.
6. Have parents and provider sign the enrollment and it should be dated for the first date of the service and as children enter your program.
7. Mail signed enrollment to our office (PO Box 186, Ferndale, NY 12734).
8. Go to "enter meal" after logging into Kidkare and pick date and meal and enter the foods you served.
9. Scroll down and click on children if they were present at the mealtime. If you have more than one shift click the 1 and the 2 if the child was present during both meal times. If not click the meal that that child was there for.
10. SAVE.
11. At the end of the month submit to sponsor.

### Some reminders:

- You must document menus online or on paper daily.
- Attendance MUST still be documented for registration/license purposes. The Kidkare program is NOT acceptable as attendance.
- Do NOT enter time in/out on KidKare.
- Use the calendar to mark when you are closed or if children did not have school.
- Check out reports like your claim reports and tax write off reports.
- If child is not in school that day mark them on their attendance bar, after shift click the 3 lines (the hamburger) and mark them there all day.
- Do not forget all the components at mealtimes; it will NOT flag you.
- Do not forget your whole grain once a day and juice only once a day (for children over 1 year).

If you have any questions please feel free to contact Aimee Pittaluga at (845) 292-7166. Thank you.

## Intensive Technical Assistance

The Council offers intensive technical assistance to enhance your knowledge/skills. Individualized training can be set up to address your program needs in one session or multiple session workshops (conducted at your home during a convenient time for your program).

Consider the following topics, or choose your own:

- “Learning Manners at Mealtimes”
- “Benefiting from Family Style Eating “
- “Age Appropriate Room Arrangements”
- “Introduction of Sign Language”
- “Gross Motor with Indoor & Outdoor Play”
- “Ideas for Better Nutrition & Physical Activity”
- “Learning through Nature”
- “Picky Eaters”
- “Creating Theme Curriculum”

Contact us at [info@scchildcare.com](mailto:info@scchildcare.com) to request a session or for more information or call Aimee Pittaluga at (845) 292-7166 x 306.

\*This free service is funded by NYSOCFS.\*

## Infant/Toddler Services for Providers

### Infant/Toddler Technical Assistance Center

The Infant/Toddler Technical Assistance Network, funded by the NYSOCFS, is an initiative aimed at supporting high quality infant and toddler care. The Network offers support to programs serving infants and toddlers.

The Infant/Toddler Specialist can offer the following ongoing services for **FREE** in Sullivan County:

- Phone and in-person support on a variety of issues:
  - Age appropriate behavior management techniques
  - Responsive care giving
  - Understanding the NYS Child Care Regulations
  - Developmentally appropriate practice for infants & toddlers
  - Infant—toddler development and behavior
  - Assistance answering parent questions about their infant or toddler
- Visits to your program to work on a quality improvement project
- Resources or tip sheets
- Starting up your infant/toddler program including help setting up your space
- Assistance with continuity of care classroom waivers
- Assistance with freedom of movement certification for “container free” program

We serve family and group child care programs, child care centers and CCR&Rs.

For more information contact Rosemarie Lawton, Infant/Toddler Regional Specialist by calling (845) 473-4141 ext. 217 or email [rslawton@childcaredutchess.org](mailto:rslawton@childcaredutchess.org).

## Video Conferences

[ecetp.pdp.albany.edu](http://ecetp.pdp.albany.edu)

The SUNY Video conferences are held at the **Sullivan County Child Care Council in Liberty**; classes start promptly at 6:45; please arrive on time! These are adult learning experiences. *No children, please.*

Videoconference training allows you to learn from experts and other child care providers while networking and sharing your experience with other professionals. These trainings consist of:

- a live broadcast;
- discussions with panelists including national and state experts as well as child care providers;
- opportunities for interaction at each training site;
- activities to apply what you have learned;
- extensive handout and resource materials;
- 2.5 hours of training and .25 CEUs.

Co-trainers at each site will guide discussions and help you apply your knowledge and skills.

*Videoconference trainings are funded by the NYSOCFS. They are produced by the Early Childhood Education and Training Program and are conducted in English.*

The most current brochure is available at [www.ecetp.pdp.albany.edu/videoconferencing.shtm](http://www.ecetp.pdp.albany.edu/videoconferencing.shtm).

## Online Training

### NYSOCFS/PDP Online Trainings—FREE!

[www.ecetp.pdp.albany.edu/elearn\\_catalog.shtm](http://www.ecetp.pdp.albany.edu/elearn_catalog.shtm)

Fully narrated courses. Learning points of the training are enhanced throughout using video clips and interactive exercises. Application saves progress every 10-15 minute section, and allows you up to 30 days to complete the entire course.

#### Available Courses:

Course Title	Hrs	OCFS Topics	CDA Areas
Early Intervention	1.5	1, 4	3, 4, 7, 8
Emergency Preparedness	1.5	4, 7	1, 4, 5
Expulsion & Suspension Prevention Strategies	1.5	1, 3, 4, 7	3, 4, 6
Family Engagement	1.0	3, 4	4, 5, 6
Foundations of Health & Safety **NEW**	5.0	2, 3, 6, 7, 9	NA
Keeping Children Safe	1.5	1, 3, 4, 7	1, 2, 8
Infant Brain Development	1.0	1, 3	2, 3
Mandated Reporter Training	2.0	5, 6, 8	NA
Managing Challenging Behavior	1.5	1	1, 3
Obesity Prevention	2.0	2	1
Preventing SBS	1.0	1, 9	1, 3, 4
Preventing SIDS & Promoting Safe Sleep	1.0	1, 3, 4, 7	1, 3, 4, 8
School Age Child Care	1.5	1, 3, 4	1, 5, 8
Supervision of Children	1.5	4	1
Transportation	2.0	3, 4, 7	1, 4, 5

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>December 2017</b>					1	2
3	4	5	6	7 Pearl Harbor Remembrance Day	8	9
10	11	12	13 First Day of Hanukkah	14	15	16
17	18	19	20	21 Winter Begins	22	23
24 Christmas Eve	25 Merry Christmas! Council Closed	26 Kwanzaa Begins Council Closed	27	28	29	30 31

Check out our Training and Events Calendar on our website at [scchildcare.com/calendar](http://scchildcare.com/calendar)!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 New Year's Eve	1 Happy New Year! Council Closed	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Dr Martin Luther King Jr. Day Council Closed	16 First Aid/CPR 4:30p-9:30p @ Council *Visit <a href="http://scchildcare.com/calendar">scchild- care.com/calendar</a>	17 Orientation 5:30p—7:30p @ Council	18	19	20
21	22	23	24	25	26	27
28	29	30	<b>January 2018</b>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>February 2018</b>				1	2 Groundhog Day	3
4	5	6	7	8	9	10
11	12 Lincoln's Birthday	13 First Aid/CPR 4:30p-9:30p @ Council *Visit scchild-care.com/calendar	14 Valentine's Day Ash Wednesday	15	16	17
18	19 President's Day Council Closed	20	21	22 Washington's Birthday	23	24
25	26	27	28	29	30	31

**\*\*ALL CDA Courses must be completed for CDA approval—however—  
if you are not completing a CDA you may register for individual classes.**

<b>CDA CONTENT AREAS</b>	1. Planning a safe, healthy, learning environment
	2. Steps to advance children's physical and intellectual development
	3. Positive ways to support children's social and emotional development
	4. Strategies to establish productive relationships with families
	5. Strategies to manage an effective program operation
	6. Maintaining a commitment to professionalism
	7. Observing and recording children's behavior
	8. Principles of child development and learning

Course Title	Hrs/ CEU 's	Cost/ Reduced Cost	OCFS Topics	CDA Areas	CBK Areas
First Aid / CPR	5	\$75	2, 4	—	5
Orientation	NA	\$10	NA	NA	NA

<b>CORE COMPETENCY AREAS</b>	1. Child Growth and Development
	2. Family and Community Relationships
	3. Observation and Assessment
	4. Environment and Curriculum
	5. Health, Safety, and Nutrition
	6. Professionalism and Leadership
	7. Administration and Management

<b>OCFS TOPICS</b>	1. Principles of Child Development
	2. Nutrition and Health Needs of Infants and Children
	3. Program Development
	4. Safety and Security Procedures
	5. Business Record Maintenance and Management
	6. Child Abuse and Maltreatment Identification & Prevention
	7. Statutes and regulations pertaining to child daycare
	8. States & Regs pertaining to Child Abuse & Maltreatment
	9. Shaken Baby syndrome

### Educational Incentive Program (EIP)

The Educational Incentive Program is sponsored by the NYSOCFS & funded by the federal Child Care and Development Fund and administered by the Professional Development Program (PDP), Rockefeller College, University at Albany.

The following grants and scholarships are available to child care providers:

- **College Credit, Non-Credit Bearing and Credential Training:** to assist child care providers in paying for the professional development training and education they need to provide quality care to children
- **Cardiopulmonary Resuscitation (CPR) and First Aid (FA):** Component of EIP to assist income eligible providers offset the cost of becoming certified in CPR/FA.
- **The MAT Rebate Program:** For day care facilities to offset the cost of the training to certify staff to administer medication in a child care setting.

**Apply online at: [www.ecetp.pdp.albany.edu/apply.shtm](http://www.ecetp.pdp.albany.edu/apply.shtm)**

## Focus on the Regulations

### Review Regulations @ ocfs.ny.gov

#### FDC & GFDC

- .3(d)** A temperature of at least 68° degrees Fahrenheit must be maintained in all rooms to be occupied by children.
- .4(h)(4)** All paths of egress on the interior and exterior of the home, including corridors, aisles and approaches must be kept free of obstructions, impediments and debris at all times.
- .5(c)** Portable electric heaters or other portable heating devices, regardless of the type of fuel used, may not be used in rooms accessible to the children.
- .7(h)** Programs must offer daily supervised outdoor play, except during inclement or extreme weather or unless otherwise prohibited by a health care provider. Parents may request and programs may permit children to remain indoors during outdoor play time so long as such children will be supervised by an approved caregiver.

#### DCC & SACC

- .3(d)** A temperature of at least 68 degrees Fahrenheit must be maintained in all rooms to be occupied by children.
- .4(f)(2)** All corridors, aisles, and approaches to exits must be kept unobstructed at all times.
- .5(c)** Portable electric heaters or other portable heating devices, regardless of the type of fuel used, may not be used in child day care centers / school-age child care programs.
- 418-1.7(k)** Daily supervised outdoor play is required for all children in care, except during inclement or extreme weather or unless otherwise ordered by a health care provider. Parents may request and programs may permit children to remain indoors during outdoor play time so long as such children will be supervised in accordance with section 418-1.8 of this Subpart.

## From the Desk of the Registrar

As the evenings get darker and the weather gets colder, I would like to remind everyone of a few regulations (some are listed above) that coincide with the colder weather.

- You must maintain a temperature of 68°F in all rooms occupied by children.
- Make sure the nap areas are free from drafts.
- Portable heaters of any type (including EdenPUREs) are NOT allowed in rooms occupied by children in FDC nor GFDC programs; they are NOT allowed at all in DCC nor SACC programs.
- Make sure walkways stay clear of ice and snow as the temperatures continue to drop!
- Check your shelter in place supplies and make sure your flashlight is charged.
- If you didn't check your smoke detector batteries when you the time changed, now is as good of a time as any to make sure your smoke and carbon monoxide detectors are working!
- See page 10 or visit recalls.gov to make sure your fire extinguisher was not recalled.
- Remember daily outdoor play is required. Bundle up and get the children outside, especially when it snows!

Happy winter and stay safe!

Theresa Murdock-Marin,  
Registrar

## Dear Jodi

Dear Jodi,

I have always participated in CACFP and kept written menus, which also had my attendance.

Now with CACPP going online, can I keep my attendance online in KidKare, as well? Is there anything else I should be documenting?

### Having documentation nightmares

#### Dear Having documentation nightmares,

For CACFP purposes you should not enter time in and out on your online menus.

However, for regulatory compliance you need to have attendance and daily health checks completed every day.

Children's daily attendance should be marked with their arrival time at the time of arrival, and departure time at the time they leave. In other words, your attendance should accurately depict the children in care at any given moment. This is also essential for emergencies to make sure every child is accounted for. Attendance should also be used to verify each child by name, and not just a head count in an emergency—this is especially important in child care centers and school age child care programs.

Keeping the children's date of birth (DOB) on the attendance form, there is a space for DOB on OCFS Child Attendance Sheet will save you some time when the licenser or registrar visit your program, as they are required to list the name and DOB of all children present at the time of inspection.

Hope this helps!

Jodi

## OCFS Child Care Forms

Required OCFS forms are available on their website at <http://ocfs.ny.gov/main/documents/docsChildCare.asp>.

Please make sure you are using the most current version of the forms. When you run out of forms, print new ones directly from the website, or go to <http://ocfs.ny.gov/main/documents/docs%20Pubs.asp> and you can order free copies using the order form.

## Legally Exempt News

### **\*\*NEW\*\* Mandatory/Required Health & Safety for Legally Exempt Providers**

You are **ONLY** exempt if you are the child/ren's:

- Grandparent or Great-grandparent,
- Sibling AND living in a separate residence
- Aunt/Uncle

**ALL other providers were required to complete training by 9/30/17.**

There are two OCFS approved training options:

1. Online "e-Learning"—Foundations in Health & Safety
  - ⇒ FREE
  - ⇒ Self paced
  - ⇒ Go to [www.ecetp.pdp.albany](http://www.ecetp.pdp.albany)
2. Classroom training: Health & Safety for Legally Exempt providers
  - ⇒ \$210.00
  - ⇒ Training dates to be announced
  - ⇒ Contact Lee at the Council (845) 292-7166 X302 for more information

### **Congratulations to**

Legally Exempt providers who completed Foundations in Health & Safety e-learning!

### **Way to go!!**

**\*Remember to submit a copy of your certificate to Lee at [lbrown@scchildcare.com](mailto:lbrown@scchildcare.com) or PO Box 186 Ferndale, NY 12734.**

**No payments will be issued if training requirements are not met within application period.**

## NY Works for Children/ASPIRE

It's the moment you have all been waiting for...

**As of this week, you are now able to upload documents directly to your Aspire profile!** No more photocopies, and no more mail. Now, when you are ready to update your profile, just enter your new information, upload your documents directly to the system and click submit. It's that easy!

**NEW RENEWAL POLICY** Additionally, we are modifying our renewal process. Previously, we required that members log in once a year to review and renew your membership. **Now, as long as you are updating your profile regularly, you will no longer be required to renew your membership!** Don't worry, we'll still send you a few reminders to keep your profile up-to-date, but only members who have not updated their profile in 12 months will be asked to renew their membership.

As always, please feel free to reach out to us with any specific questions about The Aspire Registry by emailing us at [info@nyworksforchildren.org](mailto:info@nyworksforchildren.org).

## Child Care Time & Attendance (CCTA)

Please help us welcome our newest web-based users:

**Congregation Yaldainu**

**Curious Cub Daycare**

**Heathers Child's Place**

**New Hope Manor**

**Playtime Daycare**

**Yaldainu At Berdichev, Inc.**

Submit your timesheets online with the Child Care Time & Attendance (CCTA) System!

We encourage all providers to submit timesheets through the web-based system, CCTA.

There are several **benefits to using CCTA** web-based provider portal such as:

- ⇒ Eliminate the cost of shipping, mailing and purchasing paper products and postal supplies.
- ⇒ Eliminate time delay of using the postal service.
- ⇒ TRACK PAYMENTS ON A DAILY BASIS.

If you are interested in submitting your timesheets online, please call Lee at (845) 292-7166 x302.

## Legally Exempt Child Care Rates

Standard Without training	Under 2 yrs	2 yrs	3-5 yrs	6-12 yrs
<b>Weekly</b>	\$98	\$98	\$98	\$93
<b>Daily</b>	\$21	\$20	\$20	\$20
<b>Part Day</b>	\$14	\$13	\$13	\$12
<b>Hourly</b>	\$3.25	\$3.25	\$3.25	\$3.25

Enhanced With training	Under 2 yrs	2 yrs	3-5 yrs	6-12 yrs
<b>Weekly</b>	\$105	\$105	\$105	\$100
<b>Daily</b>	\$23	\$21	\$21	\$21
<b>Part Day</b>	\$15	\$14	\$14	\$14
<b>Hourly</b>	\$3.50	\$3.50	\$3.50	\$3.50

LE Group Child Care	Under 2 yrs	2 yrs	3-5 yrs	6-12 yrs
<b>Weekly</b>	\$0	\$0	\$135	\$128
<b>Daily</b>	\$0	\$0	\$29	\$28
<b>Part Day</b>	\$0	\$0	\$19	\$19
<b>Hourly</b>	\$0	\$0	\$5.63	\$5.25

## Product Recalls

[www.cpsc.gov](http://www.cpsc.gov)

### Kidde Recalls Fire Extinguishers with Plastic Handles Due to Failure to Discharge and Nozzle Detachment: One Death Reported

**Recall date:** November 2, 2017

**Recall number:** 18-022

**Hazard:** The fire extinguishers can become clogged or require excessive force to discharge & can fail to activate during a fire emergency. In addition, the nozzle can detach with enough force to pose an impact hazard.

**Remedy:** Consumers should immediately contact Kidde to request a free replacement fire extinguisher and for instructions on returning the recalled unit, as it may not work properly in a fire emergency.

**Description:** This recall involves two styles of Kidde fire extinguishers: plastic handle fire extinguishers and push-button Pindicator fire extinguishers.

**Plastic handle fire extinguishers:** The recall involves 134 models of Kidde fire extinguishers manufactured between 1/1/73 & 8/15/17. The extinguishers were sold in red, white and silver, and are either ABC- or BC-rated. The model number is printed on the fire extinguisher label.

**Push-button Pindicator fire extinguishers:** The recall involves eight models of Kidde Pindicator fire extinguishers manufactured between 8/11/95 and 9/22/17. The no-gauge push-button extinguishers were sold in red and white, and with a red or black nozzle.

**Recall information for fire extinguishers used in RVs and motor vehicles can be found on NHTSA's website.**

**Incidents/Injuries:** The firm is aware of a 2014 death involving a car fire following a crash. Emergency responders could not get the recalled Kidde fire extinguishers to work. There have been approximately 391 reports of failed or limited activation or nozzle detachment, including the fatality, approximately 16 injuries, including smoke inhalation & minor burns, & approximately 91 reports of property damage.

**Consumer Contact:** Kidde at 855-271-0773 or online at [www.kidde.com](http://www.kidde.com) & click on "Product Safety Recall" for more information.

### PlanToys Recalls Baby Gyms Due to Strangulation Hazard

**Recall date:** October 25, 2017

**Recall number:** 18-016

**Hazard:** Babies can strangle on the side rope crossbars on the baby gyms.

**Remedy:** Consumers should immediately stop using the baby gyms and contact PlanToys for a free replacement baby gym.

**Description:** This recall involves PlanToys baby gyms that are set on the floor for babies. The wooden gyms are tan & have four legs with four different color balls in the middle that are connected by two ropes on the sides. The manufacturing date code TH 080116 through TH 082916 is printed on the top corner joint connecting ball.

**Incidents/Injuries:** None reported

**Consumer Contact:** PlanToys toll-free at 866-517-7526, email at [Michael@plantoyinc.com](mailto:Michael@plantoyinc.com) or online at [www.plantoyusa.com](http://www.plantoyusa.com) & click on Safety at the bottom of the page.

### Fisher-Price Recalls Infant Soothing Motion Seats Due to Fire Hazard

**Recall date:** October 24, 2017

**Recall number:** 18-015

**Hazard:** The motor housing can overheat, posing a fire hazard.

**Remedy:** Consumers should immediately stop using the recalled Soothing Motions Seats & contact Fisher-Price for a full refund.

**Description:** This recall involves Fisher-Price Soothing Motions Seats with model numbers CMR35, CMR36, CMR37, and DYH22 & Smart Connect Soothing Motions Seats with model number CMR39. The model number is located on the underside of the motor housing.

**Incidents/Injuries:** Fisher-Price has received 36 reports of the product overheating, including one report of a fire contained within the motor housing. No injuries have been reported.

**Consumer Contact:** Fisher-Price at 800-432-5437, or online at [www.service.mattel.com](http://www.service.mattel.com) & click on Recalls & Safety Alerts.

## Child Safety Seat Recalls

[www.recalls.gov/nhtsa.html](http://www.recalls.gov/nhtsa.html)

Diono is recalling certain Radian R100, Radian R120, Radian RXT, Olympia, Pacifica, and Rainier convertible and booster car seats. When the seat is secured to the car using the lap belt without also using the top tether, the seat may not adequately protect the child from injury in the event of a crash. As such, these child seats fail to conform to the requirements of Federal Motor Vehicle Safety Standard (FMVSS) number 213, "Child Restraint Systems." If the seat is installed with only the lap belt, the child has an increased risk of a chest injury in the event of a crash. Diono will notify owners, and provide a free remedy kit with an updated instruction manual, an energy absorbing pad, as well as a new chest clip, free of charge. The recall is expected to begin November 22, 2017. Owners may contact Diono customer service at 1-253-256-9939.

**Britax Child Safety, Inc.** (Britax) is recalling certain B-Safe 35, B-Safe 35 Travel Systems, B-Safe 35 Elite, B-Safe 35 Elite Travel Systems and BOB B-Safe rear-facing infant child safety seats, model numbers E1A183F, E1A185M, E1A185P, E1A186R, E1A203F, E1A205M, E1A205P, E1A206X, E1A206Z, E1A207E, E9LU65V, E9LU66X, E9LU66Z, E9LU67D, E9LU67E, EXA185M, S02063600, S02063700, S03803400, S03803500, S03803700, S03803800, S03803900, S04144400, S04144500, S04144600, S04145000, S04402800, S04884200, S04884300, S04975600, S04978900, S05260200, S06020300, S06020400, S06020500, S06020600, S06020700, S06020800, S06020900, S06147100, S921800, E1A215T, E1A215U, E1A216P, E1A221Q, E1A225C, E1A225U, E1A226L, E9LS51Q, E9LS56C, E9LS56L, E9LS57F, E9LS57G, E9LS57H, EXA216L, S01298600, S02063800, S02063900, S02064000, S04281200, S04281300, S04628500, S06018800, S06020000, S06020200, S923700, E9LT34A, E9LT34C, E9LT35X and EXLT34A. The affected child safety seats have a center tab on the chest clip marked "ABS" that may break. The broken tab may present a choking hazard to an infant in the car seat, increasing the risk of injury. Britax will notify owners and will provide a replacement chest clip marked "PC", free of charge. The recall is expected to begin June 21, 2017. Owners may contact Britax at 1-833-474-7016 or visit [www.bsafes35clip.com](http://www.bsafes35clip.com).

## Child Care Council Info

**Normal Business Hours**  
Monday-Friday 8:30am-4:30pm

We are available for assistance in person:  
**7 Community Lane, Liberty, NY 12754,**  
Mail: **PO Box 186, Ferndale, NY 12734.**

Staff members can be reached by telephone at  
**(845) 292-7166**, or toll free: **(877) 292-7190.**

## Average Weekly Cost of Child Care

	Family Child Care	Group Family Child Care	Day Care Center
<b>6wks-18mos</b>	n/a	n/a	\$205
<b>6wks-24mos</b>	\$200	\$175	n/a
<b>18mos-36mos</b>	n/a	n/a	\$204
<b>3y-5y</b>	n/a	n/a	\$187
<b>2yrs-5yrs</b>	\$200	\$175	n/a
<b>5y-12y</b>	\$173	\$175	\$184

## Prospective Child Care Providers

If you are interested in becoming a child care provider please visit <http://ocfs.ny.gov/main/childcare/techreq.asp> for a **free online Child Care Provider Orientation** and to request an application.

If you prefer to attend a face to face orientation session providing the opportunity to ask direct and specific questions to the Registration Coordinator, you may attend\* one of the following Orientation Sessions:

**Wednesday, January 17, 2018, 5:30 pm**  
**Wednesday, March 21, 2018, 10:30 am**

\*There is a nominal **fee of \$10.00 for a face to face session.** All are held at the Sullivan Co Child Care Council, in Liberty. You must register for the face to face by calling (845) 292-7166 or to [info@scchildcare.com](mailto:info@scchildcare.com).

**We need Child Care Providers!**  
**Specifically for children ages**  
**6 weeks to 12 months old in the**  
**Liberty, Monticello & Fallsburg areas**  
**& 3pm—11pm and weekend shifts.**

**Please call 845-292-7166 to attend a child care orientation or visit [ocfs.ny.gov](http://ocfs.ny.gov) and click on Become a Provider for more information & the free online orientation.**

## Child Care Programs in Sullivan County

Township	OCFS Registered/Licensed Child Care Programs				Private Schools	7/1/17-9/30/17 Requests for Care
	Day Care Centers (DCC)	Family Day Care Homes (FDC)	Group Family Day Care Homes (GFDC)	School-Age Child Care (SACC)		
Bethel	0	0	0	0		0
Callicoon	0	3	2	0		9
Cochecton	0	0	0	0		3
Delaware	0	2	0	0		3
Fallsburg	2	6	1	0		37
Forestburgh	0	0	0	0		0
Fremont	0	0	0	0		0
Highland	1	1	0	0		1
Liberty	2	8	2	2	1	66
Lumberland	0	0	1	0	1	1
Mamakating	1	0	0	1		3
Neversink	0	0	1	2		23
Rockland	0	0	0	0		7
Thompson	6	2	5	3	1	58
Tusten	0	1	0	0		0
<b>Totals</b>	<b>12</b>	<b>23</b>	<b>12</b>	<b>8</b>	<b>3</b>	<b>209</b>

## Sullivan County Child Care Council, Inc. 2018 Donation Form

### Professional Supporter (Check One)

(Eligible for reduced training costs.)

- \$35 Family Day Care Provider (\$25 if participate in CACFP)
- \$50 Group Family Day Care (\$40 if participate in CACFP)
- \$125 Day Care Center / SACC (\$100 if participate in CACFP)
- \$25 Legally-Exempt Provider (\$15 if participate in CACFP)

### Community Supporter (Check One)

- \$50 Advocate  \$100 Sponsor\*  Other\* \_\_\_\_\_

Name/Organization: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

### Mail Form & Payment To:

Sullivan Co Child Care Council, Inc.  
PO Box 186, Ferndale, NY 12734

\*Please submit a business card with your donation of \$100 or more.  
Donations are non-refundable.

Thank you for your financial support; it helps families gain access to quality and affordable childcare!

Hours of Operation: Monday-Friday 8:30am-4:30pm



Sullivan County  
Child Care Council, Inc.  
P.O. Box 186  
Ferndale, NY 12734

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“Creativity is intelligence having fun.” —Albert Einstein

**Sullivan County  
Child Care  
Council, Inc.  
Board Members**

**Darlene Beiling**

**Susan Dollard**

**Bob Eddings**

**James Farrell**

**Tony Harvey**

**Jodi Kane**

**Kulli Kask**

**Elizabeth Kubenik**

**Regina McKenny-Snead**

**Robin Meddaugh**

**Laura Quigley**

**Nora Rauch**

**April Rodriguez**

**Dr. Jeffrey Weinstein**



Phone: (845) 292-7166  
Toll free: (877) 292-7190  
Fax: (845) 292-1755

Email: [info@scchildcare.com](mailto:info@scchildcare.com)  
Hours of Operation:  
Monday - Friday 8:30-4:30

**We have several openings for Council Committee members.** We are seeking members who could fulfill underrepresented areas such as, parents (who have children in child care); those who have expertise in marketing or insurance; those who are familiar with child care subsidy system and those who could represent our Hispanic community. **Support the Council by serving on a committee! Please contact us at [info@scchildcare.com](mailto:info@scchildcare.com)!**

**Caregiver News**

Caregiver News is published quarterly by the Sullivan County Child Care Council, Inc: Executive Director, **Donna Willi** and Editor, **Theresa Murdock-Marin**. Sullivan County Child Care Council, Inc is a not-for-profit corporation which offers direct and supportive services to all members of the community. The Sullivan County Child Care Council, Inc. provides equal program and employment opportunities.

**The Council Staff**

**Donna Willi**  
Executive Director

**Pamela DeMarmels**  
Subsidy Specialist II

**Lee A. Brown**  
Legally Exempt  
& Subsidy Coordinator

**Tanya Hubbert**  
Program Support Specialist

**Theresa Murdock-Marin**  
Registration Coordinator

**Aimee Pittaluga**  
CACFP Coordinator  
& TA Specialist

**Kelsey Stoddard**  
Services Specialist