



# CAREGIVER NEWS



WINTER ISSUE 2011

A Publication of Sullivan County Child Care Council, Inc.

## Emergency Preparedness



### Home Hazard Hunt

In a disaster, ordinary items in the home can cause injury and damage. Anything that can move, fall, break or cause a fire is a potential hazard.

- \* Repair defective electrical wiring and leaky gas connections.
- \* Fasten shelves securely and brace overhead light fixtures.
- \* Place large, heavy objects on lower shelves.
- \* Hang pictures and mirrors away from beds.
- \* Strap water heater to wall studs.
- \* Repair cracks in ceilings or foundations.
- \* Store weed killers, pesticides and flammable products away from heat sources.
- \* Place oily polishing rags or waste in covered metal cans.
- \* Clean and repair chimneys, flue pipes, vent connectors and gas vents.

### If You Need to Evacuate

- \* Listen to a battery powered radio for the location of emergency shelters. Follow instructions of local officials.

- \* Wear protective clothing and sturdy shoes.
- \* Take your Disaster Supplies Kit.
- \* Lock your house.
- \* Use travel routes specified by local officials.

*If you are sure you have time ...*

- \* Shut off water, gas and electricity, if instructed to do so.
- \* Let others know when you left and where you are going.
- \* Make arrangements for pets. Animals may not be allowed in public shelters.

### Prepare an Emergency Car Kit

Include:

- \* Battery powered radio, flashlight and extra batteries
- \* Blanket
- \* Booster cables
- \* Fire extinguisher (5 lb., A-B-C type)
- \* First aid kit and manual
- \* Bottled water and non-perishable high energy foods such as granola bars, raisins and peanut butter
- \* Maps, Shovel, Flares
- \* Tire repair kit and pump

### Fire Safety

- \* Plan two escape routes out of each room.
- \* Practice fire drills at least twice a year.
- \* Teach family members to stay low to the ground when escaping from a fire.
- \* Teach family members never to open doors that are hot. In a fire, feel the bottom of the door with the palm of your hand. If it is hot, do not open the door. Find another way out.
- \* Install smoke detectors on every level of your home. Clean and test them at least once a month. Change batteries at least once a year.
- \* Keep a whistle in each bedroom to awaken household in case of fire.
- \* Check electrical outlets. Do not overload outlets.
- \* Purchase and learn how to use a fire extinguisher (5 lb., A-B-C type).
- \* Have a collapsible ladder on each upper floor of your house.
- \* Consider installing home sprinklers.

The Federal Emergency Management Agency's Community and Family Preparedness Program and the American Red Cross Community Disaster Education Program are nationwide efforts to help people prepare for disasters of all types. For more information, please contact your local emergency management office and American Red Cross chapter. This brochure and other preparedness materials are available by calling FEMA at 1-800-480-2520, or writing: FEMA, P.O. Box 2012, Jessup, MD 20794-2012.

Source: Emergency Prep.Cklist (F) 4 4/28/97,

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# Featured Agency: Sullivan County Public Health

## Is Your Child Care Setting Prepared for an Emergency/Disaster?

A Disaster or emergency can happen at any time and can happen to anyone of us. They are typically unplanned and shocking. A Disaster or emergency can be: an epidemic, a flood, a winter storm, a hurricane, a tornado, an earthquake, a fire, a terrorist attack or even a power outage. Therefore, being properly prepared ahead of time can guide you to respond calmly and appropriately; this can help save both time and lives. Remember, as a child care provider, you are responsible for the safety of yourself and the children in your care.

Answering the questions below will help you to plan steps to prepare your child care setting in the event of an emergency or disaster.

Take the time and think about the following three (3) questions:

### 1. Does your child care setting have emergency/disaster plans?

- Having a plan can help you be prepared before an emergency or disaster occurs. The plan should be updated, practiced, and/or trained for routinely.

### 2. Are emergency/disaster drills practiced regularly at your child care setting?

- In preparing for an emergency/disaster, the regular practice of emergency/disaster drills is important for both the adults and the children in your care.

### 3. As a child care provider, do you know your role in an emergency?

- The staff at your child care setting should know what their role will be in the event of an emergency/disaster. Each staff's role should be written down, discussed and the position that each person will take in an emergency/disaster should be practiced.
- To avoid confusion, there should be only one person chosen as the "leader" in charge of everyone (Incident Command System). A back-up person should also be picked for the "leader" position to take over in the event the first leader is not there.
- Communication with the families of the children in your care is a high priority. Families should be aware of your disaster plans. The families should know how to contact you and you should know how to contact the family in case of an emergency/disaster.
- An example is to keep emergency contact information cards on file and update at least every three months.

### Other ways to be Prepared for an Emergency/Disaster

1. STOCK UP on at least three to five days of emergency supplies, like water, non-perishable food; battery operated radio, extra batteries, flashlights, and medical supplies!

FOR A COMPLETE LIST VISIT [WWW.READY.GOV](http://WWW.READY.GOV)

2. STAY INFORMED – Pay attention to the news; know your local radio and TV stations; subscribe to the free [NYALERT.GOV](http://NYALERT.GOV) for all alert notifications.

For further information contact: Beth Gilmore, RN, Health Emergency Planner,  
Sullivan County Public Health Services, 845- 292-5910, ext. 2211.

References and Resources: Office of Homeland Security, [www.ready.gov](http://www.ready.gov).

## Please Welcome Our Newest Staff Members:

*Christy, Pamela & Samantha*

### **Christy Conti Hernandez, Training Specialist**

Christy joined the team of the Sullivan County Child Care Council, Inc. in September 2011 and has assumed the role of Training Coordinator. She graduated from the State University of New York at Binghamton earning a Bachelor's Degree in Human Development. Her most recent work experience includes work as a Service Coordinator with the Sullivan County Early Intervention Program. Christy currently lives in Liberty with her husband Pedro, six-year old son Matthew, six-year old daughter Gracie, and three-year old son Christian. She is excited about her new role and is looking forward to working with the child care providers throughout Sullivan County.

### **Pamela DeMarmels Subsidy Specialist II**

Pamela was welcomed as a new part-time employee of the Sullivan County Child Care Council, Inc. in November 2011. Born and raised in Sullivan County, Pamela graduated from Tri-Valley Central School and attended college at the Ohio State University in Columbus, Ohio. Pamela is also employed by the County of Sullivan, where she has worked in the Office of Audit and Control for the past 15 years and is the Accounts Payable Coordinator. Her position here at the Child Care Council will primarily entail the processing and calculation of child care vouchers within the NYS OCFS Child Care Time and Attendance System.

(Meet Samatha on page 9.)

## A Note From the President of the Board, Bob Eddings

The topic of Emergency Preparedness is pertinent. It was quite a fall we endured together. I watched Hurricane Irene wreak havoc across the Catskills and the Northeast. My home, the Frost Valley YMCA, was hit particularly hard. More recently, the early snow and ice practically shut down much of Northern New Jersey, with power outages for over a week. No one is ever fully ready for the events listed above or the other crises that may affect our communities and businesses; but those who land of their feet typically took time to be prepared.

I imagine the long lines at a grocery store when I think about emergency preparedness. Access to canned goods, bottled water, gasoline and batteries to help us weather the storm and power outages. I have heard that you are supposed to fill the bathtub with water, fill the freezer with ice, and test the flashlights and generators and restock the first aid kits. The physical part of being prepared takes time and money, but most people will tell you it is well worth while.

I believe we often overlook the mental component of being prepared. Hurricane Irene battered our area and as the flooded, rushing rivers moved rocks, destroyed fields and roads and pulled an entire building into the Neversink River. At this time, the Frost Valley YMCA was hosting 100 guests, waiting for 500 additional guests to arrive and home to over 100 staff. As the storm progressed, we realized this was becoming a true emergency. All eyes turned to our leader and CEO, Jerry Huncosky. And for over a week, he led, motivated, guided, role-modeled and pushed our staff to take care of

guests, our camp and ourselves. Jerry was mentally prepared to take control of this emergency. His steady hand, rational thinking, and calm, clear directions helped us all to be focused on what we truly needed to do. We were not allowed to panic or worry—there were far too many other things that needed to get done; we did not because he did not. He had a plan. If Jerry was not mentally prepared to deal with emergencies, our outlook would be dimmer and our recovery would be lagging. Instead, we were able to welcome coach buses full of students back to Frost Valley on September 11<sup>th</sup>.

So, what does this mean to you, the leaders of your child care operations? Emergencies come in many packages—a cooking fire, injured child, all your staff calling out sick, a drunk parent trying to sign out their child from your program, angry parents arguing over a custody issue at your site, and so on. Think out the potential emergencies and write a few notes on how you would deal with them. If you can, take the time to type them up and share them with peers to make sure your plan is sound. After the fatal 9/11 incidents, we came up with a potential terrorist plan. While this might sound silly, it is far better to have thought out your plan with a clear, rational head than to try to create you plan in the middle of your emergency. Remember, all eyes are on you during a crisis. So, while it is important to have your water, canned goods and extra batteries, it is equally important to lead your program through the emergency.



*Wishing everyone  
a beautiful &  
healthy  
holiday season &  
a safe & happy  
New Year!*

### Winter Word Search

G	V	S	S	F	F	E	T	Y	E	R	D	Q	S	Q
V	N	T	C	L	U	T	P	K	S	E	Y	A	K	N
Z	A	I	U	J	E	A	A	D	L	T	T	X	K	I
Q	C	R	D	E	O	L	X	A	E	N	A	Y	S	B
S	R	E	L	R	F	O	U	L	D	I	C	Q	F	Z
Y	H	S	L	W	A	C	H	S	D	W	Y	X	N	L
D	W	O	O	C	O	O	B	L	I	Z	Z	A	R	D
T	E	N	V	L	I	H	B	Z	N	N	M	S	F	N
R	S	C	D	E	Y	C	H	W	G	W	L	F	R	S
O	K	C	E	Y	L	T	I	G	O	I	A	D	O	B
F	I	L	C	M	A	O	K	N	P	N	T	G	S	M
W	I	E	A	X	B	H	S	P	I	T	S	I	T	Z
O	N	I	C	F	X	E	E	T	A	K	S	E	C	I
N	G	E	B	J	Q	R	R	J	A	N	U	A	R	Y
S	U	E	O	Y	Y	N	E	Z	O	R	F	R	N	S

BLIZZARD  
COLD  
DECEMBER  
FLURRY  
FROST  
FROZEN  
HOT CHOCOLATE  
ICE SKATE  
ICICLE  
JANUARY  
SHOVEL

SKIING  
SLEDDING  
SLEET  
SLIPPERY  
SNOWBOARDING  
SNOWFLAKE  
SNOW FORT  
SNOWMAN  
WINTER

Super Teacher Worksheets - <http://www.superteacherworksheets.com>



## Medication Administration Training (MAT) Info

Only topical ointments, sunscreens and repellents are legally permitted to be applied in a child care setting without a license or registration to administer medication. Join us at the Council for MAT with Nurse Lisa, to allow your program to be able to administer medications in times of need.

**Saturday, March 10, 2012, 8:00am - 5:00pm  
@ Council (845) 292-7166**

There is a minimum class size of 5 and a maximum class size of 8. *Please return your **registration form and payment 7 days before the date of the training** to reserve your seat!*

MAT grant applications (**up to \$100 reimbursement**) can be obtained online at [www.ecetp.pdp.albany.edu/mat.shtm](http://www.ecetp.pdp.albany.edu/mat.shtm) or contact the SUNY MAT Grant Program at **800-295-9616** or [mat@pdp.albany.edu](mailto:mat@pdp.albany.edu).

## Congratulations and Bravo

To the providers who have previously received their license to administer medication:

### Best Friends Services

**Nancy Braidt: Kidz Next Door Day Care**

**Jody Bruno-Rysdyke: Giggle-N-Grow, Inc.**

**The Center for Discovery**

**Jessica Dean**

**Easter Seals of New York**

**Andrea Garrett**

**Deborah Gubiotti**

**Diane Harvey: J&C First Steps**

**Little People's Express**

**Rachel's Angels Day care: Rachel Lindsley**

**Marlena Pittaluga-Egan: Marlena's Family Daycare**

**Precious Child Care II**

**Leara Tausk: Sunny Days Preschool**

**Twin Bridge Play School Inc.**

**Kristy Strang**

**Sullivan County Head Start: (All locations)**

**YMCA of Middletown (Nana's House)**

Obtain your MAT Certification with a new independent at home study program and a short testing period done with a SUNY MAT instructor.

For more information visit [www.ecetp.pdp.albany.edu/mat.shtm](http://www.ecetp.pdp.albany.edu/mat.shtm) or contact our MAT Trainer, Lisa Sauer, @ [NURSELISAUER@aol.com](mailto:NURSELISAUER@aol.com).

## Message From Nurse Lisa

### Emergency Prepare Your Vehicle

Emergency preparedness has gained much deserved attention in the last decade. There are numerous websites that have plans already developed for daycare and family settings, just search the Internet for "emergency preparedness daycare setting." It would be prudent for every family and business to develop a plan of action in case of an emergency. It is important to keep your vehicle prepared as well; it may be your method to escape from danger and find safety. Fuel should always stay above the half-way mark, and you may consider keeping back up fuel in an approved storage container in a secure area. Year round items for your trunk: Flashlight, extra batteries, jumper cables, blankets, flares or caution triangles, paper towels, white cloth, drinking water, nonperishable snacks, extra clothing, first aid kit, basic tool kit. In glove box: mobile phone/charger, auto safety hammer, belt cutter, and beacon light. In winter add: Ice scrapper/brush, snow shovel, salt-sand or cat litter, window washer, gloves, hat, and extra boots. Also, never leave your vehicle running in an enclosed space and be very careful that the tailpipe is clear of snow and has adequate space around it; if a vehicle is idling even outside, a blocked tailpipe can result in carbon monoxide inside the vehicle cab. Take twenty minutes to inventory what is missing from your vehicle and add it. It could save your life. An old proverb quote says, "A good plan today is better than a perfect plan tomorrow."

Have a safe and wonderful holiday season!

### MAT Renewal

You must renew your MAT Certificate every three years, **prior to the expiration date.**

Please visit the following website for specific information and direction on renewing your MAT Certificate [www.ecetp.pdp.albany.edu/mat.shtm](http://www.ecetp.pdp.albany.edu/mat.shtm).

You may also contact our Health Care Consultant Lisa Sauer at [nurselisa-sauer@aol.com](mailto:nurselisa-sauer@aol.com), or call the Council at (845) 292-7166.

# Child and Adult Care Food Program (CACFP)

**WELCOME NEW CACFP MEMBERS:** Leara Tausk, Christine Elvin-Gafuri

The following providers have become

**“Breastfeeding Friendly Child Care Homes”**

and have received their 2 year certificate from NYSDOH:

Ellie Reed, Ali Granito, Terri Pellam, Jessica Dean, Marlena Pittaluga-Egan

Diane Harvey, Elizabeth Rivera-Corchado, Stacey Budd, Tara Poje, Kristy Strang

*THANK YOU for your continued support of mothers who choose to breastfeed and continue to breastfeed when they return to work or school. To get more information or to see if your provider participates call Aimee Pittaluga (845) 292-7166 x306.*

## Preparing Food Safety and Storage for Emergency

Below are some tips for planning ahead for such emergencies as a tornado, an ice storm, a flood, blizzard, a power failure, or an illness that would prevent you from getting to the store.

### Safe Food Tips

- Don't eat foods from damaged containers.
- Don't leave cooked or opened cans of food at room temperature longer than 2 hours.

To keep food safe and avoid food-borne illness, you will need to know what foods to store and how to handle food afterwards. Experts advise keeping a three-day supply of food and water on hand, per person.\*

- Stock foods that require no refrigeration.
- Store foods your family normally eats, plus favorite treats. A crisis is not the time to learn to eat new foods.
- Avoid too many foods high in salt; this will increase thirst.
- Store single servings or one-meal size to avoid leftovers, as refrigeration may not be available.
- Canned foods keep almost indefinitely as long as cans are undamaged. The can also will work as the cooking and serving dish. Open the can and remove the label before heating. Do not place metal cans in the microwave.

\* (Recommended by the Federal Emergency Management Agency (FEMA) and the American Red Cross.)

**Store one or two manual can openers with your emergency food supply.**

## Optimum Length of Storage for Quality and Nutrition

### Examples:

Fish, canned	18 months
Canned potatoes	30 months
Dehydrated potatoes	30 months
Canned fruits & vegetables	24 months
Canned fruit juice	24 months
Canned vegetable juice	12 months
Pickles	12 months
James and jellies	18 months
Rice, dried	24 months
Cornmeal	12 months
Pasta, dried	24 months
Cold breakfast cereal	12 months
Prepared flour mixes	8 months
Packaged dry beans, peas, & lentils	12 months
Canned evaporated milk	12 months
Dry milk products	24 months



Source: Utah State University Extension

### CACFP Reimbursement Information

is now recorded at extension 301. You can call at any-time and ask for ext. 301 or dial ext. 301 after hours to find out the most up to date information about checks and direct deposit.

### The Council is on Facebook!



Like us and you will see our news feeds on your home page. Just “like” us and you can see our information where we will post updates about current happenings at the Council!



Need health insurance for your kids?

Most kids in NYS are eligible for

**Child Health Plus** Premiums just \$0-\$215

1-800-453-4666

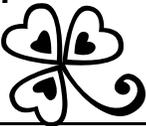
Se Habla Español



Maternal-Infant Services Network

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10 Legally Exempt Training @ Council Time TBA (More info p.9)	11	12	13	14
15	16 	17	18 Information Session 7:00pm @ Council (More info p.11)	19	20	21 Health & Safety Training @ Council 9a-3p
22	23 Chinese New Year Begins	24	25	26	27	28 Health & Safety Training @ Council 9a-3p
29	30	<b>January 2012</b>				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>February 2012</b>			1	2 	3	4 Health & Safety Training @ Council 9a-3p
5	6	7	8 Legally Exempt Training @ Council Time TBA (More info p.9)	9	10	11
12 	13	14 	15 Information Session 7:00pm @ Council (More info p.11)	16	17	18
19	20 	21	22 	23	24	25
26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>March 2012</b>				1	2	3
4	5	6	7	8	9	10 MAT Training 8a-5p @ Council
11 Daylight Savings Time Begins	12	13	14	15	16	17 
18	19	20 First Day of Spring	21 Information Session 7:00pm @ Council (More info p.11)	22	23	24
25	26	27	28	29	30	31

**\*\*Please Note\*\***

The Sullivan County Child Care Council, Inc. has developed the following training rules to ensure the most productive and enjoyable training experience for our providers. Please keep these rules in mind when attending a Council training:

- **Please arrive on time.** If you arrive more than 10 minutes late for the training, you will not be admitted.
- **No children** are permitted during training sessions.
- **In order to receive the full credit for the training, you must stay for the full training session.** If you need to leave early for any reason, you will not receive **any** credit for the training.
- **Please put cell phones/beepers on vibrate or silent mode.** If you need to take a call during the training, we ask that you please leave the training room so as to not disturb the rest of the group.

**Thank you very much. We appreciate your understanding and cooperation!**

OCFS Hrs/Topics Covered CDA CEU's/Topics Covered	Hrs/ CEU's	Non- Member/ Member Cost	1 1	2 2	3 3	4 4	5 5	6 6	7 7	8 8	9 9
<b>Health &amp; Safety</b>	15.0 1.5	\$250/ \$250	x	X		X	X x	X	X x	X	X
<b>Record Keeping, Legal &amp; Insurance</b>	2.5	\$20/ \$10					X				
<b>MAT</b>	8.0 0.8	\$160/ \$160		X		X					
<b>Keeping Children Safe (Online)</b>	1.5 0.15	Free	X x		X	X				X	
<b>Preventing SIDS &amp; Promoting Safe Sleep (Online)</b>	1 0.1	Free	X x		X x	X x				X	x
<b>Preventing SBS (Online)</b>	1.0 0.1	Free	X x			x	x				X
<b>Mandated Reporter Online Training</b>	2.0 0.2	Free							X		
<b>Managing Challenging Behavior</b>	1.5	Free	X								x

<b>OCFS TOPICS</b>	<ol style="list-style-type: none"> <li>1. Principles of Child Development</li> <li>2. Nutrition and Health Needs of Infants and Children</li> <li>3. Program Development</li> <li>4. Safety and Security Procedures</li> <li>5. Business Record Maintenance and Management</li> <li>6. Child Abuse and Maltreatment Identification &amp; Prevention</li> <li>7. Statues and regulations pertaining to child daycare</li> <li>8. States &amp; Regs pertaining to Child Abuse &amp; Maltreatment</li> <li>9. Shaken Baby syndrome</li> </ol>
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<b>CDA TOPICS</b>	<ol style="list-style-type: none"> <li>1. Planning a safe, healthy, learning environment</li> <li>2. Steps to advance children's physical and intellectual development</li> <li>3. Positive ways to support children's social and emotional development</li> <li>4. Strategies to establish productive relationships with families</li> <li>5. Strategies to manage an effective program operation</li> <li>6. Maintaining a commitment to professionalism</li> <li>7. Observing and recording children's behavior</li> <li>8. Principles of child development and learning</li> </ol>
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## Focus on the Regulations

As winter approaches please keep in mind that you must maintain two clear egresses (exit ways). Don't forget to check both doors to make sure they are free of ice and snow.

417.4(f) Children may be cared for only on such floors as are provided with readily accessible alternate means of egress which are remote from each other.

417.5(a) Suitable precautions must be taken to eliminate all conditions in areas accessible to children which pose a safety or health hazard.

Did you remember to check the batteries in your smoke and carbon monoxide detectors when you turned your clocks back?

417.4(c) Operating smoke detectors must be used in all family day care homes. There must be one smoke detector on each floor of the home. A smoke detector must be located outside each area used for naps. Where smoke detectors operate from electric power within the home, such detectors must have battery powered back-up energy source, or battery powered smoke detectors must be used as a back-up system.

## From the Desk of the Registrar

**Dear Providers,**

I just want to let everyone know that I have been very happy with the overall improvement I have seen over the past 3 years that I have been inspecting your programs.

It is very exciting for me to come into your programs with you more relaxed at the expectation we have for one another.

On that note, I will be starting to visit you to look at more specific aspects of your programming to allow you the opportunity for intensive technical assistance and program quality improvement; as the NYS quality rating system should be in place by 2013.

I thank you all for your hard work and dedication! I look forward to working more closely with you and watching your programs continue to grow and improve.

Best wishes to you and your families for a wonderful, happy, healthy holiday season and new year!

**Theresa Murdock-Marin**  
Registrar



Welcome to our  
newest provider:



*Chamaïne Wignall-House*

## Dear Jodi

**Dear Jodi,**

I would like to improve my program and I am not sure where to start. I am starting to feel like I need a change and the children seem bored with the environment.

I am also thinking ahead to QUALITYstarsNY and I would like to obtain the most stars possible for my program, but I am not sure what I need to do.

**Bored in Monticello**

**Dear Bored,**

It's always good to reevaluate your program so that you and your space are working up to your best capabilities. Self evaluation can be difficult. The Sullivan Co Child Care Council, Inc. can offer you intensive technical assistance to help with the evaluation and ideas and training for improving your program and use of space and understanding the NYS rating system requirements.

You can also contact the Infant/Toddler Specialist, Gwen Brown-Murray at (845) 425-0009 x613, who can also assist in the infant/toddler programming and evaluation.

Jodi

## From the Desk of Joe Romano, Fire Safety Representative

### Tips for Preparing for Emergencies

- \* Smoke detector and carbon monoxide detector batteries need to be replaced every time you change your clock.
- \* Carbon monoxide detectors need to be installed on all levels of the home and outside the bedrooms for your safety.
- \* Practice your escape plan for all emergencies.
- \* Winter is coming, keep flashlight, extra blanket, gloves, sand, rock salt and a shovel in your vehicles.
- \* Ensure vehicle tires are adequate for the winter roads.



## SUNY Video Conferences

The SUNY Video conferences are held at **Cornell Cooperative Ext. in Liberty**. Classes start at **6:45**, so please arrive on time. These are adult learning experiences. *No children, please.*

Keep checking in at :

<http://ecetp.pdp.albany.edu/schedules.shtm>  
for the release of the 2012 calendar!

Visit <http://ecetp.pdp.albany.edu/schedules.shtm>

**To register:** Complete the registration form online @ [www.tsg.suny.edu](http://www.tsg.suny.edu). Fax the registration to (518) 443-5941, or mail to: SUNY Early Childhood Education and Training Program, State University Plaza Albany, NY 12246-0001, or call (518) 443-5940.

### FREE ONLINE TRAINING

[www.ecetp.pdp.albany.edu/learn\\_catalog.shtm](http://www.ecetp.pdp.albany.edu/learn_catalog.shtm)

During these fully narrated courses trainees will learn important information on the stated topic. Learning points of the training are enhanced throughout using video clips and interactive exercises. As you complete each 10-15 minute section, the application saves your progress and allows you up to 30 days to complete the entire course.

#### Available Courses:

- \* Keeping Children Safe: Prevention of Lead Poisoning and Other Dangers to Children
- \* Preventing Sudden Infant Death Syndrome & Promoting Safe Sleep
- \* Prevents Shaken Baby Syndrome (SBS)
- \* Mandated Reporter Online Training
- \* Managing Challenging Behavior: Birth to 18 Months

See chart on p.7 for hours & topics covered.

## Legally Exempt Bulletin Board

**Please mark these 2012 dates on your calendar:**

**January 10**

**February 8**

**March 8**

**April 10**

**May 9**

**Times to be Announced.**

Standard Without training	0 - 1½ yrs	1½- 2yrs	3-5 yrs	6-12 yrs
<b>Weekly</b>	\$98	\$91	\$91	\$91
<b>Daily</b>	\$20	\$20	\$20	\$20
<b>Part Day</b>	\$13	\$13	\$13	\$13
<b>Hourly</b>	\$2.60	\$2.60	\$2.60	\$2.76

Enhanced With training	0 - 1½ yrs	1½- 2yrs	3-5 yrs	6-12 yrs
<b>Weekly</b>	\$105	\$98	\$98	\$98
<b>Daily</b>	\$21	\$21	\$21	\$21
<b>Part Day</b>	\$14	\$14	\$14	\$14
<b>Hourly</b>	\$2.80	\$2.80	\$2.80	\$2.98

The Sullivan County Child Care Council, Inc. offers free classes that are funded through a contract with the Sullivan County Dept. of Family Services. The trainings allow you to gain knowledge, as well as, earn or maintain hours towards the *enhanced pay rates*.

Do you still need more training hours? Please ask us about our Technical Assistance trainings

that can be conducted in your home to help obtain your hours.

All trainings will be held at the Sullivan County Child Care Council, Inc., 7 Community Lane, Liberty, NY. Parents Welcome! Sorry, no children.

Please call the Legally Exempt Coordinator, to sign up for a class, at (845) 292-7166 x 307.

## Please Welcome Samantha

### Samantha MacManus, Subsidy Specialist I

Samantha is a new member of the Sullivan County Child Care Council, Inc. as of November 2011. Prior to becoming part of the team, Samantha has worked in a runaway and homeless youth shelter as a social worker; as an individualized care coordinator for emotionally disabled youth in Putnam county under the Office of Mental Health's Home and Community Based Waiver Service, and as a case manager for the Green Chimney's Community Outreach center in Brewster, NY. She has also interned with the Putnam County Youth Borough and the Massachusetts Department of Social Services.

Samantha is currently training to be the new subsidy specialist. She holds a Masters degree in Social Work from Adelphi University and a Bachelors Degree in Human Services from Northeastern University. In addition, Samantha is a Licensed NYS social worker (LMSW).

Samantha resides in Livingston Manor NY with her husband, Kytt, and two year old son, Jack. Samantha and her family recently relocated from Stormville, NY to her husband's hometown of Livingston Manor, NY. They have spent the past two years managing the construction of their new home. They are very happy to be moved in and settled.

### Order FREE Hard Copies of OCFS Forms (Such as Blue Cards & Medical Statements)

To order hard copies of available forms developed by the New York State Office of Children and Family Services (OCFS), complete the "Request for Forms and Publications" form (OCFS-4627) which can be found at [[www.ocfs.state.ny.us/main/forms/](http://www.ocfs.state.ny.us/main/forms/)] and mail your request to:

#### OCFS Resource Distribution Center

**11 Fourth Ave  
Rensselaer, NY 12144-2629,**

or call the

Forms Hotline: **518-473-0971.**

## Toys Safer This Holiday Season Due to Stronger Safety Rules

WASHINGTON, D.C. - It's that time of year again, when parents, grandparents, and friends begin to prepare holiday toy shopping lists. The U.S. Consumer Product Safety Commission (CPSC) wants consumers to know that while safety should be at the top of everyone's toy list, stronger federal rules are making a positive impact and restoring confidence in the safety of toys.

New toy safeguards include: establishing the lowest lead content and lead paint limits in the world; setting a stringent limit on the use of certain phthalates; converting the voluntary toy standards into mandatory standards; requiring third party testing and certification of toys designed or intended primarily for children 12 and younger; closing in on new limits for cadmium in toys; and working with the U.S. Department of Homeland Security to track shipments in transit from other countries, thereby increasing seizure of dangerous imported toys.

These safeguards, along with safety-conscious steps taken by many toy makers and sellers, have contributed to a continued decline in toy recalls since 2008. There were 34 toy recalls in fiscal year 2011. This is down from 46 toy recalls in fiscal year 2010, 50 recalls in 2009, and 172 recalls in 2008. In 2011, toy recalls related to lead declined to 4, down from 19 in 2008.

"Strong toy standards support the production of safer toys in the marketplace," said Chairman Inez

Tenenbaum. "Parents and toy shoppers also always need to be vigilant by choosing age appropriate toys and keeping small parts, balls, and balloons out of the hands of young children."

Toy-related deaths to children younger than 15 increased to 17 fatalities reported in 2010, up from 15 reported in 2009. Nearly half of these toy-related fatalities were attributed to choking on balloons, small balls, and rubber balls.

A new report released by CPSC today also notes that about 181,500 children younger than 15 years of age were treated in U.S. hospital emergency departments due to toy-related injuries in 2010. Nonmotorized scooters continued to be the category of toys associated with the most injuries. Frequently these injuries involved lacerations, contusions, and abrasions to the child's face and head. Importantly many of the incidents were associated with, but not necessarily caused by, a toy.

protecting the public from unreasonable risks of injury or death associated

Here are some safety steps that consumers can take while shopping this holiday season:

- **Balloons** - Children can choke or suffocate on deflated or broken balloons. Keep deflated balloons away from children younger than 8 years old. Discard broken balloons at once.

- **Small balls and other toys with small parts** - For children younger than age 3, avoid toys with small parts, which can cause choking.
- **Scooters and other riding toys** - Riding toys, skateboards, and in-line skates go fast, and falls could be deadly. Helmets and safety gear should be worn properly at all times, and they should be sized to fit.
- **Magnets** - For children under age 6, avoid building or play sets with small magnets. If magnets or pieces with magnets are swallowed, serious injuries and/or death can occur.

Once the gifts are open:

- **Immediately discard plastic wrappings or other packaging on toys** before they become dangerous play things.
- **Keep toys appropriate for older children away from younger siblings.**
- **Charging batteries** should be supervised by adults. Chargers and adapters can pose thermal burn hazards to young children. Pay attention to instructions and warnings on battery chargers. Some chargers lack any mechanism to prevent overcharging.

Along with educating the public, CPSC is committed to working with foreign and domestic toy manufacturers, importers, and retailers to help them understand and comply with U.S. toy requirements.

## Serious Head Injuries to Infants Continue Due to Falls from Bumbo Baby Seats Used on Elevated Surfaces *Injuries occurring despite previous recall warning; parents urged to use caution*

Due to the serious risk of injury to babies...never place Bumbo Baby Seats on tables, countertops, chairs or other raised surfaces. Infants aged 3-10 months old have fallen out of the Bumbo seat and suffered skull fractures and other injuries.

CPSC and Bumbo International are aware of at least 45 incidents in which infants fell out of a Bumbo seat while it was being used on an elevated surface which occurred after...voluntary [recall](#) of the product. The recall required that new warnings be placed on the seat to deter elevated usage of the product. Since the recall, CPSC and Bumbo International have learned that 17 of those infants, ages 3-10 An additional 50 reports of infants falling or maneuvering out of Bumbo seats used on the floor and at unknown elevations. These incidents include two reports of skull fractures and one report of a concussion that occurred when babies fell out of Bumbo seats used on the floor. These injuries reportedly occurred when the infants struck their heads on hard flooring, or in one case, on a nearby toy.

At the time of the 2007 recall announcement, CPSC was aware of 28 falls from the product, three of which resulted in skull fractures to infants who fell or maneuvered out of the product used on an elevated surface. CPSC and Bumbo International are now aware of at least 46 falls from Bumbo seats used on elevated surfaces that occurred prior to the 2007 recall, resulting in 14 skull fractures, two concussions and one incident of a broken limb.

Approximately 3.85 million Bumbo seats have been sold in the United States since 2003.



## Child Care Council Info



### Normal Business Hours

Monday-Friday 8:30am-4:30pm

We are available for assistance in person:

**7 Community Lane, Liberty, NY 12754,**  
or we can be contacted by mail:  
**PO Box 186, Ferndale, NY 12734.**

Staff members can be reached by telephone at  
(845) 292-7166, or toll free: (877) 292-7190.

## Prospective Child Care Providers

If you are interested in becoming a child care provider please attend an information session at the Child Care Council.

The info sessions are held on the following

**Wednesdays at 7:00pm**

**Jan. 18, 2012**

**February 15, 2012**

**March 21, 2012**

Please RSVP to the Registration Coordinator, by calling (845) 292-7166, ext. 302.

If you would like to contribute something to our next newsletter, or have an idea of something we should include, please contact Donna Willi or Theresa Murdock-Marin @ info@scchildcare.com.

## Child Care Programs in Sullivan Co.

Township	OCFS Registered/Licensed Child Care Programs			Other Programs	
	Day Care Centers	Family Day Care Homes	Group Family Day Care Homes	Private Schools	School Age Programs (SACC)
Bethel		2	0		Yes
Callicoon	0	3	2		
Cochecton	0	2	0		
Delaware	0	2	0		
Fallsburg	4	4	2		Yes
Forestburgh	0	1	0		
Fremont	0	0	0		
Highland	0	1	0		
Liberty	1	11	4	Yes	Yes
Lumberland	0	1	0	Yes	
Mamakating	1	1	4		Yes
Neversink	0	3	1		Yes
Rockland	0	4	0		
Thompson	6	13	5	Yes	Yes
Tusten	0	1	0		

Average Weekly Cost of Child Care	6wks-18mos	6wks-24mos	2yrs-5yrs	18mos-36mos	3y-5y	5y-12y
Family Day Care	n/a	\$144.38	\$138.14	n/a	n/a	\$127.78
Group Family Day Care	n/a	\$160.64	\$141.33	n/a	n/a	\$127.53
Day Care Center	\$178.75	n/a	n/a	\$170.20	\$155.00	\$140.00



## Sullivan County Child Care Council, Inc. Membership Application



### Professional Membership

(Check One)

- \$35 Family Day Care Provider Membership (code 1000)  
(\$25 if participate in CACFP)
- \$50 Group Family Day Care Membership (code 2000)  
(\$40 if participate in CACFP)
- \$125 Day Care Center / SACC Membership (code 3000)  
(\$100 if participate in CACFP)
- \$25 Legally-Exempt Provider Membership (code 6000)  
(\$15 if participate in CACFP)

### Community Supporter

(Check One)

- \$50 Advocate (code 4000)
- \$100 Sponsor\* (code 5000)
- Other \$\_\_\_\_\_ \* (code 5000)

#### Mail Form & Payment To:

Sullivan Co Child Care Council, Inc.  
PO Box 186  
Ferndale, NY 12734

#### Please One

- New Membership
- Renewal Membership

Name/Organization \_\_\_\_\_

Phone ( ) \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

\*Please submit a business card with your membership payment of \$100 or more.

Membership Fees are non-refundable.

**Thank you for your financial support; it helps families gain access to quality and affordable childcare!**

For information on membership benefits visit our website or call (845) 292-7166 or (800) 292-7190.

Hours of Operation: Monday-Friday 8:30am-4:30pm



**Sullivan County Child Care Council, Inc.**



**P.O. Box 186  
Ferndale, NY 12734**

Phone: (845) 292-7166      Email: info@scchildcare.com  
 Toll free: (877) 292-7190      Website: www.scchildcare.com  
 Fax: (845) 292-1755      Hours of Operation:  
 Monday - Friday 8:30-4:30

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*“A little of what you fancy does you good.” —Marie Lloyd*

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Council, Inc.  
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- Rhonda Decker**
- Bob Eddings**
- James Farrell**
- John Ferrara**
- Arlene Gordon**
- Jodi Kane**
- Katia Martin**
- Robin Meddaugh**
- Dr. Jamie Noeth**
- Susan Peters**
- Dominick Scala**
- Sherry Stanton**
- Barbara Sush**
- Laura Quigley**

**Council Sponsors:  
Best Friends Services, Inc.  
John Ferrara  
Frost Valley YMCA  
Burton Ledina**

**Child Care Providers:**

- |                          |                                |
|--------------------------|--------------------------------|
| Stacey Budd              | Elizabeth Murphy-Halvas        |
| Tonya Dirie              | Alice Patton                   |
| Celia Divita             | Marlena Pittaluga-Egan:        |
| Barbara Hotchkin         | Marlena's Family Day Care      |
| Daisy Rodriguez-Gonzalez | Joann VanDeursen               |
| Deborah Gubiotti         | Child Development Center, SCCC |
| Patricia McGovern        | Twin Bridge Play School Inc.   |



**Caregiver News**

Caregiver News is published quarterly by the Sullivan County Child Care Council, Inc: Executive Director, **Donna Willi** and Editor, **Theresa Murdock-Marín**. Sullivan County Child Care Council is a not-for-profit corporation which offers direct and supportive services to all members of the community. The Sullivan Co. Child Care Council provides equal program and employment opportunities.

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