



# CAREGIVER NEWS



~ FALL ISSUE 2012 ~

A PUBLICATION OF SULLIVAN COUNTY CHILD CARE COUNCIL, INC.

## Fall Craft Ideas

### Product: Autumn Handprint Wreath Craft Kit (OrientalTrading.com)

This cheerful door decoration brings a smile to visitors. Autumn colored handprints form a seasonal wreath!

#### Supplies needed:

- Handprint pattern
- Leaf pattern
- Acorn pattern
- Glue
- Brown craft foam
- Orange craft foam
- Yellow craft foam
- Red craft foam
- Green craft foam



- Make a circular wreath shape for children to glue their cutouts on.

- Let children draw (or use patterns or premade hands cutouts) and cut handprints (3 orange, 3 brown, 3 yellow, 3 red). Then you can write what you are thankful for on each leaf or decorate (depending on age).

- Take small green leaves and decorate hands.
- Hang 3 acorns from the center of the wreath and voilà!

You can also go to [orientaltrading.com](http://orientaltrading.com) and search "wreath craft kits" to purchase pre-made.

Source: <http://www.apples4theteacher.com/holidays/fall/kids-crafts/>.html

### Product: Little Leaf Friend Craft Kit (OrientalTrading.com)

Create your own little leaf friend ornament. Can be hung on a door, coat rack, tree or anywhere there's a hook. Give yours its own personality!

#### Supplies needed:

- Leaf pattern
- Arms and legs pattern
- Red and/or yellow ribbon
- Mini pom-poms
- Googly eyes (or can just draw them with marker)
- Glue
- Brown craft foam
- Orange craft foam
- Yellow craft foam
- Red craft foam
- Permanent Marker

## Teaching Your Kids to be Thankful

Thanksgiving is the perfect time to teach your kids about being thankful. Here are some ideas to teach your children how to appreciate the blessings in their lives.

### Giving Thanks Placemats

The goal of this craft is to create a collage filled with drawings and pictures of all the things your children are thankful for. Cut photos from magazines, or print some photos from your computer. Older children can write captions under the photos or draw their own. Be sure to put the child's name and the year on it.

If you make this collage from two standard letter size pieces of construction paper taped side-by-side, you can take the completed collage to a copy

shop when you're done and have it laminated. It then becomes a placemat that you can use every Thanksgiving for years to come.

### Thankful Paper Chain

Another way to remind your children of their blessings is to create a paper chain. This is similar to a regular paper chain – where you cut strips of paper and connect them together as loops, but there's one difference. You write on the strips of paper before you connect them. Write the things you are thankful for with your children. For instance, "Grandma plays games with me" or "My teacher is nice." The fun part of this activity is to make the chain as long as possible – showing all your blessings. If you'd like to keep this up during Christmas, just use green and white paper.

### Thanksgiving Tree

This is another take on the [paper chain idea] and works really well if you have several kids in the family. Get each child to trace their hand on yellow, red, or brown construction paper. Cut out the hand shapes and write (or have the child write) what they are thankful for on the hand shape. Cut a tree trunk shape out of brown construction paper. Glue it on a large piece of poster board. Let the kids add their hand shapes as leaves above the tree trunk, turning it into a beautiful fall colored tree.



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### Thankful Book

This idea is similar to the others, except it's more of a keepsake. Purchase a photo album or scrapbook kit and make a "blessings" theme. Add photos of loved ones, including stories about why they are special to you. Also, include pages of your favorite foods, favorite stories, favorite movies and all the other things that make you happy. Any time your kids feel down, you can open your blessing book to see all the reasons you have to be happy – and thankful for the blessings in your life.



FEATURED AGENCY:  
Submitted by Jodi Kane



2012 marks the fourteenth anniversary of the Harvest Festival at Bethel Woods, an annual event that takes place every Sunday between Labor Day and Columbus Day. These six festivals celebrate the bounty, talent, and beauty of Sullivan County and surrounding areas. The festival features close to 100 vendors each week as part of the farmer's market, craft village and festival food areas along with special events and live performances, a children's area with community and educational programs including arts and crafts, as well as corn and hay mazes, pony rides and more! Admission to the festival is free and parking is only \$2 per car.

## 2012 HARVEST FESTIVAL THEMES

- |              |  |
|--------------|--|
| SEPTEMBER 2  | <b>Rosehaven Alpaca Festival</b>   |
| SEPTEMBER 9  | <b>Sullivan County Heritage Faire:<br/>Revolution to Revolution</b><br><i>Sponsored by: SUNY Sullivan</i>          |
| SEPTEMBER 16 | <b>World Celebration Festival</b>  |
| SEPTEMBER 23 | <b>Earth Day in Autumn</b><br><i>Sponsored by: SUNY Sullivan &amp;<br/>Thompson Sanitation</i>                     |
| SEPTEMBER 30 | <b>Annual Chili Cook Off</b><br><i>Sponsored by: Jeff Bank</i>   |
| OCTOBER 7    | <b>Rustic Craft Show</b><br><i>Sponsored by: Catskill Regional<br/>Medical Center &amp; Van Gorders' Furniture</i> |



For young children, the Harvest Festival also provides opportunities for kids to practice math, nutrition, language and problem solving skills. Here are some activities that you can share with your children when you visit the festival:

**Farmer's Market tents:** Talk to your child about the vegetables and fruits they see. What color are they? How do they grow? How many pumpkins are on that table? What do we cook at home that includes this ingredient? Also be sure to talk about the importance of eating fruits and/or vegetables at every meal.

**The Hay and Corn Mazes:** Draw a map with your child as you walk through the maze. See if you can follow the map backwards to get back to the start. How many steps does it take to get to the end?

**The Craft Tents:** What is the artist making and how does he make it? What are the medium(s) used? How long does it take the artist to make one of these items? (Feel free to ask the artisan these questions!)

**The Stage:** What kind of performance is going on? How many performers are there? Dance or sing along!

**Children's Area:** What art or craft activity is your favorite and why? What colors did you choose for your project? Why did you choose those particular colors?

The benefit of being able to interact with the hard working families who produce and harvest their food and the thrill of watching artisans create their wares will give children an exciting window into their local community. The grown and harvested food and crafted items are acts of personal inspiration, and the festival offers children the opportunity to learn more about this process and to better appreciate and understand its value.

...Maybe there is a little farmer or artist living inside of your child!

# PUBLIC POLICY

DONNA WILLI, EXECUTIVE DIRECTOR

The Sullivan County Child Care Council, Inc. is committed to ensuring every child has access to a quality, affordable child care program. To that end we at the Council offer high quality trainings, both classroom and in home, to our child care professionals.

Nobel Prize-winning economist James Heckman has written the Congressionally mandated Joint Committee on Deficit Reduction with a simple message. Invest in high-quality early education. It echoes the message Heckman conveyed in 2011 in a 12-page letter to the bipartisan National Commission on Fiscal Responsibility and Budget Reform created by President Obama.

“The quality of our workforce is not what it should be and it is not improving. Budget deficits are created in large part by deficits in the skills of our workforce,” Heckman wrote in his recent three-page letter to the “Super Committee,” which is nearing the end of its tenure.

“Deficits in skills in early childhood area perpetuated and magnified throughout life. Current policies fail to properly recognize the life cycle dynamics of skill formation. The United States invests relatively little at the starting point – in early childhood development – and as a consequence pays dearly for this neglect at every point thereafter.

“Our country will be unable to compete in the global economy if it does not address the increasing numbers of children who are not prepared for success in school, career and life.”

## We support:

**Quality Stars NY:** Quality Stars NY is a star rating and improvement system created to drive current and future state investments toward quality improvements in early learning programs, a strategic approach to ensuring both public and private dollars are used most effectively and efficiently to promote better outcomes for children. The Council has designed our trainings and Intensive Technical Assistance (ITA) projects so that providers will be well positioned when QSNY is implemented in Sullivan County. Long term educational achievement is uniformly linked to participation in high quality early care and education.

Quality child care > yields a higher return on our investment in child care > supports our economic development > provides a foundation for a better prepared and qualified workforce.

**Regulated Child Care:** Statistics show that support and frequent visits produce higher quality programs. In line with these statistics the state is now requiring visits to licensed programs at minimum four times per year.

Children who start behind stay behind. However, children with a high-quality early learning experience have an advantage. They are 40% less likely to need remedial services, 30% more likely to graduate from high school, and 200% more likely to go on to college. We educate families about high-quality care and help them find it; support low-income families to access the financial resources for child care, recruit and train new child care providers; offer providers technical assistance; and encourage government, business leaders and the public to support the expansion of high-quality services.

# HOME PLAYGROUND SAFETY CHECKLIST

## Home Playground Safety Checklist

Use this simple checklist to help make sure your home playground is a safe place to play.

1. Install and maintain a shock-absorbing surface around the play equipment. Use at least 9 inches of wood chips, mulch, or shredded rubber for play equipment up to 7 feet high. If sand or pea gravel is used, install at least a 9-inch layer for play equipment up to 5 feet high. Or, use surfacing mats made of safety-tested rubber or rubber-like materials.
2. Install protective surfacing at least 6 feet in all directions from play equipment. For swings, be sure surfacing extends, in back and front, twice the height of the suspending bar.
3. Never attach—or allow children to attach—ropes, jump ropes, clotheslines, or pet leashes to play equipment; children can get strangled on these.
4. Check for hardware, like open "S" hooks or protruding bolt ends, which can be hazardous.
5. Check for spaces that could trap children, such as openings in guardrails or between ladder rungs; these spaces should measure less than 3.5 inches or more than 9 inches.
6. Make sure platforms and ramps have guardrails to prevent falls.
7. Check for sharp points or edges in equipment.
8. Remove tripping hazards, like exposed concrete footings, tree stumps, and rocks.
9. Regularly check play equipment and surfacing to make sure both are in good condition.
10. Carefully supervise children on play equipment to make sure they are safe.

<http://www.cpsc.gov/CPSPUB/PUBS/Pg1.pdf>



## Congratulations & Bravo

To the providers who have previously received their license/registration to administer medication:

### Best Friends Services

Jody Bruno-Rysdyke: Giggle-N-Grow, Inc.

The Center for Discovery

Jessica Dean

Easter Seals of New York

Andrea Garrett

Deborah Gubiotti

Diane Harvey: J&C First Steps

Little People's Express

Rachel's Angels Day Care: Rachel Lindsley

Marlena Pittaluga-Egan: Marlena's Family Daycare

Precious Child Care II

Leara Tausk: Sunny Days Preschool

Twin Bridge Play School Inc.

Kristy Petrowsky

Sullivan County Head Start: (All locations)

YMCA of Middletown (Nana's House)



## Medication Administration Training (MAT)

Only topical ointments, sunscreens and repellents are legally permitted to be applied in a child care setting without a license or registration to administer medication.

**MAT Trainers can be located on the SUNY PDP website at: <http://www.ecetp.pdp.albany.edu/olapps/matlookup/lookup.aspx>**

MAT grant applications (**up to \$100 reimbursement**) can be obtained online at [www.ecetp.pdp.albany.edu/mat.shtm](http://www.ecetp.pdp.albany.edu/mat.shtm) or contact the SUNY MAT Grant Program at **800-295-9616** or [mat@pdp.albany.edu](mailto:mat@pdp.albany.edu).

### MAT RENEWAL

You must renew your MAT Certificate every three years, **prior to the expiration date.**

Please visit the following website for specific information and direction on renewing your MAT Certificate [www.ecetp.pdp.albany.edu/mat.shtm](http://www.ecetp.pdp.albany.edu/mat.shtm).

You may also contact the Council at (845) 292-7166 or [dwilli@scchildcare.com](mailto:dwilli@scchildcare.com).

## Meet Tammy Carlsen, RN

Let us introduce the Child Care Council's new Health Care Consultant, Tammy Carlsen:

Tammy is married and has 4 children and a three year old granddaughter. She graduated with honors from Sullivan County Community College with a Nursing Degree in 2000. She worked in a nursing home for 3 years and was a School Nurse at Tri Valley Central School.

Tammy is currently employed at Sullivan County Head Start as a school nurse and is the Health Care Consultant for the Sullivan County Child Care Council to meet the medication administration needs for the providers of Sullivan County.

We look forward to working with her and for the providers of Sullivan County to meet her and work with her as well.

## Eat Your Veggies (Mom and Dad!)

A recent study confirmed previous research that children who see someone smiling and enjoying healthy foods are more likely to willingly consume that food. It's not surprising that kids are influenced by what their parents eat, but this research more firmly establishes the important role parents have in setting good examples for healthy eating. The study, published in the journal *Obesity*, found that even if a child disliked a particular food, seeing an image of someone with a pleasant expression while eating that food made the child want to try the food. But, the researchers warn that telling a child to simply eat a healthy food isn't enough; the child should see the person eating it as well. Parents should also not send mixed messages by saying one thing and doing the other, and they should eat what they preach, happily. (*Obesity*, 02/11)

(Source: *Pediatrics for Parents*, Vol 27 No 5 & 6, p 28)

Obtain your MAT Certification with a new independent at home study program and a testing period done with a SUNY MAT instructor.

For more information visit [www.ecetp.pdp.albany.edu/mat.shtm](http://www.ecetp.pdp.albany.edu/mat.shtm) or contact Donna Willi @ [dwilli@scchildcare.com](mailto:dwilli@scchildcare.com).

# Child and Adult Care Food Program (CACFP)

**WELCOME NEW CACFP MEMBER:** Ebony Green, Geraldine Smith, Michele Burk

The following providers have become  
“Breastfeeding Friendly Child Care Homes”  
and have received their 2 year certificate from NYSDOH:

Jessica Dean, Ali Granito, Diane Harvey, Vanessa Jones, Terri Pellam, Marlena Pittaluga–Egan,  
Tara Poje, Ellie Reed, Elizabeth Rivera-Corchado, Catherine Schouten, Kristy Petrowski

**THANK YOU** for your continued support of mothers who choose to breastfeed and continue to breastfeed when they return to work or school. To get more information or to see if your provider participates call Aimee Pittaluga (845) 292-7166 x306.

Going to a harvest festival and looking to make more out of your pumpkin than a carving?

This pumpkin loaf cake recipe is a delicious treat for all, especially during the fall season.

Cut out the recipe on this page to add to your recipe collection!

## Gathering Leaves

by Robert Frost

Spades take up leaves  
No better than spoons,  
And bags full of leaves  
Are light as balloons.

I make a great noise  
Of rustling all day  
Like rabbit and deer  
Running away.

But the mountains I raise  
Elude my embrace,  
Flowing over my arms  
And into my face.

I may load and unload  
Again and again  
Till I fill the whole shed,  
And what have I then?

Next to nothing for weight,  
And since they grew duller  
From contact with earth,  
Next to nothing for color.

Next to nothing for use.  
But a crop is a crop,  
And who's to say where  
The harvest shall stop?



## Pumpkin Loaf Cake

### Ingredients:

1/2 cup unsalted butter	3/4 cup chocolate chips or raisins
1 1/4 cups sugar	3 large eggs
1 teaspoon vanilla extract	1/3 cup milk
1 cup pumpkin (not pumpkin pie filling)	1 teaspoon baking soda
1 3/4 cups flour	1/2 teaspoon salt
1 teaspoon baking powder	
1/2 teaspoon each: cinnamon, ground ginger, ground nutmeg	



### Instructions

1. Grease and flour a 9- by 5-inch loaf pan, then set it aside. Heat the oven to 350°.
2. Using an electric mixer on medium speed, cream the butter in a large bowl, gradually adding the sugar. Add the eggs, one at a time, beating well after each addition. Add the vanilla extract and pumpkin.
3. In a medium-size bowl, sift together the flour, baking soda, baking powder, salt, and spices.
4. With a wooden spoon, blend a third of the flour mixture into the butter mixture. Then add half the milk. Alternate additions of the remaining flour mixture and the milk, blending well after each addition. Fold in the chocolate chips and walnuts.
5. Scrape the batter into the prepared pan. Bake on the center oven rack until a toothpick inserted into the center of the bread comes out clean (except for a little melted chocolate), about 50 to 60 minutes.
6. Remove the pan from the oven and put it on a cooling rack for about 15 minutes, then remove the loaf from the pan and place it on the rack to finish cooling. Makes 10 servings.

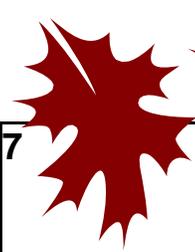


effectiveness of early care and education programs in New York State. Like other quality rating and improvement systems throughout the country, *QUALITYstarsNY* offers a clear, organized way to assess, improve and communicate about quality.

*QUALITYstarsNY* is a framework for recognizing and improving the quality and

When *QUALITYstarsNY* is fully implemented statewide:

- children in New York State will enter kindergarten healthy and ready to learn;
- early childhood educators and programs will be supported to provide excellent services that are recognized for their quality;
- parents will have a simple way of learning about the quality of their options so they can make the best choices for their children.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>September 2012</b>						1 
2	3 Labor Day Council Closed	4 CACFP Menu's Due	5	6	7 	8 
9 National Grandparent's Day	10	11 MANDATORY CACFP MEETING 6:30-8:30 @ Council	12	13 Legally Exempt Training: Bullying 6-8:30p @ Council	14	15
16 Stepfamily Day Wife Appreciation Day	17 Rosh Hashanah Constitution Day Citizenship Day	18 MANDATORY CACFP MEETING 6:30-8:30 @ Council National Respect Day	19 Information Session 7:00pm @ Council (More info p.11) Talk Like a Pirate Day	20 MANDATORY CACFP MEETING 10a-12a @ Council  Fire Safety Training 6-8:30p @ Council	21 National POW/MIA Recognition Day	22
23 30	24 Family Day (A Day to Eat Dinner w Your Kids)	25 Yom Kippur National Comic Book Day	26 Environmental Rating Scale 6-8:30p @ Council Johnny Appleseed Day	27	28 Love Note Day National Be a Good Neighbor Day	29 Family Health & Fitness Day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Fire Pup Day	2 Health & Safety I Training 4-9pm @ Council World Farm Animals Day	3 Balloons Around the World Day	4 Health & Safety II Training 4-9pm @ Council World Animal Day	5	6 Health & Safety III Training 9a-3p @ Council
7	8 Columbus Day Council Closed Native American Day	9 Fire Prevention Day	10	11 National Sight Day	12 World Egg Day	13
14	15 National Cake Deco- rating Day	16 Legally Exempt Training: Creating a Safe & Healthy Environment 6-8:30p @ Council Dictionary Day	17 Information Session 7:00pm @ Council (More info p.11)	18 SUNY Videoconference @ Cornell 6:45p "Nurturing Creativity During the School Aged Years"	19 Thomas Edison Demonstrated Electric Light Day Rainforest Day	20
21 National Sunday School Teacher Appreciation Day	22	23	24 Food Day United Nations Day	25 Bullying 6-8:30p @ Council	26	27
28	29 National Cat Day National Visit a Cemetery Day Lung Health Day	30 National Candy Corn Day	31 Halloween National Magic Day National Caramel Apple Day	<b>October 2012</b>		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>November 2012</b>				<b>1</b> Legally Exempt Training: Supporting Children w Developmental Delays 6-8:30p @ Council National Family Literacy Day	<b>2</b>	<b>3</b>
<b>4</b> Daylight Savings Time Ends	<b>5</b>	<b>6</b> Election Day	<b>7</b> Information Session 7:00pm @ Council (More info p.11)	<b>8</b>	<b>9</b> Domino Day	<b>10</b> Marine Corp Bday
<b>11</b> Veteran's Day	<b>12</b> Veteran's Day Observed Council Closed	<b>13</b> Supporting Children w Developmental Delays 6-8:30p @ Council National Young Readers Day	<b>14</b> World Diabetes Day National Teddy Bear Day	<b>15</b> SUNY Videoconference @ Cornell 6:45p "Emergency Preparedness"	<b>16</b>	<b>17</b>
<b>18</b>	<b>19</b>	<b>20</b> Children's Day	<b>21</b> Council Closes at 12:30	<b>22</b> Thanksgiving Day 	<b>23</b> Council Closed	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b> National Day of Listening	<b>28</b> Red Planet Day Magellan reached the Pacific in 1521	<b>29</b> Electronic Greetings Day	<b>30</b> Mark Twain's Birthday	<b>31</b>

<b>OCFS TOPICS</b>	1. Principles of Child Development
	2. Nutrition and Health Needs of Infants and Children
	3. Program Development
	4. Safety and Security Procedures
	5. Business Record Maintenance and Management
	6. Child Abuse and Maltreatment Identification & Prevention
	7. Statues and regulations pertaining to child daycare
	8. States & Regs pertaining to Child Abuse & Maltreatment
	9. Shaken Baby syndrome

<b>CDA TOPICS</b>	1. Planning a safe, healthy, learning environment
	2. Steps to advance children's physical and intellectual development
	3. Positive ways to support children's social and emotional development
	4. Strategies to establish productive relationships with families
	5. Strategies to manage an effective program operation
	6. Maintaining a commitment to professionalism
	7. Observing and recording children's behavior
	8. Principles of child development and learning

**\*\*Please Note\*\* Training Expectations**

The Sullivan County Child Care Council, Inc. has developed the following training expectations to ensure the most productive and enjoyable training experience for our providers. Please keep the following in mind when attending a Council training:

- **Arrive on time.** If you arrive more than 10 minutes late for the training, you will not be admitted.
- **No children** are permitted during training sessions.
- In order to receive credit for the training, you must stay for the full training session. If you need to leave early for any reason, you will not receive any credit for the training.

OCFS Hrs/Topics Covered	Hrs/CEU's	Cost/Reduced Cost	1	2	3	4	5	6	7	8	9
CDA CEU's/Topics Covered			1	2	3	4	5	6	7	8	
<b>Health &amp; Safety</b>	15.0 1.5	<b>\$250/</b> \$250	x	X		X	X	X	X	X	X
<b>CACFP</b>	2.0	<b>Free</b>		X or			X				
<b>Fire Safety</b>	2.5	<b>Free</b>	x			X					
<b>Bullying: How We Can Help</b>	2.5	<b>\$20/</b> \$10	X x		X x	x				x	x
<b>Supporting Children w Developmental Disabilities</b>	2.5	<b>\$20/</b> \$10	X	x	X x	x					x
<b>Environmental Scale</b>	2.5	<b>\$20/</b> \$10	x		X						
<b>Transportation (Online)</b>	2.0	<b>Free</b>	X x			X x	x			X	
<b>Preventing SBS (Online)</b>	1.0 0.1	<b>Free</b>	X x		x	x					X
<b>Mandated Reporter Online Training</b>	2.0 0.2	<b>Free</b>							X		
<b>Managing Challenging Behavior (Online)</b>	1.5	<b>Free</b>	X		x						x
<b>Preventing SIDS &amp; Promoting Safe Sleep (Online)</b>	1 0.1	<b>Free</b>	X x		X x	X x				X	x
<b>Keeping Children Safe (Online)</b>	1.5 0.15	<b>Free</b>	X x		X	X				X	

- **Put cell phones/beepers on vibrate or silent mode.** If you need to take a call during the training, we ask that you please leave the training room so as to not disturb the rest of the group.

We appreciate your understanding and cooperation!

## Focus on the Regulations

### GUESTS

417.15(a)16 The indoor and outdoor areas of the home where the children are being cared for **must not be used for any other business or social purpose when children are present** such that the attention of the caregiver is diverted from the care of the children;

417.19(i) If a *person eighteen years of age or older begins to reside at the premises where the family day care is located*, the provider must **within five days** of such person beginning to reside at the premises:

(a) **Submit** the Statewide Central Register (SCR) **clearance forms** necessary to complete required screenings by the SCR of

Child Abuse and Maltreatment to determine if the person is the subject of an indicated report of child abuse or maltreatment; and

(b) **submit the necessary fingerprint card** necessary to complete the criminal history review required pursuant to section 413.4 of this Article.

(ii) *Prior to receipt of the results of the results of the clearance and review pursuant to this paragraph, the person eighteen years of age or older may not be permitted by the provider to have unsupervised access to children* receiving day care from the provider;

## From the Desk of the Registrar

### Dear Providers,

We can get so used to looking at our own homes and what is in and around them that we don't realize what our home looks like to someone visiting for the first time. Take pride in your home; it is not only where you live but also how you thrive.

**What would you think if you were walking up to your home with an infant/toddler or older child, considering it for child care?** Would your first impression be that it is someplace that is well kept and safe, inside and out? If you see something you would want fixed, moved or changed as a parent dropping off a child, then correct it—don't wait for someone else to point it out!

You probably don't spend much time on the walkways, but they are used everyday. Make those areas inviting and safe. Don't leave your yard tools or garbage outside. Keep it neat and orderly; get rid of the junk. Make sure the plants are not hazardous to the children.

You should be spending plenty of time playing outdoors. It is just as important to make sure the outdoor play area is as safe as the indoor area. Keep checking and maintaining it and keep up the good work!

**Theresa Murdock-Marin**  
Registrar



## Dear Jodi

### Dear Jodi,

I have a family member who may be staying with me. My sister is moving and she may reside with me temporarily until she finds a place or my 7 year old nephew may stay with me for a week or two because he is on summer break and it would be nice to spend some time with him anyway.

What do I need to do to remain in compliance with the regulations and/or submit to my licenser? Also, does my nephew count in my day care numbers?

**Having house guests,  
Hurleyville**

### Dear Having House Guests,

Anytime you have a guest, they should sign in as a visitor. Any person who is not cleared may not be left alone with the children under any circumstance.

If the child staying with you takes your attention from the day care children, then they will be counted into the day care numbers or should not be present during business hours. Similarly, an adult guest should not take your attention from the children, or they should not be present when the children are.

If any guest will be **residing** with you for a length of time, they should be cleared as a household member.

**Jodi**

### The Council is on Facebook!

Like us and you will see our news feeds on your home page and you can see our information where we will post updates about current happenings at the Council!



### Please Take Note of our Facebook Policy

Pictures of children will not be allowed to be uploaded on our facebook "wall" without the Sullivan County Child Care Council, Inc. having prior written consent from the parents/guardians. If a picture is posted on our facebook wall the image will be removed within 24 hours/business day. The person that posted the photo will receive an email outlining our policy. If this policy is broken a second time the person will be blocked from interacting on the page.

## SUNY Video Conferences

The SUNY Video conferences are held at **Cornell Cooperative Ext. in Liberty**. Classes start at **6:45**, so please arrive on time. These are adult learning experiences. *No children, please.*

**October 18:**

*Nurturing Creativity  
During the School-Age Years*

**November 15:**

*Emergency Preparedness*

Visit <http://ecetp.pdp.albany.edu/schedules.shtm>

**To register:** Complete the registration form online @ [www.tsg.suny.edu](http://www.tsg.suny.edu). Fax the registration to (518) 443-5941, or mail to: SUNY Early Childhood Education and Training Program, State University Plaza Albany, NY 12246-0001, or call (518) 443-5940.

## Free Online Trainings

**NYSOCFS/PDP Trainings**  
[www.ecetp.pdp.albany.edu/learn\\_catalog.shtm](http://www.ecetp.pdp.albany.edu/learn_catalog.shtm)

During these fully narrated courses trainees will learn important information on the stated topic. Learning points of the training are enhanced throughout using video clips and interactive exercises. As you complete each 10-15 minute section, the application saves your progress and allows you up to 30 days to complete the entire course.



### Available Courses:

- \* Keeping Children Safe: Prevention of Lead Poisoning and Other Dangers to Children
- \* Preventing Sudden Infant Death Syndrome & Promoting Safe Sleep
- \* Prevents Shaken Baby Syndrome (SBS)
- \* Mandated Reporter Online Training
- \* Managing Challenging Behavior: Birth to 18 Months
- \* **NEW** Transportation

See chart on p.7 for hours & topics covered.

## Legally Exempt Bulletin Board

From the Desk of  
Lee A. Goldsmith,  
Legally Exempt Coordinator

### Sullivan County's NEW Additional Standard

Legally Exempt Family Child Care (FCC) Providers, caring for children an average of **30 hours or more per week, when care is provided outside of the child's home, MUST ACTIVELY participate** in the Child and Adult Care Food Program (CACFP) in order to receive Sullivan County Department of Social Services (SCDSS) **child care subsidy payments**.

The above standard is a requirement in the enrollment process. **Failure to comply** with this standard will result in **Termination** of the Legally Exempt provider's enrollment status and **non-payment** to the provider for services rendered during the time frame the provider is non-complaint with the required participation in CACFP.

For more information please contact Lee A. Goldsmith (845) 292-7166 x 302.

### A Fall Song

by Ellen Robena Field

Golden and red trees  
Nod to the soft breeze,  
As it whispers, "Winter is near;"  
And the brown nuts fall  
At the wind's loud call,  
For this is the Fall of the year.

Good-bye, sweet flowers!  
Through bright Summer hours  
You have filled our hearts with cheer  
We shall miss you so,  
And yet you must go,  
For this is the Fall of the year.

Now the days grow cold,  
As the year grows old,  
And the meadows are brown and sere;  
Brave robin redbreast  
Has gone from his nest,  
For this is the Fall of the year.

I do softly pray  
At the close of day,  
That the little children, so dear,  
May as purely grow  
As the fleecy snow  
That follows the Fall of the year.

Standard Without training	0 - 1½ yrs	1½- 2yrs	3-5 yrs	6-12 yrs
<b>Weekly</b>	\$98	\$91	\$91	\$91
<b>Daily</b>	\$20	\$20	\$20	\$20
<b>Part Day</b>	\$13	\$13	\$13	\$13
<b>Hourly</b>	\$2.60	\$2.60	\$2.60	\$2.76
Enhanced With training	0 - 1½ yrs	1½- 2yrs	3-5 yrs	6-12 yrs
<b>Weekly</b>	\$105	\$98	\$98	\$98
<b>Daily</b>	\$21	\$21	\$21	\$21
<b>Part Day</b>	\$14	\$14	\$14	\$14
<b>Hourly</b>	\$2.80	\$2.80	\$2.80	\$2.98

The Sullivan County Child Care Council, Inc. offers free classes, funded through a contract with the Sullivan County Department of Family Services. The trainings allow you to gain knowledge, as well as, earn or maintain hours towards the *enhanced pay rates*.

Trainings will be held at the Sullivan Co. Child Care Council, Inc., 7 Community Lane, Liberty, N.Y. Parents Welcome! Sorry, no children. Please call the Training Coordinator, to register at (845) 292-7166 x 304.

Do you still need more training hours? Please ask us about our Technical Assistance trainings that can be conducted in your home.

Please save these 2012 dates:

**SEPTEMBER 13**  
**OCTOBER 16**  
**NOVEMBER 1**

Legally Exempt Provider classes are held at the Council: 10am-12:30pm & 6pm-8:30pm. Choose 1 session. Topics to be announced. To register call (845) 292-7166 x 305.

## CCTA

\*If you are interested in submitting your time sheets electronically, please contact for more information at (845) 292-7166 x 311.

## Molenaar Recalls Folding Step Stools Due to Fall Hazard

- The folding step stools can break or collapse unexpectedly when in use, posing a fall hazard to consumers.
- No incidents or injuries reported were reported.
- This recall involves 13-inch high folding step stools. The step stool is plastic and has a handle for carrying the stool when it is folded. The stools have a single step and come in beige with a brown top.
- Consumers should immediately stop using the step stools and return them to the business printed on the step stool to receive a different promotional item. Businesses who purchased the product from Molenaar should return them for a refund or credit. Consumers or businesses can contact Molenaar LLC for more information at (877) 719-4442 between 8-4:30pmCT M-F or visit [www.milene.com](http://www.milene.com) where a link to this recall will be posted.



## Chicco Polly High Chairs Recalled Due to Laceration Hazard

- Children can fall on or against the pegs on the rear legs of the high chair, resulting in a bruising or laceration injury.
- The firm is aware of 21 reports of incidents in which a child fell against the peg and received injuries, including four laceration injuries requiring medical closure (stitches, tape or glue) and one scratched cornea.
- This recall involves a range of Chicco Polly high chairs with pegs on the back legs intended for tray storage. The high chairs have a folding metal frame for storage and a reclining seat. The recalled high chairs can be identified by the model number and date code printed on a label on the underside of the seat, close to the footrest. The date code is in the format DDMYY-

Model Numbers	
00063803430070	05063803260070
00063803480070	05063803270070
00063803490070	05063803570070
00063803580070	05063803660070
04063765000070	05063803970070
04063765540070	06063765650070
04063765760070	06063765970070
04063803630070	06063803650070
04063803860070	06063803770070
04063803900070	06063803820070
05063765020070	06063803960070
05063803020070	06063803970070
05063803220070	07063803780070

- High chairs included in this recall were manufactured prior to October 13, 2010 and have one of the following model numbers on the label:
- Consumers should contact Chicco for a free peg cover kit which will be mailed to them. To help prevent injuries before repair, consumers should store the tray on the pegs when the high chair is not in use. For additional information, contact Chicco toll-free at (800) 807-8817 between 8 -5:00pm ET M-F, or visit the firm's website at [www.chiccousoa.com/pollykit](http://www.chiccousoa.com/pollykit).

## Fall Festivities for Infants and Toddlers, by Gwen Brown-Murray, Infant/Toddler Specialist

No matter what the season, helping infants and toddlers notice what's going on in their environment is something I hope we are all doing on a daily basis. When we go for walks or play outside, when the babies are having tummy time on a blanket under a cool tree, those are wonderful times to help children notice the warmth of the sun on their skin or the coolness of the wind blowing on their face. Take a few scarves and tie them to a fence or a tree or a chair on a windy day. See what the children notice!

Leaves change colors and texture during the fall season. With good supervision, even the youngest child can feel a soft, moist leaf and a dry, crunchy leaf. While they may not be able to compare and contrast verbally, you certainly

can narrate the experiences that they are having. Be sure to use descriptive language, you'll be building vocabulary and increasing the chances of the children you speak with becoming good readers. Ask children open-ended questions, give them time to think, and then listen to their answers. It is a real gift to ask children questions that don't have "right or wrong" answers! For the youngest children you might be their voice, offering answers to them.

Leaf rubbing is an activity that many classrooms seem to do in a variety of ways. One way to do leaf rubbings with younger toddlers might be to put down several leaves on a table and then covering the table with large paper and taping it down. Leave out some large-sized crayons without paper on them and allowing the children to visit

the table and experiment with the crayons. Whether or not the "rubbings" look like leaves, the children will have a fun and interesting sensory experience, feeling the different textures. How many of us are quick to tell a toddler, STOP! Don't jump in that puddle? When properly attired in galoshes and raincoat, jumping in puddles can be a delightful experience. Knowing that there is a time when it is okay to jump in puddles could cut down on a child's need to jump into puddles when they are not dressed for puddle jumping!

Lastly, when thinking about fall festivities, the harvest comes to mind. What a wonderful time for taste-testing. There are many fruits and vegetables that are harvested during the fall. Exposing

children to different types of apples makes wonderful opportunities to talk about sweet and sour, soft and crunchy, red or green or yellow. Tasting a pumpkin might be more fun for a toddler than looking at a jack-o-lantern? Looking at different squashes in a basket for a few days or passing them around to see how they feel or smell followed up by a cutting and tasting activity could stimulate all the senses.

When we take time to remember that young children learn through their senses, perhaps we need to think more about making experiences available that children can see, smell, feel, hear and taste no matter what the season.



## Child Care Council Info



### Normal Business Hours

Monday-Friday 8:30am-4:30pm

We are available for assistance in person:

**7 Community Lane, Liberty, NY 12754,**  
or we can be contacted by mail:  
**PO Box 186, Ferndale, NY 12734.**

Staff members can be reached by telephone at  
(845) 292-7166, or toll free: (877) 292-7190.

## Prospective Child Care Providers

If you are interested in becoming a child care provider please attend an informational session at the Council for more information & an application.

The info sessions are held on the following

**Wednesdays at 7:00pm:**

**September 19, 2012**

**October 17, 2012**

**November 7, 2012**

Please RSVP to the Training Coordinator,  
by calling (845) 292-7166, ext. 304.

If you would like to contribute something to our next newsletter, or have an idea of something we should include, please contact Donna Willi or Theresa Murdock-Marin @ info@scchildcare.com.

## Child Care Programs in Sullivan Co.

Township	OCFS Registered/Licensed Child Care Programs			Other Programs	
	Day Care Centers	Family Day Care Homes	Group Family Day Care Homes	Private Schools	School Age Programs (SACC)
Bethel		2	0		Yes
Callicoon	0	3	2		
Cochecton	0	2	0		
Delaware	0	2	0		
Fallsburg	4	4	2		Yes
Forestburgh	0	1	0		
Fremont	0	0	0		
Highland	0	1	0		
Liberty	1	11	5	Yes	Yes
Lumberland	0	1	0	Yes	
Mamakating	1	0	4		Yes
Neversink	0	4	1		Yes
Rockland	0	2	0		
Thompson	6	13	5	Yes	Yes
Tusten	0	1	0		

Average Weekly Cost of Child Care	6wks-18mos	6wks-24mos	2yrs-5yrs	18mos-36mos	3y-5y	5y-12y
Family Day Care	n/a	\$157.50	\$143.64	n/a	n/a	\$131.39
Group Family Day Care	n/a	\$163.85	\$144.34	n/a	n/a	\$118.56
Day Care Center	\$175.00	n/a	n/a	\$168.75	\$149.79	\$150.00



## Sullivan County Child Care Council, Inc. 2012 Donation Form



### Professional Supporter (Check One)

\*Eligible for reduced training costs.

- \$35 Family Day Care Provider (code 1000)  
(\$25 if participate in CACFP)
- \$50 Group Family Day Care (code 2000)  
(\$40 if participate in CACFP)
- \$125 Day Care Center / SACC (code 3000)  
(\$100 if participate in CACFP)
- \$25 Legally-Exempt Provider (code 6000)  
(\$15 if participate in CACFP)

### Community Supporter (Check One)

- \$50 Advocate (code 4000)
- \$100 Sponsor\* (code 5000)
- Other \$ \_\_\_\_\_ \* (code 5000)

### Mail Form & Payment To:

Sullivan Co Child Care Council, Inc.  
PO Box 186  
Ferndale, NY 12734

Name/Organization \_\_\_\_\_

Phone (     ) \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

\*Please submit a business card with your donation of \$100 or more.  
Donations are non-refundable.

**Thank you for your financial support; it helps families gain access to quality and affordable childcare!**

Hours of Operation: Monday-Friday 8:30am-4:30pm



**Sullivan County Child Care Council, Inc.**



**P.O. Box 186  
Ferndale, NY 12734**

Phone: (845) 292-7166      Email: info@scchildcare.com  
Toll free: (877) 292-7190      Hours of Operation:  
Fax: (845) 292-1755      Monday - Friday 8:30-4:30

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**"I can't close one eye or the other eye closes too and then I fall asleep."—Adam, Age 4**

**Sullivan County  
Child Care  
Council, Inc.  
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- James Farrell**
- John Ferrara**
- Jodi Kane**
- Katia Martin**
- Robin Meddaugh**
- Dr. Jamie Noeth**
- Susan Peters**
- Dominick Scanna**
- Sherry Stanton**
- Barbara Sush**
- Laura Quigley**

**My Brother's Bear**

**BY BRUCE LANSKY**

**My baby brother has a bear  
that travels with him everywhere.  
He never lets the bear from sight.  
He hugs it in his crib at night.  
And when my brother's diaper smells,  
the name of the bear is what he yells—  
which is a clever thing to do  
because my brother named it Pooh.**

Source: <http://www.poetryfoundation.org/poem/176542>



**Caregiver News**

Caregiver News is published quarterly by the Sullivan County Child Care Council, Inc: Executive Director, **Donna Willi** and Editor, **Theresa Murdock-Marín**. Sullivan County Child Care Council is a not-for-profit corporation which offers direct and supportive services to all members of the community. The Sullivan Co. Child Care Council provides equal program and employment opportunities.

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- Michelle Albrecht**  
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