



Caregiver News

Publication of Sullivan County Child Care Council, Inc. for those who care for, educate, and nurture the young child.

Let's Celebrate!

www.scholastic.com, by Gayle Berthiaume

Scholastic.com offers the following multicultural lesson plan for ages K-2, complete with printables for arts and crafts and book lists. Visit [scholastic.com](http://www.scholastic.com) or the exact web addresses listed as the sources of this article for access to the links offered through the website.

Overview

We learn the ways in which people celebrate five specific holidays: Ramadan, Diwali, Hanukkah, Christmas, and Kwanzaa. Using a chart, we compare and contrast the elements of these celebrations and make a project for each one.

Objective Students Will:

Gain information from the reading.
 Participate in the discussion.
 Connect with the multicultural theme.

Lesson Plans for this Unit

Lesson 1: Let's Celebrate Ramadan!
 Lesson 2: Let's Celebrate Diwali!
 Lesson 3: Let's Celebrate Hanukkah!
 Lesson 4: Let's Celebrate Christmas!
 Lesson 5: Let's Celebrate Kwanzaa!

Reproducibles

Christmas Light Shape

Supporting Books

Books for Teaching Fall & Winter Holidays

Part of Collection

Celebrating Holidays in the Classroom

Subjects: Discovery and Learning, Charts and Graphs, Content Area Reading, Compare and Contrast, Listening Comprehension, Math through Literature, Culture and Diversity, Visual Arts, Tolerance and Acceptance, Christmas, Diwali, Hanukkah, Kwanzaa, Ramadan, Winter Themes, Understanding Self and Others

Skills: Compare and Contrast, Charts and Graphs, Social Studies, Listening Comprehension

Duration: 2 Weeks

Source: www.scholastic.com/teachers/lesson-plan/let39s-celebrate

Books for Teaching About Fall & Winter Celebrations

From Unit Plan:
 Let's Celebrate!

The following are available in the Teacher Store.

World Holidays: A Watts Guide for Children

by Heather Moehn

This 128-page book is great as a reference and a discussion starter. It provides a multicultural view of familiar and unfamiliar holidays.

Celebrate the Winter Holidays!

By Elaine I. Israel
 For kindergarten through second grade, this book has sensational activities and important background information that helps kids learn about and appreciate five important winter holidays.

25 Holiday & Seasonal Emergent Reader Mini-Books

by Maria Fleming
 You can build literacy through using these easy-to-make reproducible books for kindergarten and first grades. They are great for reinforcing reading skills.

Crafts of Many Cultures: 30 Authentic Craft Projects From Around the World

by Aurelia Gomez
 I use this teacher resource to find craft ideas for each celebration.

Emergent Readers: Social Studies Collection I use these easy readers in my literacy center. Set of Books Includes:

Arts and Crafts

Canada Celebrations Games Jobs Meet Jim Henson Mexico Red, White, and Blue School

My First Kwanzaa Book by Debbi Chocolate, Cal Massey (Illustrator) This is a wonderful read-aloud.

Seven Candles for Kwanzaa by Andrea Davis Pinkney, Brian Pinkney (Illustrator) I use this book as a Kwanzaa discussion starter.

Maps:

Mapping Out the World I use this map to mark the countries that celebrate each holiday.

Source: www.scholastic.com/teachers/lesson-plan/books-teaching-about-fall-winter-celebrations

What's New:

- P 2 4-H by CCESS
- P 3 Popular nap practice
- P 5 Check out online training offered by the Council!
- P 6-7 Mark these dates or post our calendar!
- P 8 Safe sleep, behavior management, contracts and policies!
- P 9 ASPIRE & QSNY
- P 11 Online Orientation to request your application!

Winter 2015 In This Issue:

Page 2
 Featured Agency:
 Cornell Cooperative Extension of Sullivan County

Page 3
 Safe Sleep & Message from Executive Director

Page 4
 MAT Info / CACFP

Page 5
 Training Info

Pages 6-7
 Training Calendar and Information

Page 8
 Provider Info

Page 9
 Legally Exempt News/Child Care Rates ASPIRE & QSNY

Page 10
 Product Recalls & 3 Toy Tips

Page 11
 Child Care Need/Cost Info Donation Form Council Info

Page 12
 Staff & Board



Featured Agency:

Cornell Cooperative Extension

Submitted by: Nicole Slevin, Public Affairs Coordinator

4-H Helps Young People Make a Positive Impact in and Beyond Sullivan County



Cornell University
Cooperative Extension
Sullivan County

Since 1913, Cornell Cooperative Extension Sullivan County (CCESC) has responded

to the needs of local residents with unbiased, research-based information, tools, and education that people have come to depend on and trust. Our programs are developed in direct response to community input, and are based on the most current information available from Cornell and other land grant universities from across the nation. Cornell Cooperative Extension's mission is to put knowledge to work in pursuit of economic vitality, ecological sustainability, and social well-being. We bring local experience and research based solutions together, helping New York State families and communities thrive in our rapidly changing world.

4-H'ers across the nation are responding to challenges every day in their communities and their world, to "make the best better."

As the youth development program of the Cooperative Extension System of land-grant universities, 4-H is the nation's largest youth development organization, empowering six million young people throughout the United States. Cooperative Extension of 1862 and 1890 land-grant universities provide the leadership to engage young people in 4-H in all 3,007 counties of the United States. The impact of the Cooperative Extension partnership is profound, bringing together National Institute of Food and Agriculture of US Department of Agriculture (USDA), land grant universities, and county government to resource learning opportunities for youth.

Through America's 110 land-grant universities and its Cooperative Extension System, 4-H reaches every corner of our nation—from urban neighborhoods to suburban schoolyards to rural farming communities. With a network of more than 6 million youth, 611,800 volunteers, 3,500 professionals, and more than 25 million alumni, 4-H helps shape youth to move our country and the world forward in ways that no other youth organization can.

Extension staff and trained volunteers deliver educational programs, conduct applied research, and encourage community collaborations. Our educators connect people with the information they need on topics such as commercial and consumer agriculture, nutrition and health, youth and families, finances, energy efficiency, economic and community development, and sustainable natural resources. Our ability to match university resources with community needs helps us play a vital role in the lives of individuals, families, businesses, and communities throughout Sullivan County.

In 2015, CCESC's 4-H engaged 17 active clubs, 3 programs, and many Independent Members, with a membership totaling over 300. Clubs include Fetlocks, Incredibles, Moo Juicers, Puppy Pals, Crafty Chameleons, Glen Spey Explorers, Hobby Horse Kids, Jack & Jills, Kenoza Lake Hummingbirds, Running

"W" Gang, Small Town Country, Explorers, Animal Science Club, and the Supernovas. Clubs are represented throughout the county, based in Neversink, Grahamsville, Hortonville, Callicoon, Bethel, Jeffersonville, Livingston Manor, Youngsville, White Sulphur Springs, Liberty, Monticello, and Glen Spey. In addition to 4-H community clubs with volunteer leaders, 4-H offers educational programs for specific interests such as Shooting Sports, Teen Youth Development, and Rabbits providing year-round activities and open to all youth regardless of club affiliation. Any community youth may join these programs with 4-H enrollment. Independent Members enroll with 4-H and, as the title suggests, work individually to meet 4-H requirements, with staff support.

The Positive Development of Youth: Comprehensive Findings from the 4-H Study of Positive Youth Development research study completed by Tufts University reported that 4-H youth excel beyond their peers. 4-H'ers are about:

- Four times more likely to make contributions to their communities (Grades 7-12);
- Two times more likely to be civically active (Grades 8-12);
- Two times more likely to make healthier choices (Grade 7);
- Two times more likely to participate in Science, Engineering and Computer Technology programs during out-of-school time (Grades 10 – 12); and
- 4-H girls are two times more likely (Grade 10) and nearly three times more likely (Grade 12) to take part in science programs compared to girls in other out-of-school time activities.

These pivotal experiences build a foundation of leadership and skills for success in their future careers. Learn more about 4-H programs or find out how you can get involved. Anyone can join 4-H with thousands of other New York State members, volunteers, staff, and funders.

To learn about joining or participating in 4-H as a member or volunteer, contact Marilyn Jones at (845) 292-6180 or sullivan@cornell.edu. More information and forms can be found on the CCESC website at sullivanccesc.org/4-h-youth-development.

THE 4-H'S | Head, Heart, Hands, and Health are the four H's in 4-H, and they are the four values members work on through fun and engaging programs.



Head - Managing, Thinking
Heart - Relating, Caring
Hands - Giving, Working
Health - Being, Living



4-H PLEDGE | I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living, for my club, my community, my country, and my world.

4-H MISSION | 4-H empowers youth to reach their full potential, working and learning in partnership with caring adults.

4-H VISION | A world in which youth and adults learn, grow, and work together as catalysts for positive change.

Source: www.4-H.org

Baby's day care death blamed on popular napping practice

In February 2015, Cooper Fales' parents brought him home from day care in a covered car seat. According to his day care provider, a woman Zach and Mary Fales considered a family friend after caring for their children for four years, the baby had fallen asleep in his car seat, which she then covered with a blanket. Since it was cold outside, the Fales left the blanket on and made their normal trek home. When they took the blanket off the car seat after arriving home, they found their little boy blue and stiff inside.

Their day care provider is not being charged with any wrongdoing, although she has lost her childcare license. And now these grieving parents are doing everything in their power to warn parents just like them — the involved and attentive working parents — of the dangers of letting a baby sleep in the car seat.

The Fales' message is an important one, considering that the risks that come with letting a baby sleep in a car seat have only made headlines in recent years. There are still generations of parents, grandparents and day care providers who see nothing wrong with letting a baby nap for hours in a car seat — a practice *The Journal of Pediatrics* declared an official danger just a few months ago.

Most new parents already have the basics drilled into them from the moment of conception: Sleep-related deaths are the most common cause of death among babies in their first year of life. In the past two decades, The American Academy of Pediatrics has taken a hard stance on putting all babies to sleep on their backs on a firm mattress, without blankets, in a SIDS awareness campaign that has saved thousands of young lives.

But as Cooper's parents found out in a tragic turn of events, these sleep guidelines are only telling part of the story. The newest recommendations that are oh-so-slowly infiltrating social media, met with resistance

yet another parenting rule to worry about, is that babies shouldn't be left to sleep *anywhere* outside the safety of their crib. This means no "alternative sleep environments," like car seats, bouncers and swings, that Hershey Medical Center researchers believe present a hidden hazard to parents.

We saw this danger lead to Cooper's death, and *The Journal of Pediatrics* study proves this is not an isolated incident. When researchers analyzed 47 infant death records associated with sitting and carrying devices in 2015, two thirds of the deaths involved car seats. Fifty-two percent of the car seat deaths that were not related to asphyxiation were caused by strangulation from car seat straps. Because of the severity of this danger, researchers extended the "no sleeping in car seats" warning from age newborn to toddler. While testing a car seat safety insert to prevent infant suffocation in 2013, University of Auckland researchers issued the same warning: Never, ever leave a young baby to sleep in a car seat.

The most heartbreaking part of the Fales' story is that letting a baby nap in a car seat is something we have all done at least once. This is exactly why the Fales hope that Cooper's short life can be used to prevent another tragedy — by putting a face to the danger so that more parents will take it seriously.

To minimize this life-threatening risk, it's as simple as waking your baby up and moving him to his crib when you get home from day care or the grocery store. You can also share this information with grandparents and childcare providers to make sure everyone caring for your infant is on the same page. With this kind of danger, there is no gray area: Car seats, bouncers, strollers and swings should be used for their intended purpose, under the supervision of a parent. A safe, flat surface like a crib is for sleeping.

Message From Executive Director

Hello Loyal Readers!

Over the years we have mailed thousands of newsletters containing information useful to our stakeholders; families, child care providers, employers and others interested in child care and its impact on a community.

We identify as a CCRR or Child Care Referral and Resource Agency a phrase coined within social services law. We are charged with helping working parents find and maintain a child care arrangement that works best for them. BUT, there is nothing simple about child care or supporting families with young children.

The second R stands for resource. In addition to our child care referral services, we maintain a data base chock full of community resources that also support families and children. We partner and collaborate with many organizations such as the Sullivan County Chamber of Commerce, Sullivan County BOCES, Sullivan Renaissance, the Allyson Whitney Foundation and the YMCA—just to name a few. We have included information about these and other organizations in our newsletters in the past as our Featured Agency with the intention of more in depth resource sharing.

Each month our Featured Agency shares program information that can enhance your quality of life in Sullivan County. The information is posted on our website, in our newsletter and on our Facebook page; included is contact information and web links. If you know of or are part of a great organization that enhances the quality of life for our families and youth here in Sullivan County please feel free to email me at info@scchildcare.com with Featured Agency Request in the subject line and we will be in touch.

In the meantime, thank you for showing your support by taking the time to read our newsletter!

Happy Holidays,

Donna Willi

Medication Administration Training (MAT)

Only topical ointments, sunscreens and repellents are legally permitted to be applied in a child care setting without a license or registration to administer medication.

To sign up for MAT training or to make an appointment for your 3 year renewal practicum, please email info@scschildcare.com.

MAT grant applications (**up to \$100 reimbursement**) can be obtained online at www.ecetp.pdp.albany.edu/mat.shtm or contact the SUNY MAT Grant Program at **800-295-9616** or mat@pdp.albany.edu.

MAT Approved Programs

The following providers hold a license/registration to administer medication:

Best Friends Services, Inc.

Jessica Dean

Tonya Dirie

Early Childhood Cooperative Experience

Easter Seals of New York, Inc.

Giggle-N-Grow, Inc. (Jody Bruno-Rysdyke)

Deborah Gubiotti

J&C First Steps Daycare, LLC (Diane Harvey)

Angel Morton

Nana's House Child Care Center, Inc.

New Hope Manor

Marlena's Family Daycare

(Marlena Pittaluga-Egan)

Deborah Silon: Little People's Express

TLC for Young Children, LLC

Twin Bridge Play School Inc.

Kristy Petrowsky

Sullivan County Head Start, Inc (All locations)

Medication Administration

Obtain your MAT Certification or Renewal with a new independent at **home study program & testing with a SUNY MAT instructor.**

You must renew your MAT Certificate every three years, prior to the expiration date!!

Please visit the following website for specific information and direction on renewing your MAT Certificate
www.ecetp.pdp.albany.edu/mat.shtm.

You may also contact the Council at
(845) 292-7166 or info@scschildcare.com.

Child & Adult Care Food Program (CACFP)

New CACFP Participants:

**Elizabeth Acosta,
Erin Conklin, Barbara Valree,
Lauren Smith, Rosetta Williams,
Christine McDonough,
Nicole Newick & Crystal Gagnon**

For more information call Aimee Pittaluga
(845) 292-7166 x306.

Indoor Gross Motor Activity Through Inclement Weather

It is very important for children to have about one hour of structured gross motor and one hour of unstructured gross motor while in your care each day.

Although this may seem difficult when your days are already so busy, it is very important for young, growing, learning children.

Children can learn through gross motor play:

- Can you jump five times?
- Can you run in the shape of a square?
- Can you find something red in the room and hop over to it?

Never limit learning to sitting classroom style all day. There are many fun ways to learn. Dance is also a great way for children to learn personal space, up, down, around, low, high, left, right, hard, soft....

Sometimes small areas make it difficult to conduct gross motor indoor activities. Some suggestions are blowing up a balloon and letting children "keep it in the air." Tie a ball in pantyhose and attach it to a doorframe or a door handle, to kick or hit.

Have children reach high and low, run in place, hop, skip, jump, gallop, copying each other and freeze dance.

Use small increments through out the day to implement gross motor activity. While cleaning up, hop around, while waiting to wash hands, march in place.

There is always time to add in some activity to keep their brains and bodies stimulated. It really helps to exhaust the kids for naptime too!

Online Trainings

NYSOCFS/PDP Online Trainings—FREE!

www.ecetp.pdp.albany.edu/learn_catalog.shtm

Fully narrated courses. Learning points of the training are enhanced throughout using video clips and interactive exercises. Application saves progress every 10-15 minute section, and allows you up to 30 days to complete the entire course.

Available Courses:

Course Title	Hrs	OCFS Topics	CDA Areas
Early Intervention	1.5	1, 4	3, 4, 7, 8
Emergency Preparedness	1.5	4, 7	1, 4, 5
Family Engagement	1.0	3, 4	4, 5, 6
Keeping Children Safe	1.5	1, 3, 4, 7	1, 2, 8
Mandated Reporter Training	2.0	5, 6, 8	na
Managing Challenging Behavior	1.5	1	1, 3
Obesity Prevention	2.0	2	1
Preventing SBS	1.0	1, 9	1, 3, 4,
Preventing SIDS & Promoting Safe Sleep	1.0	1, 3, 4, 7	1, 3, 4, 8
School Age Child Care ****NEW****	1.5	1, 3, 4	1, 5, 8
Supervision of Children	1.5	4	1
Transportation	2.0	3, 4, 7	1, 4, 5

Find online courses on our website!

www.scchildcare.com—under *Provider Education!* or choose courses from Physical & Intellectual Development, Commitment to Professionalism, Effective Program Operation, Social & Emotional Development, Observing & Recording Progress & Behavior of Children, Positive Relationships with Families, Child Growth & Development, and Safe & Healthy Environment. OCFS and CDA approved topics!

- Learn at your own pace & on your own schedule
- Easy to use
- Friendly 1-800 Help Support Line
- Affordable courses
- One year to complete a course
- International Association for Continuing Education & Training (IACET) approved courses and college credit
- CEU certificates issued immediately

Not all individual trainings are approved for OCFS training hours/EIP, however they are all approved for CDA hours. For more information visit the website.

Video Conferences

<http://ecetp.pdp.albany.edu>

The SUNY Video conferences are held at the **Sullivan County Child Care Council in Liberty; classes start promptly at 6:45;** please arrive on time! These are adult learning experiences. *No children, please.*

The 2016 schedule will soon be available at www.ecetp.pdp.albany.edu/videoconferencing.shtm

Intensive Technical Assistance

The Sullivan County Child Care Council, Inc offers intensive technical assistance. If you would like to gain more knowledge about a specific topic, an individualized training can be set up to address your needs as one session or multiple session workshops (conducted at your home during down time in your program).

If you would like to earn training credit through intensive technical assistance consider the following:

- “Learning Manners at Mealtimes”
- “Benefiting from Family Style Eating”
- “Age Appropriate Room Arrangements”
- “Introduction of Sign Language”
- “Gross Motor with Indoor & Outdoor Play”
- “Ideas for Better Nutrition & Physical Activity”
- “Learning through Nature”
- “Picky Eaters”
- “Creating Theme Curriculum”

Or choose your own topic!

Contact us at info@scchildcare.com to request a session or for more information or call Aimee Pittaluga at (845) 292-7166 x306.

This free service is funded by NYSOCFS.

Please Take Note of our Facebook Policy

Pictures of children will not be allowed to be uploaded onto our Facebook “wall” without the Sullivan County Child Care Council, Inc. having prior written consent from the parents/guardians. If a picture is posted; the image will be removed within 24 hours/one business day. The person that posted the photo will receive an email outlining our policy. If the policy is broken a second time the person will be blocked from interacting on the page.

Like us for our news feeds on your home page with information about current child care happenings!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2015		1	2	3	4	5
6	7 First Day of Hanukkah	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22 First Day of Winter	23	24 Christmas Eve Council Closes at 12:30 pm	25 Merry Christmas! Council Closed	26 First Day of Kwanza
27	28	29	30	31 New Year's Eve		

Check out our Training and Events Calendar on our website at <http://scschildcare.com/calendar/>.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2016					1 Happy New Year! Council Closed	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 Martin Luther King Jr. Day Council Closed	19	20 Child Care Orientation 5:30p-7:30p @ Council	21	22	23 MAT 8:00a-4:00p @ Council
24 31	25	26	27	28	29	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 Chinese New Year	9 Shrove Tuesday	10 Ash Wednesday	11	12	13
14 Valentine's Day	15 President's Day Council Closed	16	17	18	19	20
21	22	23	24	25	26	27
28	29	February 2016				

OCFS TOPICS	<ol style="list-style-type: none"> 1. Principles of Child Development 2. Nutrition and Health Needs of Infants and Children 3. Program Development 4. Safety and Security Procedures 5. Business Record Maintenance and Management 6. Child Abuse and Maltreatment Identification & Prevention 7. Statutes and regulations pertaining to child daycare 8. States & Regs pertaining to Child Abuse & Maltreatment 9. Shaken Baby syndrome
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CDA CONTENT AREAS	<ol style="list-style-type: none"> 1. Planning a safe, healthy, learning environment 2. Steps to advance children's physical and intellectual development 3. Positive ways to support children's social and emotional development 4. Strategies to establish productive relationships with families 5. Strategies to manage an effective program operation 6. Maintaining a commitment to professionalism 7. Observing and recording children's behavior 8. Principles of child development and learning
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CORE COMPETENCY AREAS	<ol style="list-style-type: none"> 1. Child Growth and Development 2. Family and Community Relationships 3. Observation and Assessment 4. Environment and Curriculum 5. Health, Safety, and Nutrition 6. Professionalism and Leadership 7. Administration and Management
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Course Title	Hrs/ CEU's	Cost/ Reduced Cost	OCFS Topics	CDA Areas	CBK Areas
MAT	8 0.8	\$160	2, 4, 7	NA	NA
Orientation	NA	\$10	NA	NA	NA



****Please Note** Training Expectations**

In order to ensure the most productive and enjoyable training experience, please keep the following in mind when attending a Council training:

- **Arrive on time.** If you arrive more than 10 minutes late for the training, you will not be admitted.
- **No children** are permitted during training sessions.
- **Put cell phones on vibrate/silent mode.** If you need to take a call during the training, please leave the room.
- In order to receive credit for the training, **you must stay for the full training.** If you are asked to leave for interrupting the group due to cell phone use or side conversations, you will not receive a certificate.
- If you need to leave early for any reason, you will not receive **any** credit for the training.
- Side conversations will not be permitted as they are distracting to the group.

We appreciate your understanding and cooperation!

Focus on the Regulations

Review Regulations! @ ocfs.ny.gov

Please take the time to consider where the children are sleeping and what the arrangements are with the parents.

Consider the regulations as the minimum requirements for where and how children sleep while in child care.

SAFE SLEEP REGULATIONS:

416/417.3 Building & Equipment

(e) A firm clean crib, cot, bed or washable padded mat of age-appropriate size and construction must be provided for all children requiring a rest period.

(f) All cribs must be in compliance with the safety standards established by the Consumer Product Safety Commission. Stackable cribs are prohibited.

416/417.7 Program Requirements

(j) Children may not sleep or nap in car seats, baby swings, strollers, infant seats or bouncy seats. Should a child fall asleep in one of these devices, he or she must be moved to a crib/cot or other approved sleeping surface.

(k) For day and evening care, appropriate rest and quiet periods, that are responsive to individual and group needs, must be provided so that children can sit quietly or lie down to rest.

(l) Other than for school age children, sleeping and napping arrangements must be made in writing between the parent and the program. Such arrangements shall include: the area of the home where the child will nap; whether the child will nap on a cot, mat, bed or a crib; and how the napping child will be supervised, consistent with the requirements of section 417.8 of this Part.

(m) Sleeping arrangements for infants require that the infant be placed flat on his or her back to sleep, unless medical information

from the child's health care provider is presented to the program by the parent that shows that arrangement is inappropriate for that child.

(n) Cribs, bassinets and other sleeping areas for infants must not have bumper pads, toys, large stuffed animals, heavy blankets, pillows, wedges or infant positioners unless medical information from the child's health care provider is presented indicating otherwise.

(o) The resting/napping places must:

- (1)** be located in approved day care space;
- (2)** be located in safe areas of the home;
- (3)** Be located in a draft-free area;
- (4)** be where children will not be stepped on;
- (5)** be in a location where safe egress is not blocked; and
- (6)** allow caregivers to move freely and safely within the napping area in order to check on or meet the needs of children.

(p) Individual clean bed coverings must be available, as needed, for each child requiring a rest period.

(q) Bedding, which is the removable and washable portion of the sleeping environment, must not be shared between children.

(r) Sleeping surfaces, including bedding, which is the removable and washable portion of the sleeping environment, must not come in contact with the sleeping surfaces of another child's rest equipment during storage. Mats and cots must be stored so that the sleeping surfaces do not touch when stacked.

(s) No crib, cot, bed, or mat may be occupied by more than one child, nor by a child and any adult.

(t) Children unable to sleep during nap time shall not be confined to a sleeping surface (cot, crib, etc.) but instead must be offered a supervised place for quiet play.

Dear Jodi

Dear Jodi,

I have a parent that has written a note that it is okay for her child to sleep in a stroller.

If a parent specifies in writing that it is okay for their child to sleep on something other than a crib or nap mat, is this acceptable documentation for sleeping arrangements as to where the child may sleep?

**Thank you,
Tired, Eldred**

Dear Tired,

A child may not sleep in a stroller, even with a note from the parent. Even if a child falls asleep in a stroller—on a walk, the child must be put on a mat or in a crib upon returning inside.

Child care regulations specifically state that a clean crib, cot, bed or washable padded mat must be provided for children who need to rest in child care.

It also states that a child may not sleep or nap in car seat, baby swing, stroller, infant seat or bouncy seat. ***If a child falls asleep in one of these devices, the child must be moved*** to a crib/cot or other approved sleeping surface. (Pack-n-plays are acceptable.)

Jodi

From the Desk of the Registrar

Dear Providers,

A written contract / policies are required for child care home programs as per section 15(b)(22), pages 54-55 of Part 416 & 417.

Please review the management section of the regulations and be sure to update your contract and policies to include the following: responsibilities of program, responsibilities of parent, program policies regarding admission and disenrollment; how parents will be notified of accidents / injuries; behavior management plan; evacuation plan; program activities; health policies; policies if a child is not picked up as scheduled; meal arrangements; information about child abuse and maltreatment and procedures available; how to access the regulations; contact information for the Office including child care complaints; transportation policy and written notice of firearms on the premises when applicable.

**Theresa Murdock-Marin,
Registrar**

QUALITYstarsNY

Will you be ready when QUALITYstarsNY comes to your community?

While we are not currently accepting additional programs to participate in QUALITYstarsNY, we are looking forward to expanding our recruitment efforts in the near future. Stay ahead of the curve. Here are some things you can do to get ready now:

1. Review the QUALITYstarsNY Program Standards at www.qualitystarsny.org
2. Get Your Program's Documentation in Order:
Gather the documentation that demonstrates that your program meets the QUALITYstarsNY standards.
3. Join Aspire: New York State's Workforce Registry at nyworksforchildren.org:
Aspire is a place for early childhood professionals to keep track of their career, including employment history, education, and ongoing professional development. Participation in Aspire is a requirement for most programs in QUALITYstarsNY. Get started on your free profile now!
4. Enhance Your Professional Development
5. Join our mailing list to stay up-to-date on QUALITYstarsNY's latest developments

Learn more by visiting www.qualitystarsny.org
Contact us: info@qualitystarsny.org (718) 254-7318

ASPIRE

The Aspire Registry Membership Cards are here!

We can't wait to put your card in the mail. All cards will be shipped to the address listed in your Aspire profile so please take a minute to make sure that your address is up to date. You won't want to miss this! Your new plastic membership card comes with an attached key tag so you can always have your Aspire ID on hand wherever you go. Our new membership cards also have an individualized QR code for each member. These QR codes will be used for our Aspire attendance app for trainers, coming soon. With the attendance app, trainers will be able to use the QR code on your membership card to instantly add the training you attend to your profile! Trainers and training organizations, can get ready for this new feature by submitting events to The Aspire Registry. As for all you members out there, start using the Statewide Training Calendar to search for Aspire approved events.

Need Help With Aspire?

Please contact Aspire staff with your questions or concerns.
Phone: (718) 254-7716 / Email: info@nyworksforchildren.org

Legally Exempt Child Care Rates

Standard Without training	0 - 1½ yrs	1½-2yrs	3-5 yrs	6-12 yrs
Weekly	\$98	\$91	\$91	\$91
Daily	\$20	\$20	\$20	\$20
Part Day	\$13	\$13	\$13	\$12
Hourly	\$3.09	\$2.93	\$2.93	\$3.25

Enhanced With training	0 - 1½ yrs	1½-2yrs	3-5 yrs	6-12 yrs
Weekly	\$105	\$98	\$98	\$98
Daily	\$21	\$21	\$21	\$20
Part Day	\$14	\$14	\$14	\$13
Hourly	\$3.33	\$3.15	\$3.15	\$3.50

Legally Exempt News

All Legally Exempt providers are subject to announced or un-announced inspection and/or verification of child care to verify compliance with applicable laws and regulations and any additional requirements imposed on such a provider by the social services district.

All Legally Exempt providers are **required to maintain current and accurate attendance records for each child showing the date of attendance with the time of arrival and departure; on a daily basis (full day absences must also be noted).**

An eligible provider must certify that all documentation and information provided to a social services district is accurate and true. Any false or fraudulent claims for payment by a provider may result in the deferral or disallowance of payment for such claims with a social services district, and/or referral for investigation.

It is important to become familiar with the NYS Regulations & CACFP Policies and Procedures.

Child Care Time & Attendance

The Child Care Time and Attendance (CCTA) System has many benefits such as:

- Easier time and attendance workload
- Decreased postage costs
- Improved timeliness & accuracy of payments
- Ability to view family fee (co-pay) & recertification dates
- Ability to immediately verify family approval for payment

If you are interested in submitting your time sheets electronically through the CCTA system, please contact the Council for more information at (845) 292-7166, ext 311.

Product Recalls

www.cpsc.gov

Bostitch electric pencil sharpeners

Hazard: The electric components inside can energize the pencil sharpener, posing a shock hazard.

Incidents/Injuries: Amax has received one report of a consumer who received a shock from the recalled electric pencil sharpener.

Remedy: Consumers should immediately stop using the recalled electric pencil sharpeners, unplug them from the outlet and contact Amax for a free replacement unit.

Consumer Contact: Amax toll-free at 844-483-5895 between 8 a.m. and 5 p.m. ET Monday through Friday, or online at www.bostitchoffice.com and click on "Support Center," then "Recall" for more information.

Glass fish bowls

Hazard: The glass fish bowls can crack, shatter or break during normal handling, posing a laceration hazard to consumers.

Incidents/Injuries: PetSmart has received 20 new reports of the glass fish bowl breaking during normal use, including 14 additional reports of cuts to fingers and hands. Seven cuts required stitches and three others required surgery for lacerated tendons

Remedy: Consumers should immediately stop using the fish bowl and return the fish bowl to any PetSmart store for a full refund. Use caution when handling the fish bowl for return due to the hazard.

Consumer Contact: PetSmart toll-free at 888-839-9638 from 8 a.m. to 5 p.m. MT Monday through Friday or online at www.petsmart.com and click on "Product Recalls" under the "Shop With Us" heading at the bottom of the page for more information.

Top Fin Betta Bowl Kit with LED Light

Hazard: The glass bowl can crack, shatter or break during normal handling, posing a laceration hazard.

Incidents/Injuries: The firm has received seven reports of incidents, including five reports of cuts to fingers and hands.

Remedy: Consumers should immediately stop using the recalled betta bowls, safely dispose of the glass bowl and return the plastic base with power cord and adapter to any PetSmart store for a full refund.

Consumer Contact: PetSmart toll-free at 888-839-9638 from 8 a.m. to 5 p.m. MT Monday through Friday, or online at www.petsmart.com and click on "Product Recalls" listed under "Shop With Us" for more information.

Kona Wo bicycles

Hazard: The bicycle fork can crack or break, posing a fall hazard.

Incidents/Injuries: Kona has received one report of the bicycle fork breaking at the junction of the crown. No injuries have been reported.

Remedy: Consumers should immediately stop using the recalled bicycles and contact Kona or an authorized Kona dealer for a free replacement and installation of the bicycle fork.

Consumer Contact: Kona at 800-566-2872 from 8:30 a.m. to 5 p.m. PT Monday through Friday, online at www.konaworld.com and click on the 2014 Kona Wo Recall link under the Support tab for more information.



3 Toy Tips to Keep Your Child Safe This Holiday Season...and All Year Long

Sometimes the holiday season can be stressful. But, shopping for toys doesn't have to be. In fact, the good news is that the U.S. Consumer Product Safety Commission (CPSC) has reported a decline in toy recalls in the past few years and consumers can shop with confidence.

In fiscal year 2015, CPSC issued 25 toy recalls, way down from 172 in 2008. Even with the decline in recalls, CPSC continues to detect and detain too many violative toys at U.S. ports. These dangerous imports have excessive lead and phthalates, as well as small parts. Thankfully, these toys never reached the hands of kids. CPSC also receives reports of kids who have suffered toy-related injuries and even deaths. A new report released for calendar year 2014 shows an estimated 183,800 toy-related injuries and 11 deaths. For toy-related deaths and injuries, it is important to note that although a toy was associated with many of the incidents, the toy was not necessarily the cause of the death or injury.

Here's what you can do to help keep your little ones safe and avoid these hazards:

1. Choose age appropriate toys by reading the age label on the toy. For children younger than 3, avoid toys with small parts, which can cause choking. In particular avoid deflated or broken balloons, small parts or small balls.



2. Scooters and other riding toys – Riding toys, skateboards and in-line skates go fast, and falls could be deadly. Helmets and safety gear should be worn properly at all times and they should be sized to fit. Avoid riding a scooter on a street or roadway with other motor vehicles.

3. Magnets—Children's magnetic toys are covered by a strong safety standard that prevents magnets from being swallowed. High-powered magnet sets, which are covered by a mandatory standard, also have small magnets that are dangerous and should be kept away from children. Whether marketed for children or adults, building and play sets with small magnets should also be kept away from small children.

Toy safety continues to be a top priority for CPSC, as we work to keep our most vulnerable consumers safe.

So *Play It Safe* this holiday season by following these safety tips and for more toy and product safety information don't forget to visit www.cpsc.gov.

Source: <http://onsafety.cpsc.gov/blog/2015/11/19/3-toy-tips-to-keep-your-child-safe-this-holiday-seasonand-all-year-long/>

Child Care Council Info

Normal Business Hours

Monday-Friday 8:30am-4:30pm

We are available for assistance in person:

7 Community Lane, Liberty, NY 12754,
Mail: **PO Box 186, Ferndale, NY 12734.**

Staff members can be reached by telephone at
(845) 292-7166, or toll free: **(877) 292-7190.**

Average Weekly Cost of Child Care

	Family Child Care	Group Family Child Care	Day Care Center
6wks-18mos	n/a	n/a	\$184.17
6wks-24mos	\$148.86	\$158.33	n/a
18mos-36mos	n/a	n/a	\$174.25
3y-5y	n/a	n/a	\$152.59
2yrs-5yrs	\$147.32	\$148.35	n/a
5y-12y	\$135.93	\$100.16	\$150.00

Prospective Child Care Providers

If you are interested in becoming a child care provider please visit <http://ocfs.ny.gov/main/childcare/techreq.asp> for a **free online Orientation** and to request an application.

If you prefer to attend a face to face orientation session providing the opportunity to ask direct and specific questions to the Registration Coordinator, you may attend* one of the following Orientation Sessions:

Wednesday, January 20, 2016, 5:30 pm

Wednesday, March 16, 2016, 10:30 am

*There is a nominal **fee of \$10.00 for a face to face session**. All are held at the Sullivan Co Child Care Council, in Liberty. You must register for the face to face by calling (845) 292-7166 or to info@scchildcare.com.

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Subscribe to e-news on our website by typing in your email and click on subscribe! **If you unsubscribed** from our new notification system, you will no longer receive our emails and child care updates; you will need to re-subscribe. Visit www.scchildcare.com.

Subscribe to e-news for our updates & child care info

Child Care Programs in Sullivan

Township	OCFS Registered/Licensed Child Care Programs				Private Schools	Requests for Care
	Day Care Centers (DCC)	Family Day Care Homes (FDC)	Group Family Day Care Homes (GFDC)	School-Age Child Care (SACC)		
Bethel	0	0	1	0		4
Callicoon	0	2	2	0		6
Cochecton	0	1	0	0		2
Delaware	0	3	0	0		1
Fallsburg	3	7	1	0		40
Forestburgh	0	0	0	0		0
Fremont	0	0	0	0		0
Highland	1	1	0	0		2
Liberty	1	8	2	2	Y	15
Lumberland	0	1	1	0	Y	0
Mamakating	1	2	2	0		25
Neversink	0	3	3	1		22
Rockland	0	3	0	0		30
Thompson	5	5	7	0	Y	166
Tusten	0	0	0	0		0

Sullivan County Child Care Council, Inc. 2016 Donation Form

Professional Supporter (Check One)

(Eligible for reduced training costs.)

- \$35 Family Day Care Provider (\$25 if participate in CACFP)
- \$50 Group Family Day Care (\$40 if participate in CACFP)
- \$125 Day Care Center / SACC (\$100 if participate in CACFP)
- \$25 Legally-Exempt Provider (\$15 if participate in CACFP)

Community Supporter (Check One)

- \$50 Advocate
- \$100 Sponsor*
- Other* _____

Name/Organization: _____

Phone: (_____) _____

Address: _____

Email: _____

Mail Form & Payment To:

Sullivan Co Child Care Council, Inc.
PO Box 186, Ferndale, NY 12734

*Please submit a business card with your donation of \$100 or more.
Donations are non-refundable.

Thank you for your financial support; it helps families gain access to quality and affordable childcare!

Hours of Operation: Monday-Friday 8:30am-4:30pm



Sullivan County
Child Care Council, Inc.
P.O. Box 186
Ferndale, NY 12734

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“Above all, watch with glittering eyes the whole world around you because the greatest secrets are always hidden in the most unlikely places.” —Roald Dahl, *Charlie and the Chocolate Factory*

**Sullivan County
Child Care
Council, Inc.
Board Members**

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- Bob Eddings
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- Laura Quigley
- Dr. Jeffrey Weinstein



Phone: (845) 292-7166 Email: info@scchildcare.com
Toll free: (877) 292-7190 Hours of Operation:
Fax: (845) 292-1755 Monday - Friday 8:30-4:30

We have several openings for Council Committee members. We are seeking members who could fulfill underrepresented areas such as, parents (who have children in child care); those who have expertise in marketing or insurance; those who are familiar with child care subsidy system and those who could represent our Hispanic community. **Support the Council by serving on a committee! Please contact us at info@scchildcare.com!**

Caregiver News
Caregiver News is published quarterly by the Sullivan County Child Care Council, Inc: Executive Director, **Donna Willi** and Editor, **Theresa Murdock-Marin**. Sullivan County Child Care Council, Inc is a not-for-profit corporation which offers direct and supportive services to all members of the community. The Sullivan County Child Care Council, Inc. provides equal program and employment opportunities.

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