



Caregiver News

Publication of Sullivan County Child Care Council, Inc. for those who care for, educate, and nurture the young child.

10 Things Not to Say to Your Kids, by Brenna Hicks

<http://thekidcounselor.com/articles/10-things-not-to-say-to-your-kids/>

When I think about all of the phrases, anecdotes, and sayings about the power of the spoken word I am reminded of how I changed my way of communicating with children upon learning Play Therapy principles. I realize that using Play Therapy based language is a learned and practiced skill that requires time and effort, so I thought it would be helpful to share ten commonly used phrases parents say to their kids. I will also give the Play Therapy based alternative with a short explanation of why it is more effective

1. No (running, hitting, yelling, fill in the verb)!

Kids hear the word "no" far too frequently. You can always rephrase the sentence from a negative to a positive, which will correct the behavior without sounding critical. Train yourself to say what you want them to do instead of what you don't. So, you can say "Walk, please" instead of "No running".

2. Good job!

I have spent a good deal of time on articles on the difference between Praise vs. Encouragement, and this phrase is arguably the most commonly spoken praise children hear. Train yourself to respond with "You did it!" or "You got it!" or "You figured it out!" Notice the common element is starting with the word "you" and then acknowledging what they worked at, rather than what you think about it.

3. Don't argue with me.

Children are programmed to question, analyze and wonder about situations. This can sometimes present itself in an argumentative manner, but this is actually a normal part of development. Instead of cutting off the conversation, you can say, "I know you want my answer to be different, but it will not

change." You can also train yourself to make sure the child fully understands your response, with "I just told you my answer. Do you have a question about it?" This allows the child to present their opinion or get clarification. Either way, the child is allowed to express their thoughts or concerns and feel validated without an argument.

5. If you do that one more time...

I can't tell you the number of times I hear that phrase when around other parents, even though it is highly ineffective. First, you are threatening a child, which makes them fearful of you. Second, the threat is usually not something that is feasible to do (we are going home, you are going straight to bed, you don't get dinner, you are grounded for a week, etc.) What we say in frustration is not only impractical but easily forgettable. Then we contradict our credibility. You can train yourself to be clear and concise, using choices. "If you choose to (continue that behavior), you choose to (receive whatever consequence has already been established as a punishment)." You might say, "Erin, if you choose to poke your sister again, you choose to not watch TV for the rest of the day." This clearly communicates the expectation and the consequence, without a threat.

6. You are doing that the wrong way.

Parents tend to want control all of the time, and it takes work to allow kids to have freedom to do what they choose. Of course, there will be times when a task must be completed in a certain fashion (homework, etc.).

Continued p.3

What's New:

- P 2 Children Grieve Too! / Provider Appreciation
- P 3 10 Things Not to Say & It takes a community
- P 5 Check out online training offered by the Council!
No travel needed during the wintery months.
- P 6-7 Mark these dates or post our calendar!
- P 8 Get familiar and ask questions!
- P 9 CSEA Fees / FCCANYS Conference at the Villa!
- P 11 Online Orientation to request your application!

Spring 2015 In This Issue:

Page 2
Featured Agency:
HOSPICE of Orange
& Sullivan Co
Thank You Providers!

Page 3
Things Not to Say
(Continued from p.1)
& Message from
Executive Director

Page 4
MAT Info / CACFP

Page 5
Training Info

Pages 6-7
Training Calendar
and Information

Page 8
Provider Info

Page 9
FCCANYS Conference
& Legally Exempt
Child Care Rates

Page 10
Product Recalls

Page 11
Child Care Info
Council Info
& Donation Form

Page 12
Staff & Board



Featured Agency:
HOSPICE of Orange & Sullivan Counties, Inc
 Submitted by: Janice Valetino

Hospice is more than you think....
Children's Grieving Center Expands to Sullivan County



The Children's Grieving Center in Newburgh is underway again and will continue until the end of the school year. With the need for this type of service growing in our communities, we are happy to announce the Children's Grieving Center will be available at our Middletown location for those in Sullivan County.

Hospice of Orange & Sullivan Counties, Inc.
 800 Stony Brook Court, Newburgh, NY
 Every Other Wednesday 6:30 pm – 7:30 pm
 Contact: Gail Miller, LMSW at (845) 561-6111

Children often grieve differently from adults. The Grieving Center provides loving support in a safe place where children and their families who have experienced the death of a loved one can share their experience as they move through the healing process. Trained professionals and volunteers lead activities designed to help the grieving process of children. A Bereavement Support Group runs concurrently for parents/guardians at the Newburgh location only. Participation in the Children's Grieving Center and other bereavement services does not require prior participation with the Hospice program. This program is open to the community at no cost. Go to hospiceoforange.com/bereavement-services for more information.

Sullivan County: Please call Gail Miller if you are in need of Children Grieving Center Services at our 90 Crystal Run Road, Middletown, NY location.

Facilitators: Olivia Sanborn, LMSW and Wendy Abels, LMSW

*"I have lots of tears inside,
 but I can't get them out as easy as my Mom."*



In Honor of CACFP Week & Provider Appreciation Day...

In honor of National CACFP Week ,March 15-21, 2015, we would like to list and thank the child care providers that participate in Sullivan County Child Care Council's Child and Adult Care Food Program.

- Vera Angeles
- Amy Babicz
- Darlene Balzano
- Sierra Banach
- Jody Bruno-Rysdyke
- Catherine Castillo
- George Conklin
- Jessica Dean
- Susan DeWitt
- Tonya Dirie
- Celia DiVita
- Frank Flowers
- Betty Gonzalez
- Ali Granito

- Deborah Gubiotti
- Diane Harvey
- Flor Hernandez
- Barbara Hotchkin
- Rachel Lindsley
- Patricia McGovern
- Faith Metzinger
- Michelle Morris
- Angel Morton
- Pamela Osisami
- Terri Pellam
- Kristy Petrowsky
- Karen Pinkel
- Marlena Pittaluga-Egan

- Tara Poje
- Elvira Reed
- Elizabeth Rivera
- Omar Rodriguez
- Wanda Rodriguez
- Desirae Schubert
- Deborah Silon
- Deborah Stack
- Jeana Towt
- Joann VanDeursen
- Heather Walsh
- Kathleen Whitted
- Thelma York

*...We would like
 to say,
 thank you,
 to the
 child care
 workforce
 dedicated to
 Sullivan
 County!*



Things Not to Say to Your Kids, by Brenna Hicks (Continued from p.1)

However, many times we force kids to do something the "right way," when it could have been done in several ways. If a child is coloring the grass purple, it is easy to tell them it must be green. A kid can sit down on a chair facing the back, and we make them turn around. Train yourself to acknowledge their behavior without a judgment, such as, "You chose to sit the other way on the chair" or "You colored the grass purple instead." This gives them the freedom to be creative and discover things without expectations.

7. That is what happens when you...

We often try to teach lesson to kids about life at the most inappropriate times. If a child gets hurt because they were doing something dangerous or inappropriate, they already learned their lesson. It is wasted words to try to express a rule when a child is upset, as they focus on one thing at a time. Instead, train yourself to say, "You realized that you jumped off the chair and got hurt when you landed on the ground," rather than, "See, that is what happens when you jump off the chair." The former acknowledges that the child already figured out the problem, but is still comforting.

8. You can't / Don't do that.

When redirecting behavior, it is difficult to know how to phrase things in the best manner. Telling a child that they can't do something makes them prove that they can, by telling you or showing you that it is in fact possible. Telling a kid to not do something makes them want to argue or rebel. Train yourself to explain the reason behind your statement. "That is not safe" or "Your skin is not for coloring on" is specific and helps them learn why things are off limits, rather than just that they are.

9. We are (whatever the child doesn't want to do at that moment), OKAY?

In an attempt to be kind and loving to children, parents tend to ask kids for their approval. I understand the rationale behind it, but I believe it becomes a habit when trying to convince a child to comply. Parents will often say, "We are leaving the playground now and we'll come back again, okay?" The reality is that asking your child if it is okay sets you up for an argument when the child says no. You already know that he doesn't want to leave, or you wouldn't be negotiating with him. Train yourself to state things in sentence form, while acknowledging the child's feelings. "Kevin, I know you want to stay and play, but it is time to go. We can come back another day." This helps the child feel understood, but still communicates that leaving is non-negotiable.

10. You are making me really mad right now.

When I was a child and fought with my younger brother, I would complain to my mom that he made me mad about something. She would (and still does) respond with "No one can make you feel anything. You choose to get mad." At the time, I hated that phrase. However, it is very true. Parents tend to let their children control their emotions, when it is the parent who is ultimately responsible for how they feel. It is also important for kids to understand that they choose what they feel, and they are not creating emotions in you. Train yourself to say, "I need a break right now because I am getting upset" or "I am angry right now." You can communicate your feelings to your children without placing the burden of cause on them.

Retraining your way of speaking will take time and energy, but can be done. I would encourage you to do it one step at a time, and feel proud when you hear yourself respond differently. It will not happen overnight, as I liken it to learning a new language, but it can happen with practice!

Message From Donna Willi, Executive Director

Child Care is a Social Responsibility

The mission of the Sullivan County Child Care Council: To link the parents of Sullivan County to safe, enriching, quality child care by strengthening professional providers through education and resources.

For those families with young children in need of child care, the considerations when making their choices are many and are multifaceted. Most families in Sullivan County must choose based on cost and convenience; often at the expense of quality. The average regulated child care program in Sullivan County costs approximately \$170 per week or \$8,840 per year per child, or 21% of the mean income with the average number of hours worked upwards of 55 per week. Unregulated child care programs cost approximately \$98 per week or \$5,096 or 12% of the mean income making it an obvious choice for many parents.

Regulated child care programs are required to have CPR and first aid certifications along with thirty hours on-going professional development training in nine different categories including but not limited to business, programming, child development and safety. In addition, they endure at minimum quarterly visits by a regulatory agency, complete a statewide criminal background check and a statewide child abuse background check. However, in home providers are not required to have any formal education in the field of early childhood or a early childhood credential such as the Child Development Associate (CDA) or an accreditation from an organization such as the National Association of the Education of Young Children (NAEYC). While all are required to complete on-going professional development, most of our providers do not hold or pursue a credential due to cost and/or accessibility.

In contrast unregulated child care programs are not required to have CPR or first aid certifications or any on-going professional development training; additionally, their criminal background checks are self-disclosed. The Sullivan County Child Care Council gives supports and technical assistance to these programs offering them the opportunity to become regulated and to run a sustainable child care business.

One can argue that the cost of child care is not a social issue; however the outcomes of low quality child care adversely effects everyone and society as a whole; similar to inadequate health care systems and low performing public school systems. In contrast, high quality child care also affects society albeit in a positive way, for example children attending high quality child care settings are 200% more likely to be successful in school and attend college. (Con't 10)

Medication Administration Training (MAT)

Only topical ointments, sunscreens and repellents are legally permitted to be applied in a child care setting without a license or registration to administer medication.

To sign up for MAT training or to make an appointment for your 3 year renewal practicum, please email info@scchildcare.com.

MAT grant applications (**up to \$100 reimbursement**) can be obtained online at www.ecetp.pdp.albany.edu/mat.shtm or contact the SUNY MAT Grant Program at **800-295-9616** or mat@pdp.albany.edu.

Congratulations & Bravo

To the providers who have previously received their license/registration to administer medication:

Best Friends Services, Inc.

Jody Bruno-Rysdyke: Giggle-N-Grow, Inc.

Early Childhood Cooperative Experience

Jessica Dean

Easter Seals of New York, Inc.

Andrea Garrett

Deborah Gubiotti

Diane Harvey: J&C First Steps

Angel Morton

Nana's House Child Care Center, Inc.

Marlena Pittaluga-Egan:

Marlena's Family Daycare

Precious Child Care II

Deborah Silon: Little People's Express

Twin Bridge Play School Inc.

Kristy Petrowsky

Sullivan County Head Start: (All locations)



Medication Administration

Obtain your MAT Certification with a new independent at home study program and a testing period done with a SUNY MAT instructor.

You must renew your MAT Certificate every three years, **prior to the expiration date.**

Please visit the following website for specific information and direction on renewing your MAT Certificate www.ecetp.pdp.albany.edu/mat.shtm.

You may also contact the Council at (845) 292-7166 or info@scchildcare.com.

Child & Adult Care Food Program (CACFP)

New CACFP Participants:

**Thelma York, Omar Rodriguez,
Michelle Morris, Jeana Towt,
Heather Walsh, Kathleen Whitted**

* * *

For more information call Aimee Pittaluga
(845) 292-7166 x306.

Eating well and exercising regularly contribute to your state mental health and daily moods. Exercise is proven to help with stress, anxiety and overall health. Some foods actually help increase levels of serotonin or contain other natural "feel good" ingredients. Below is a list of foods help boost your mood:

Pasta—Yes, pasta has carbohydrates that lift spirits by increasing serotonin. High-carb meals are more effective than high protein meals when considering mental health.

Cheese—It contains tryptophan which is a mood enhancer. It also contains calcium which is necessary to produce melatonin the hormone that help with sleeping.

Green vegetables—Leafy greens are a natural antidepressant and contain an excellent source of folic acid.

Dark chocolate—70 % cocoa. It releases endorphins and boosts serotonin

Bananas—contains tryptophan which the body uses to produce serotonin. The potassium in bananas is also important since stress depletes potassium. Vitamin B6 also regulates blood sugar levels.

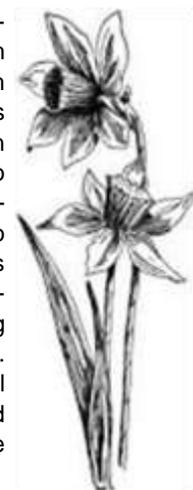
Mackerel, fish—contains vitamin D and boosts serotonin

Sunflowers seeds—Omega 3 fatty acids reduce depression and help with sleeping better.

Chicken liver pate—contains iron which supplies the brain with oxygen and helps fight fatigue.

* * * *Thank You!* * * *

Thank you to all of the child care providers that participate in the Child and Adult Care Food Program (CACFP). The providers that participate in this program maintain daily menus and meet nutritional requirements for the variety of age groups served in their program. In addition, they receive at least three visits a year to check that there are no safety concerns and that children are eating nutritiously. Please take the time to thank your child care provider for providing these meals for your children and maintaining a high quality of record keeping and food quality. Many children are eating most of their daily meals with child care providers. When your provider participates in this program, you will know they are eating well which is a big part of child health. Good eating habits are developed early. Please see the list of participating CACFP providers on page 2!



Online Trainings

NYSOCFS/PDP Online Trainings—FREE!

www.ecetp.pdp.albany.edu/learn_catalog.shtm

Fully narrated courses. Learning points of the training are enhanced throughout using video clips and interactive exercises. Application saves progress every 10 -15 minute section, and allows you up to 30 days to complete the entire course.

Available Courses:

OCFS Hrs/Topics Covered	Hrs/CEU's	Cost	1	2	3	4	5	6	7	8	9
CDA CEU's/Topics Covered	CEU's		1	2	3	4	5	6	7	8	9
Early Intervention (Online)	1.5 0.15	Free	X		x	X			x	x	
Emergency Preparedness (Online)	1.5 0.15	Free	x			X	x		X		
Family Engagement (Online)	1.0	Free			X	X	x	x			
Keeping Children Safe (Online)	1.5 0.15	Free	X		X	X			X		
Mandated Reporter Online Training	2.0 0.2	Free						X			
Managing Challenging Behavior (Online)	1.5	Free	X		x					x	
Obesity Prevention(Online) ***NEW***	2.0	Free	x	X							
Preventing SBS (Online)	1.0 0.1	Free	X		x	x					X
Preventing SIDS & Promoting Safe Sleep (Online)	1.0 0.1	Free	X		X	X			X	x	
Transportation (Online)	2.0	Free	X			X	x		X		

Find online courses on our website!

www.scchildcare.com—under *Provider Education!* or choose courses from Physical & Intellectual Development, Commitment to Professionalism, Effective Program Operation, Social & Emotional Development, Observing & Recording Progress & Behavior of Children, Positive Relationships with Families, Child Growth & Development, and Safe & Healthy Environment. OCFS and CDA approved topics!

- Learn at your own pace & on your own schedule
- Easy to use
- Friendly 1-800 Help Support Line
- Affordable courses
- One year to complete a course
- International Association for Continuing Education & Training (IACET) approved courses and college credit
- CEU certificates issued immediately

Not all individual trainings are approved for OCFS training hours/EIP, however they are all approved for CDA hours. For more information visit the website.

Video Conferences

<http://ecetp.pdp.albany.edu>

The SUNY Video conference will be held at the **Sullivan County Child Care Council in Liberty; classes start promptly at 6:45**; please arrive on time! These are adult learning experiences. *No children, please.*

You can check on the website for a 2015 schedule.

www.ecetp.pdp.albany.edu/videoconferencing.shtm

Save the dates: April 30, 2015 & May 21, 2015

Intensive Technical Assistance

The Sullivan County Child Care Council, Inc offers intensive technical assistance. If you would like to gain more knowledge about a specific topic, an individualized training can be set up to address your needs as one session or multiple session workshops (conducted at your home during down time in your program).

If you would like to earn training credit through intensive technical assistance consider the following:

- “Learning Manners at Mealtimes”
- “Benefiting from Family Style Eating “
- “Age Appropriate Room Arrangements”
- “Introduction of Sign Language”
- “Gross Motor with Indoor & Outdoor Play”
- “Ideas for Better Nutrition & Physical Activity”
- “Learning through Nature”
- “Picky Eaters”
- “Creating Theme Curriculum”

or Choose Your Own Topic!

Contact us at info@scchildcare.com to request a session or for more information or call Aimee Pittaluga at (845) 292– 7166.

Subscribe to SCCCC E-News

Make sure you stay up to date with info & updates from the Council!

Subscribe to e-news on our website by typing in your email and click on subscribe! **If you unsubscribed** from our new notification system, you will no longer receive our emails and child care updates; you will need to re-subscribe. Visit www.scchildcare.com.

Subscribe to e-news for our updates & child care info

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18 Child Care Orientation 5:30p @ Council	19 Easy Healthy Meals & Snacks 6:30p-8:30p @ Council	20 FCCANYS Conference @ Villa	21 MAT Training 8am-4:00pm @ Council
CACFP Week 3/15/15—3/21/15						
22	23	24	25 Council Closed- Staff Development Day	26 What About Me? Individualizing Curriculum for ALL Infants & Toddlers 6:30p-8:30p @ Council	27	28
29	30	31	March 2015			

Check out our Training and Events Calendar on our website at <http://scchildcare.com/calendar/>.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 SNOW DATE Infant Toddler Training 6:30p-8:30p @ Council	3	4
5	6	7	8 Health & Safety 8:30a-5p @ Council	9 Health & Safety 8:30a-5p @ Council	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30 Videoconference 6:30p-9:30p @ Council	April 2015	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 2015					1	2
3	4	5	6	7	8 Child Care Provider Appreciation Day! THANK YOU	9
10 Mother's Day	11	12	13	14	15	16
17	18	19	20 Child Care Orientation 5:30p @ Council	21 Videoconference 6:30p-9:30p @ Council	22	23
24 31	25 Memorial Day Council Closed	26	27	28	29	30

****Please Note** Training Expectations**

In order to ensure the most productive and enjoyable training experience, please keep the following in mind when attending a Council training:

- **Arrive on time.** If you arrive more than 10 minutes late for the training, you will not be admitted.
- **No children** are permitted during training sessions.
- **Put cell phones on vibrate/silent mode.** If you need to take a call during the training, please leave the room.
- In order to receive credit for the training, **you must stay for the full training.** If you are asked to leave for interrupting the group due to cell phone use or side conversations, you will not receive a certificate.
- If you need to leave early for any reason, you will not receive any credit for the training.
- Side conversations will not be permitted as they are distracting to the group.

We appreciate your understanding and cooperation!

OCFS Hrs/Topics Covered	Hrs/CEU's	Cost/Reduced Cost	1	2	3	4	5	6	7	8	9
CDA CEU's/Topics Covered			1	2	3	4	5	6	7	8	9
Easy Healthy Meals & Snacks	2.0	\$10		X x							
Health & Safety	15.0 1.5	\$250	x	X	X	X	X	X	X	X	X
MAT	2.5	\$160					X x				
Orientation	NA	\$10									
What About Me?	2.0	NA	X	X							



OCFS TOPICS	1. Principles of Child Development
	2. Nutrition and Health Needs of Infants and Children
	3. Program Development
	4. Safety and Security Procedures
	5. Business Record Maintenance and Management
	6. Child Abuse and Maltreatment Identification & Prevention
	7. Statues and regulations pertaining to child daycare
	8. States & Regs pertaining to Child Abuse & Maltreatment
	9. Shaken Baby syndrome

GDA TOPICS	1. Planning a safe, healthy, learning environment
	2. Steps to advance children's physical and intellectual development
	3. Positive ways to support children's social and emotional development
	4. Strategies to establish productive relationships with families
	5. Strategies to manage an effective program operation
	6. Maintaining a commitment to professionalism
	7. Observing and recording children's behavior
	8. Principles of child development and learning

Focus on the Regulations

Review Your Regulations! @ ocfs.ny.gov

Before an employee may begin work in a child care:

STAFF BACKGROUND CHECKS

Under the new regulations for Family Day Care and Group Family Day Care, programs must have a medical statement and TB testing for all caregivers PRIOR to them working with child care children. In addition, staff may not be left alone unsupervised with child care children until their background checks are completed and they have been cleared and approved by the Office.

.11(c) Each employee and volunteer must submit a statement from a health care provider prior to beginning employment at the child day care center, and every two years thereafter. Such statement must give satisfactory evidence that the individual is physically fit to provide child day care, has no diagnosed psychiatric or emotional disorder which would preclude such individual from providing child day care, and is free from communicable disease. The medical statement also must include the results of a Mantoux tuberculin test which has been performed within the 12 months preceding the date of the statement.

Before a child may be enrolled in child care:

.11(b)(2)(e) Other than children who are enrolled in kindergarten or a higher grade, no child may be accepted for care in a child day care center unless the provider has been furnished with a written statement signed by a health care provider stating that the child is able to participate in child day care, currently appears to be free from contagious or communicable diseases and is receiving health care...*The written statement from the health care provider must also state whether the child is a child with special health care needs* and, if so, what special provisions, if any, will be necessary in order for the child to participate in day care...Such documentation must state that the **child has received age-appropriate immunizations in accordance with NYS Public Health Law.**

From the Desk of the Registrar

Dear Providers,

As a professional working in the early childhood field, it makes sense to maintain your professional profile where it is easily accessible and organized for future reference. Your continuing education is constantly being evaluated by employers and OCFS to make sure that you are maintaining the level of knowledge that you need to work in the child care field.

Complete your professional profile on ASPIRE at www.nyworksforchildren.org. The process is fairly quick and highly painless! Alleviate paperwork for yourself, by maintaining an your trainings online!

Having all your training available in one place makes it easy to track the 30 training hours and 9 topics required every two years as per licensure.

Theresa Murdock-Marin,
Registrar



Welcome to our newest providers:



Little Home:
Omar Rodriguez

Dear Jodi

Dear Jodi,

I am feeling overwhelmed by the child care subsidy system. I have a few questions about payments I should be receiving.

First, do I receive a 1099 from the county for the payment received in 2014? Second, I heard the union fair share fees from subsidy payments were ruled to be unlawful and was wondering how that situation will be rectified? Third, I have a family whose children I watched for three weeks and they were denied subsidy payment. It seems as though I am just out of payment for the time I care for those children. Is there any way to fight this?

**Thank you,
Overwhelmed, Narrowsburg**

Dear Overwhelmed,

First, Sullivan County will send, if they have not already, 1099's to all providers that received subsidy payments in excess of \$600 in 2014 [except for Legally Exempt In-home providers]. Also, if a provider is due monies from 2014 services but had not received payment by 12/31/14 those funds will be included in a 1099 for 2015.

Second, CSEA will be issuing checks to providers for refunds of union fair share "fees" for providers who are not union members, effective 7/2014. You can contact CSEA if you are not sure if you are being issued a refund.

Third, the Council has received a United Way grant for providers who have watched children and are being informed that the family is not approved and no payment will be issued for services rendered. Please visit the Providers page on our website for more information and the grant application. (You should have also received the grant application in the mail in the Fall of 2014.)

Jodi

Please Take Note of our Facebook Policy

Pictures of children will not be allowed to be uploaded onto our Facebook "wall" without the Sullivan County Child Care Council, Inc. having prior written consent from the parents/guardians. If a picture is posted on our wall the image will be removed within 24 hours/business day. The person that posted the photo will receive an email outlining our policy. If this policy is broken a second time the person will be blocked from interacting on the page.

Like us for our news feeds on your home page with information about current child care happenings!



Legally Exempt News

All Legally Exempt providers are subject to announced or un-announced inspection and/or verification of child care to verify compliance with applicable laws and regulations and any additional requirements imposed on such a provider by the social services district.

All Legally Exempt providers are required to maintain current and accurate attendance records for each child showing the date of attendance with the time of arrival and departure; on a daily basis (full day absences must also be noted).

An eligible provider must certify that all documentation and information provided to a social services district is accurate and true. Any false or fraudulent claims for payment by a provider may result in the deferral or disallowance of payment for such claims with a social services district, and/or referral for investigation.

Remember to know and become familiar with the NYS Regulations & CACFP Policies and Procedures.

CSEA Fair Share Refunds

Beginning in 2012, Union Dues and Fair Share payments began being deducted from the child care subsidy checks issued to all providers of family day care, group family day care, legally-exempt in home providers and legally exempt family child care providers outside of New York City. These deductions were then transmitted to CSEA, the union designated to represent these providers.

Earlier in 2014, the U.S. Supreme Court issued a ruling (*Harris v. Quinn*, 2014) which prohibits the collection of fair share payments (payments deducted from those providers who have elected not to become members of the Union).

As a system fix is being developed to differentiate between day care providers who are union members from those who aren't, OCFS has begun to stop the dues deductions from those providers who are not CSEA members.

Accordingly, districts may start seeing instances where providers are not having dues deducted from their subsidy checks. Until the provider has signed on with CSEA, OCFS is assuming the provider does not want to be a CSEA member and there will be no deduction made from their subsidy check.

Providers should contact CSEA if they wish to become a member.

Child Care Time & Attendance

If you are interested in submitting your time sheets electronically through the Child Care Time & Attendance (CCTA) system, please contact the Council for more information at (845) 292-7166.

Legally Exempt Child Care Rates

Standard Without training	0 - 1½ yrs	1½–2yrs	3-5 yrs	6-12 yrs
Weekly	\$98	\$91	\$91	\$91
Daily	\$20	\$20	\$20	\$20
Part Day	\$13	\$13	\$13	\$12
Hourly	\$3.09	\$2.93	\$2.93	\$3.25

Enhanced With training	0 - 1½ yrs	1½–2yrs	3-5 yrs	6-12 yrs
Weekly	\$105	\$98	\$98	\$98
Daily	\$21	\$21	\$21	\$20
Part Day	\$14	\$14	\$14	\$13
Hourly	\$3.33	\$3.15	\$3.15	\$3.50

FCCANYS 2015 Conference!

www.fccanys.org



Family Child Care Association of NYS, Inc.
24th Annual Conference
Friday & Saturday,
March 20 & 21, 2015
Pre-Conference Session, Thursday, March 19th
Villa Roma Resort & Conference Center
Cattaraugus, New York



*Pre-Conference
Thursday
&
Friday Keynote*
Tom Copeland
Minnesota
Nationally renowned
tax & business
specialist for
family child care

Friday Night Keynote
Jim Snack
New York
Award winning Motivational Speaker

Saturday Keynote
Jennifer Birkmayer
New York
Early Childhood Specialist

Saturday Closing Session
Charlie Slaughter, MPH, RD
Connecticut
Developmentalist with a passion for young
children, parents & staff thriving in life.



Special Conference Room Rates

- \$105 Traditional Rooms in Villas
- \$125 Traditional Rooms in Main Hotel
- \$125 1 Bedroom Suites in Villas
- \$140 1 Bedroom Suites in Main Hotel

Based on single in room & per night
Add \$17 pp for tax & 4th person

FCCANYS awards a number of scholarships to assist our members in attending the conference. Visit www.fccanys.org for details.

FCCANYS accepts EIP awards as payment for conference registration. Scholarship funding to participate in this training may be available. For more info visit www.ecstp.pdp.albany.edu

Visit our website www.fccanys.org for more information or contact Heather Schwegler @ 845-331-2929 or hwschwegler@fccanys.org. Para información detallada en Español por favor comuníquese con Claudia Caba. FCCANYS miembros de la Junta Directiva en la dirección electrónica ccaba@fccanys.org

Product Recalls

www.cpsc.gov

The PouchPop™ Topper

Hazard: The tube of the pouch topper that screws onto the food pouch can separate from the round base, posing a choking hazard to young children.

Remedy: Consumers should immediately stop using the recalled PouchPop toppers and contact Performance Packaging for instructions on receiving a free replacement product or full refund.

Consumer Contact: Performance Packaging toll-free at (844) 560-7227 from 8 a.m. to 4:30 p.m. PT Monday through Friday or go to www.pouchpop.com and click on "PouchPop Product Recall" for more information.

Kidde Plastic Valve Disposable Fire Extinguishers

Hazard: A faulty valve component can cause the disposable fire extinguishers not to fully discharge when the lever is repeatedly pressed and released during a fire emergency, posing a risk of injury.

Remedy: Consumers should immediately contact Kidde for a replacement fire extinguisher.

Consumer Contact: Kidde toll-free at (855) 283-7991 from 8 a.m. to 5 p.m. ET Monday through Friday, or online at www.kidde.com and click on Safety Notice for more information.

Airplane & Butterfly Push Toys

Hazard: The wheels of the airplane and the balls at the tip of the butterfly's antenna can detach, posing a choking hazard to young children.

Remedy: Consumers should immediately take the recalled toys away from children and contact LS Import for a full refund.

Consumer Contact: LS Import Inc. collect at (713) 780-3900 from 10 a.m. to 5 p.m. CT Monday through Friday for more information.

i4 Series System Sensor Combination Carbon Monoxide (CO)/Smoke Detectors

Hazard: The detectors can fail to detect carbon monoxide gas in the home, posing a risk of carbon monoxide poisoning.

Remedy: Consumers should immediately contact System Sensor to obtain a free replacement combination CO/smoke detector. Consumers should keep using the recalled detectors until replacement detectors are installed.

Consumer Contact: System Sensor at (800) 736-7672 from 8 a.m. to 5 p.m. CT Monday—Friday or online at www.systemsensor.com, and click on "Product Safety Notice" for more information.

Children's Pajamas and Robes

Hazard: The footed pajamas and robes fail to meet the federal flammability standard for children's sleepwear, posing a burn hazard to children.

Remedy: Consumers should immediately take the recalled pajamas and robes away from children and return them to Lazy One for a free replacement garment, including shipping.

Consumer Contact: Lazy One toll-free at (866) 340-5278 between 9 a.m. and 5 p.m. MT Monday through Friday, or online at www.lazyone.com and click on the Product Recall link on the bottom of the page for more information.

Tough Treadz Auto Carrier

Hazard: The die-cast metal cars can have sharp edges that pose a laceration hazard.

Remedy: Consumers should immediately stop using the recalled toy sets, take them away and return them to any Family Dollar Stores location for a full refund.

Consumer Contact: Family Dollar Stores at (800) 547-0359 from 8:30 a.m. to 5 p.m. Monday—Friday or online at www.familydollar.com, then click on Product Recalls in the Help section at the bottom of the page.

Message From Donna Willi, Executive Director

(Continued from p.3) Both regulated and unregulated child care programs in New York State are eligible to receive child care subsidy dollars funded by the federal government using the Child Care Development Block Grant. In addition, many cases are partially paid with local share tax dollars. These subsidy dollars should be recognized as not only a support system for our families but also as a benefit to the employers who pay wages of \$10 to \$14 per hour; offer weekly work hours of less than 40 and provide no paid time off or other benefits.

Additionally, our child care programs play a dual role. They are small businesses in the forefront of the success of our economic growth and they are charged with educating and nurturing our very young children with the expectation that the children in their programs will be prepared for kindergarten and beyond.

Early Head Start, Head Start and Universal Pre-Kindergarten are all initiatives funded by the government in recognition of the need for children to have access to high quality early education, beginning at birth. Unfortunately these initiatives are not enough as in many districts more than 50% of our children enter kindergarten unprepared for the rigorous education required by the New York State Department of Education.

New York has been working on increasing the expectation of quality but unfortunately with little or no funding to do so. The QualityStarsNY (QSNY) initiative is a rating system that has yet to be implemented in New York due to severe lack of funding. QSNY automatically awards regulated providers with one star and awards additional stars as programs increase their credentials and quality with a maximum of five stars available. The Sullivan County Child Care Council, Inc. works to provide on-going technical support, training and education to our community, including the business community; the child care workforce including pre-K teachers, day care center staff and in home child care providers. We are all responsible for ensuring our children have access to high quality, affordable early education, beginning at birth. The Council hopes to offer CDA classes and supports in 2015 and beyond and to create the framework for a mini QSNY for the child care workforce in Sullivan County.

Watch for more information, trainings and fund raising efforts to meet these goals in 2015 and beyond.

**Warm regards,
Donna**

Child Care Council Info

Normal Business Hours

Monday-Friday 8:30am-4:30pm

We are available for assistance in person:

7 Community Lane, Liberty, NY 12754,

Mail: **PO Box 186, Ferndale, NY 12734.**

Staff members can be reached by telephone at
(845) 292-7166, or toll free: **(877) 292-7190.**

Prospective Child Care Providers

If you are interested in becoming a child care provider please visit www.ocfs.state.ny.us/main/childcare/techreq.asp for a *free online Orientation* and to request an application.

If you prefer to attend a face to face orientation session; providing you the opportunity to ask direct and specific questions to the Registration Coordinator here in Sullivan County, please sign up for one of the face to face Orientation Sessions listed below:

Wednesday, March 18th, 2015, 10:30 am

Wednesday, May 20th, 2015, 5:30 pm

There is a nominal fee of \$10.00 for a face to face session. All are held at the Sullivan County Child Care Council, Inc. in Liberty. You must register for the face to face by calling (845) 292-7166 or to info@scchildcare.com.

Child Care Programs in Sullivan

Township	OCFS Registered/Licensed Child Care Programs			Other Programs	
	Day Care Centers	Family Day Care Homes	Group Family Day Care Homes	Private Schools	School Age Programs (SACC)
Bethel	0	0	1		Yes
Callicoon	0	3	2		
Cochecton	0	1	0		
Delaware	0	3	0		
Fallsburg	3	7	1		Yes
Forestburgh	0	0	0		
Fremont	0	0	0		
Highland	0	1	0		
Liberty	1	8	2	Yes	Yes
Lumberland	0	1	1	Yes	
Mamakating	1	2	2		Yes
Neversink	0	3	3		Yes
Rockland	0	3	0		
Thompson	6	5	7	Yes	Yes
Tusten	0	0	0		

Average Weekly Cost of Child Care	6wks-18mos	6wks-24mos	2yrs-5yrs	18mos-36mos	3y-5y	5y-12y
Family Day Care	n/a	\$159.88	\$151.76	n/a	n/a	\$133.59
Group Family Day Care	n/a	\$161.25	\$148.22	n/a	n/a	\$114.31
Day Care Center	\$181.25	n/a	n/a	\$120	\$151.87	\$150.00

Sullivan County Child Care Council, Inc. 2015 Donation Form

Professional Supporter (Check One)

*Eligible for reduced training costs.

- \$35 Family Day Care Provider
(\$25 if participate in CACFP)
- \$50 Group Family Day Care
(\$40 if participate in CACFP)
- \$125 Day Care Center / SACC
(\$100 if participate in CACFP)
- \$25 Legally-Exempt Provider
(\$15 if participate in CACFP)

Community Supporter

(Check One)

- \$50 Advocate
- \$100 Sponsor*
- Other \$ _____*

Mail Form & Payment To:

Sullivan Co Child Care Council, Inc.
PO Box 186
Ferndale, NY 12734

Name/Organization _____

Phone () _____

Address _____

Email _____

*Please submit a business card with your donation of \$100 or more. *Donations are non-refundable.*

Thank you for your financial support; it helps families gain access to quality and affordable childcare!

Hours of Operation: Monday-Friday 8:30am-4:30pm



Sullivan County
Child Care Council, Inc.
P.O. Box 186
Ferndale, NY 12734

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“You can find magic wherever you look. Sit back and relax all you need is a book.” -Dr Seuss

**Sullivan County
Child Care
Council, Inc.
Board Members**

**Darlene Beiling
Susan Dollard
Stephanie Doyle
Bob Eddings
James Farrell
Tony Harvey
Jodi Kane
Elizabeth Kubenik
Katia Martin
Regina McKenny-
Snead
Robin Meddaugh
Dr. Jamie Noeth
Susan Peters
Nora Rauch
Barbara Sush
Laura Quigley
Dr. Jeffrey Weinstein**



Phone: (845) 292-7166 Email: info@scchildcare.com
Toll free: (877) 292-7190 Hours of Operation:
Fax: (845) 292-1755 Monday - Friday 8:30-4:30

We have several openings for Council Committee members. We are seeking members who could fulfill underrepresented areas such as, parents (who have children in child care); those who have expertise in marketing or insurance; those who are familiar with child care subsidy system and those who could represent our Hispanic community. **Support the Council by serving on a committee! Please contact us at info@scchildcare.com!**

Caregiver News

Caregiver News is published quarterly by the Sullivan County Child Care Council, Inc: Executive Director, **Donna Willi** and Editor, **Theresa Murdock-Marin**. Sullivan County Child Care Council, Inc is a not-for-profit corporation which offers direct and supportive services to all members of the community. The Sullivan County Child Care Council, Inc. provides equal program and employment opportunities.

The Council Staff

Donna Willi
Executive Director

Michelle Albrecht
Administrative Assistant

Pamela DeMarmels
Subsidy Specialist II

Lee A. Brown
Legally Exempt Coordinator

Theresa Murdock-Marin
Registration Coordinator

Cathy Patton
Parent Counselor

Aimee Pittaluga
CACFP Coordinator
& TA Specialist

Allison Wall-Carty
Services Specialist