

Caregiver News

Publication of Sullivan County Child Care Council, Inc. for those who care for, educate, and nurture the young child.

Provider Appreciation Day

What Do Daycare Providers Make?

The dinner guests were sitting around the table discussing life. One man, a CEO, decided to explain the problem with children. He argued, "What's a kid going to learn from someone who decided their best option in life was to become a daycare provider?"

He reminded the other dinner guests what they say about daycare providers: "Those who can, do. Those who can't, watch kids." To stress his point he said to another guest; "You're a babysitter, Susan. Be honest. What do you make?"

Susan, who had a reputation for honesty and frankness replied, "If you really want to know what I make, I will tell you. I make kids play harder than they ever thought they could. I make a completed art project feel like winning the Congressional Medal of Honor. I make kids share, speak kindly and be accountable for their actions."

"You want to know what I make?"

I make kids wonder.

I make them question.

I make them try.

I make them apologize and mean it.

I make them write.

I make them read, read, read.

I make them understand that if you use your brains,

and follow your heart,
 you can accomplish anything.

I make them know they are important and loved.

I make them know they are special.

I make them know if someone ever tries to judge them by what they make, they must pay no attention because that person just didn't learn."

Susan paused and then continued.

"You really want to know what I make?"

"I MAKE A DIFFERENCE."

"What do you make?"

Source: <http://www.daycareanswers.com/poems-for-daycare-providers.html#about>

To all of the child care providers, who spend long days caring for and helping to grow the brains of our young children, THANK YOU, from the bottoms of our hearts!

Here are some ideas for parents if you are trying to brainstorm ways to show your gratitude for your child care provider and maybe even to wish her a happy Mother's Day! Parents and providers commented on Berkeley Parents Network with some gift ideas that may work for you.

...if you can't afford a gift, do give her a card or another small token. I've had families give me hugely expensive gifts, which are great, but I've also had families give me thoughtful notes about how much they appreciate the care and love I give their child. Sometimes people will bake something, always a winner! If your provider has a child too, offer to babysit (that's a HUGE one for me!) The usual small gifts are great too: bookstore gift certificates, a Trader Joe's gift card, something personal for the provider, that sort of thing. —A lucky childcare provider (Continued p 9)

What's New:

- P 2 Check out our Featured Agency and gather up your team for a Mother's Day Weekend 5K to support the Allyson Whitney Foundation!
- P 3 Don't forget to read up on the new Regs for FDC & GFDC effective 5/1/14. Proposed regs for DCC & SACC are currently out for public comment. Please make your comments if you would like to see changes to the current regulations!
- P 4 It's CACFP week March 16-22! How will you participate?
- P 5 Save the dates for SUNY Videoconferences and check out the new Obesity Prevention free online training!
- P 6-7 Don't forget to mark these dates or post our calendar so you don't forget about the upcoming trainings! Come to New Regs Session 4/8 to familiarize with changes before they take effect!
- P 8 Look at these new ways to save! Share your ideas with the community.

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Featured Agency:
Allyson Whitney Foundation
Submitted by: Barbara Strong

Thank you Sullivan County Child Care Council, Inc for inviting us to write about our organization and bringing more awareness to an underserved population.

The Allyson Whitney Foundation was founded in March 2012, in love and memory of Monticello resident, Allyson Whitney Strong. Ally was 25 years young and beautiful. She had just graduated with her Masters Degree in Speech Pathology from CW Post, after attending St Johns University for her undergraduate education. She had her career and life planned, when out of nowhere, she was struck with a very rare and aggressive cancer. She never made it to her first day of work. Her world, her friend's world and family's world had turned upside down and all were plunged into a world of cancer. Despite traveling in and out of the country to endure this fight, Ally lost her battle to cancer after 14 short months.

Ally had small cell cancer which reared itself in her cervix. Only about 1% of women with a cervical cancer will be diagnosed with this. She was pure textbook, in the respect that most OB/GYN's read about, but never see a patient with this disease. It is not HPV related, it is not slow growing and it does not have prior symptoms; the cause is unknown. What we did know: it is was aggressive with a very poor prognosis; survival rate did not exceed a few years. It's bad enough to have a cancer diagnosis, but then when you are told the statistics of a rare cancer, where do you turn? What do you do? "Hope", she said.



Our mission is to spread awareness for young adults, an underserved demographic, as well as, to shine light to the rare cancer community. According to NCI, 50% of people diagnosed with cancer are diagnosed with a rare form of the disease. Rare cancers have no protocol. Ally wanted everyone to realize this can happen to anyone, at any time. Her pursuit is now our reality...

What we do: We give 'life interrupted' patient grants for young adults with rare cancers. Our grants open 2 to 3 times a year, depending on finances. To date we have awarded \$51,700 nationally, of that total, we have been able to reach local community individuals who have received \$24,500 in grant monies. To be eligible for a grant, a patient must be undergoing treatment or finished protocol within 6 months, ages can range between 15—35 and must be a US citizen. We grant help for IVF



ALLYSON WHITNEY FOUNDATION

treatments, rent, medical bills, and travel expenses. We get it, we understand the hardship. Our grant committee verifies our recipients, to assure our donation money is properly distributed. For more information contact grants@allysonwhitney.org.

Other initiatives: 10% of proceeds goes to innovative research for small cell at MD Anderson Cancer Center. We also work with Delete Blood Cancer at our events to swab for potential bone marrow donors to be placed on the National Registry. A new goal for this year is to bring comfort bags to patients at our local oncology Department at CRMC in Harris, New York.

Our major fundraiser is an annual 5k race/walk held in Kauneonga Lake, NY (located near the original Woodstock Festival). The 5k is held on Saturday, Mother's Day weekend. **This year, save the date for May 10th 2014.** You can join us there or join/create a team on www.crowdrise.com/allysonwhitney from anywhere in the country!

We welcome any grassroots fundraisers to take place for us at any time throughout the year, contact us for any information and help getting organized at info@allysonwhitney.org

Our Logo™: The circular sphere represents that rare cancer is a global issue, with no outline and no boundaries to seeking hope. The multi-color bands are symbolic of different cancers and the intertwining colors demonstrate that we are banding together to help patients.

At this time the Foundation is comprised of all volunteers, 100% of proceeds of money raised goes directly to fund our mission.

"Man can live about forty days without food, about three days without water, about eight minutes without air, but only for one second without hope." Join us at Team Ally to help us, help others.

Digitally connect: www.allysonwhitney.org
Like us on Facebook
Linked In Pinterest or Twitter @Allyson4rare

If you didn't get a chance to read this in December—please read it now! Regulation Changes to FDC & GFDC Effective 5/1/14!

Proposed Regulations were adopted on 10/30/13. They will be effective on 5/1/14. Take the next few months to learn the changes and ask questions to get ready for their implementation.

Some regulatory requirements have been added or removed on the basis of the impact of the health and safety of the children. Much of the regulations have been reworded for clarity to make the regulations easier to understand; the intent has not changed. The best way to familiarize yourself with the regulations is to read them! The new regulations can be located at: <http://ocfs.ny.gov/main/legal/Regulatory/final/>

The following is a summary of wording changes and new or removed regulatory requirements:

416/7.2 Applying for a License

- Substitutes must have references, medical exams and TB tests

416/7.3 Building and Equipment

- CPSC crib compliance
- House/building # visible
- Updated diagram must be submitted & approved upon making any change that impacts child care program
- Outdoor play spaces may include public parks, school yards or public playgrounds
- Additional smoke detectors may be needed if nap area has door
- Occasional second floor use means bathroom use only
- Additional window size permitted if permitted by code

416/7.4 Fire Safety

- PATH of egress is free from obstruction
- Evacuation plan must be POSTED
- *Secondary egress* must be practiced in fire drills
- *Primary and secondary relocation sites* must be named

416/7.5 Safety

- Prohibit trampoline use
- Cell phone permitted as primary phone
 - Must be available for use
 - In a designated location
 - Audible ringtone
 - Caregivers must know how to operate cell phone

- Pets or animals must be licensed if required and vaccinated
- Parents must be informed of pets regularly in program
- Develop a **plan to shelter in place and hold 2 drills annually**
- Cushioned surface under playgrounds
- Window blind cords must be inaccessible and secured
- Firearms (section changed)
- Public pool & bathing beach must have DOH permit

416/7.6 Transportation

- Driver must not be engaged in phone call (including hand's free)
- Parents must give approval for transportation plans
- Daily transportation plans must be posted

416/7.7 Program Requirements REVIEW THIS SECTION!

- Infants less than 6mos must have tummy time
- Children may not sleep in car seats
- Physical activity EVERY DAY
- TV/electronic media must be:
 - Planned with a learning objective
 - Not be used solely to occupy time
 - Must be OFF when not in use
 - Must be OFF during meal and nap times

416/7.8 Supervision

- Definition of competent supervision updated
- Use of electronic media devices while directly supervising children is prohibited
- When electronic monitor is in use, children must be checked every 15 minutes
- Caregiver must *visually* check school age children every 15 minutes
- Visitor is defined by OCFS
- Verify parent is home before releasing a child (if transporting)
- Provider must be the primary caregiver
- Short term and long term absences defined
- Notify parents 2 weeks prior to long absence in writing
- Provider must be approved prior to assuming the role in the program

- Provider must be present with unapproved staff

416/7.9 Behavior Management

- Prohibits physical restraint
- Allows physical intervention
- Established a written plan for behavior management
- Requires that all behavior management guidelines be provided to all caregivers and parents

416/7.11 Health and Infection Control

- Entire section reorganized & simplified
- Daily health checks must be DOCUMENTED
- Emergency medication waiver language added—waivers no longer needed
- Hand sanitizer is allowed for staff and children over 2 years
- TB and medicals not required after initial testing
- 5 Rights added (MAT)
- Advise parent same day of symptoms of illness or minor injury sustained while child is in care
- All caregivers must have medicals prior to working with children

416/7.12 Nutrition

- Fluid milk, 100% juice and/or water must be the ONLY beverages served
- Milk must be low fat (1%) or fat free when served to children over 2 years
- Meals, snacks and beverages provided by parent are not subject to CACFP meal pattern or beverage standard
- Must share information on healthy food and beverage choices and prevention of childhood obesity with parents. Foods for older children heated in a microwave must be stirred and allowed to reach serving temperature before serving
- All devices used to warm breast milk, formula or food for infants must be kept at or below 120°F
- Caregivers may not hold an infant while removing bottles or food from warming device

(Continued on page 8)

Medication Administration Training (MAT)

Only topical ointments, sunscreens and repellents are legally permitted to be applied in a child care setting without a license or registration to administer medication.

To sign up for MAT training or to make an appointment for your 3 year renewal practicum, please call Christy Hernandez at (845) 292-7166 x305.

MAT grant applications (**up to \$100 reimbursement**) can be obtained online at www.ecetp.pdp.albany.edu/mat.shtm or contact the SUNY MAT Grant Program at **800-295-9616** or mat@pdp.albany.edu.

Congratulations & Bravo

To the providers who have previously received their license/registration to administer medication:

Best Friends Services, Inc.

Jody Bruno-Rysdyke: Gigggle-N-Grow, Inc.

Early Childhood Cooperative Experience

Jessica Dean

Easter Seals of New York, Inc.

Andrea Garrett

Deborah Gubiotti

Diane Harvey: J&C First Steps

Rachel Lindsley: Rachel's Angels Day Care

Nana's House Child Care Center, Inc.

Marlena Pittaluga-Egan:

Marlena's Family Daycare

Precious Child Care II

Deborah Silon: Little People's Express

Twin Bridge Play School Inc.

Kristy Petrowsky

Sullivan County Head Start: (All locations)



Medication Administration

Obtain your MAT Certification with a new independent at home study program and a testing period done with a SUNY MAT instructor.

You must renew your MAT Certificate every three years, **prior to the expiration date.**

Please visit the following website for specific information and direction on renewing your MAT Certificate www.ecetp.pdp.albany.edu/mat.shtm.

You may also contact the Council at (845) 292-7166 or info@scchildcare.com.

Child & Adult Care Food Program (CACFP)

WELCOME NEW CACFP MEMBERS:

Susan Muntz, Vera Angeles

For more information call Aimee Pittaluga (845) 292-7166 x306.

Thank you to all of the child care providers that participate in the Child and Adult Care Food Program (CACFP). The providers that participate in this program maintain daily menus and meet nutritional requirements for the variety of age groups served in their program. In addition, they receive at least three visits a year to check that there are no safety concerns and that children are eating nutritiously. Please take the time to thank your child care provider for providing these meals for your children and maintaining a high quality of record keeping and food quality. Many children are eating most of their daily meals with child care providers. When your provider participates in this program, you will know they are eating well which is a big part of child health. Good eating habits are developed early.

In honor of National **CACFP Week March 16-22, 2014** would like to list and thank the child care providers that participate in Sullivan County Child Care Council's Child and Adult Care Food Program.

**Amy Babicz
Kathleen Diaco
Deborah Gubiotti
Barbara Hotchkin
Elvira Reed
Marlena Pittaluga-Egan
Kristy Petrowsky
Catherine Castillo
Faith Metzinger
Deborah Stack
Joann VanDeursen
Karen Pinkel
Jody Bruno-Rysdyke
Patricia McGovern
Margarita Gonzalez
Wanda Rodriguez
Susan DeWitt
Dawn Oliver Haas
Frank Flowers
Sierra Konikowski
Brittiany Smith
Vera Angeles**

**Rachel Lindsley
Deborah Silon
Diane Harvey
Tara Poje
Ali Granito
Jessica Dean
Angel Morton
Flor Hernandez
Andrea Garrett
Sadequa Steele
Elizabeth Rivera
Pamela Osisami
Vanessa Jones
Celia DiVita
Terri Pellam
Lori Ward
Betty Gonzalez
Desirae Schubert
George Conklin
Sarah Lewin
Susan Muntz
Tonya Dirie**

Thank for all you do to support child health and nutrition!!!!

Intensive Technical Assistance

The Sullivan County Child Care Council, Inc offers intensive technical assistance. If you would like to gain more knowledge about a specific topic, an individualized training can be set up to address your needs as one session or multiple session workshops (conducted at your home during down time in your program).

If you would like to earn training credit through intensive technical assistance consider the following:

- “Bullying: How You Can Help”
 - “Child Abuse & Maltreatment”
 - “Child Care Environments”
 - “Creating Safe & Healthy Spaces”
 - “Helping a Child Through Grief”
 - “Ideas for Better Nutrition & Physical Activity”
 - “Learning through Nature”
 - “Quality Stars”
 - “Spring Safety”
- or Choose Your Own Topic!

Contact Christy Hernandez at (845) 292-7166 x305 to request a session or more information.

SUNY Video Conferences

<http://ecetp.pdp.albany.edu>

The SUNY Video conference will be held at the **Sullivan County Child Care Council in Liberty**; classes start promptly at 6:45; please arrive on time! These are adult learning experiences. *No children, please.*

Please save these 2014 dates:

April 24th

May 22nd

June 19th

September 11th

October 23rd

November 20th

<http://www.ecetp.pdp.albany.edu/videoconferencing.shtm>

To register: Online @

<http://www.ecetp.pdp.albany.edu/signup.shtm>;

Fax to: (518) 443-5941; or call (518) 443-5940.

Online Trainings

Child Care Aware Training Academy™

Find the courses on our website

www.scchildcare.com—under Provider Education! or
www.smarthorizons.org/naccrra/sccc

Choose courses from Physical & Intellectual Development, Commitment to Professionalism, Effective Program Operation, Social & Emotional Development, Observing & Recording Progress & Behavior of Children, Positive Relationships with Families, Child Growth & Development, and Safe & Healthy Environment. Courses range from 2 hours for \$35 to 20 hours for \$149.

Training Academy benefits:

- Learn at your own pace & on your own schedule
- Easy to use
- Friendly 1-800 Help Support Line
- Affordable courses
- One year to complete a course
- International Association for Continuing Education & Training (IACET) approved courses and college credit
- CEU certificates issued immediately

*Currently individual trainings are approved for OCFS training hours. EIP approval is in-process. For more information visit the website listed above.

NYSOCFS/PDP Online Trainings—FREE!

www.ecetp.pdp.albany.edu/learn_catalog.shtm

During these fully narrated courses trainees will learn important information on the stated topic. Learning points of the training are enhanced throughout using video clips and interactive exercises. As you complete each 10-15 minute section, the application saves your progress and allows you up to 30 days to complete the entire course.

OCFS Hrs/Topics Covered	Hrs/CEU's	Cost	1	2	3	4	5	6	7	8	9
CDA CEU's/Topics Covered			1	2	3	4	5	6	7	8	9
Early Intervention (Online)	1.5 0.15	Free	X		x	X			x	x	
Emergency Preparedness (Online)	1.5 0.15	Free	x			X	x		X		
Family Engagement (Online)	1.0	Free			X	X	x	x			
Keeping Children Safe (Online)	1.5 0.15	Free	X		X	X			X		
Mandated Reporter Online Training	2.0 0.2	Free						X			
Managing Challenging Behavior (Online)	1.5	Free	X		x					x	
Obesity Prevention (Online) ***NEW***	2.0	Free	x	X							
Preventing SBS (Online)	1.0 0.1	Free	X			x	x				X
Preventing SIDS & Promoting Safe Sleep (Online)	1 0.1	Free	X		X	X			X		x
Transportation (Online)	2.0	Free	X			X		x	X		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2014						1
2 Dr Seuss Day	3 National Anthem Day	4 Pancake Day	5 Ash Wednesday Learn What Your Names Means Day	6 World Book Day	7 International Women's Day	8 "MAT" 8a-4p @ Council (More info p 4)
National Write a Letter of Appreciation Week 3/1-3/7						
9 Daylight Savings Time Begins	10	11 Johnny Appleseed Day	12	13 Donald Duck Day	14	15
16	17 St Patrick's Day	18	19 Information/ Start-up Session 10:30a @ Council (More info p 11)	20 Nutrition & Child Care 6:30-8:30p @ Council	21 National Common Courtesy Day	22
National CACFP Week 3/16-3/22						
23	24	25 Vaffeldagen (Waffle Day)	26 Make up Your own Holiday	27	28	29
2014 FCCANYS Annual Conference 3/27-3/29 @ Villa Roma Resort www.fccanys.org to register online or call (518) 523-1125 (more info p.9)						
30	31					National Women's History Month

Check out our Training and Events Calendar on our website at <http://scchildcare.com/calendar/>.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 April Fool's Day	2 International Children's Book Day	3 Relationships & Families @ Council 6:30-8:30pm	4	5 Health & Safety (Part 1 of 3) 9a-4p @ Council *Will only run with 4 paid registrants
6	7	8 New Regs Session @ Council 6:30-8:30pm	9	10 Health & Safety (Part 2 of 3) 2p-8p @ Council	11	12 Health & Safety (Part 3 of 3) 9a-4p @ Council
Week of the Young Child 4/6-4/12						
13	14 Passover	15 National Library Day	16 Income Tax Day Information/ Start-up Session 5:30p @ Council (More info p 11)	17 National Haiku Poetry Day	18 Good Friday	19
20 Easter	21 Kindergarten Day	22 Earth Day	23 Administrative Professionals Day	24 SUNY Videoconference @ Council 6:45-9:15pm (More info p.5)	25	26
27	28 Yom HaShoah (Holocaust Remembrance Day)	29 Dance Day	30 Bugs Bunny Day	April 2014		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 2014				1 Mother Goose Day School Principal's Day	2	3
4	5 Cinco de Mayo	6 Nurse's Day	7 National School Nurse Day	8 Children's Mental Health Awareness Day	9 Child Care Provider Appreciation Day	10
11 Mother's Day	12	13 Frog Jumping Day	14	15 International Day of Families	16 Endangered Species Day	17
18	19	20 Weights & Measures Day	21 Information/ Start-up Session 10:30a @ Council (More info p 11)	22 SUNY Videoconference @ Council 6:45-9:15pm (More info p.5)	23 National Wig Out Day	24
25	26 Council Closed Memorial Day	27	28	29	30	31 World No Tobacco Day

****Please Note** Training Expectations**

In order to ensure the most productive and enjoyable training experience, please keep the following in mind when attending a Council training:

- Arrive on time. If you arrive more than 10 minutes late for the training, you will not be admitted.
- No children are permitted during training sessions.
- Put cell phones on vibrate/silent mode. If you need to take a call during the training, please leave the room.
- In order to receive credit for the training, you must stay for the full training. *If you are asked to leave for interrupting the group due to cell phone use or side conversations, you will not receive a certificate.*
- If you need to leave early for any reason, you will not receive any credit for the training.
- Side conversations will not be permitted as they are distracting to the group.
- We appreciate your understanding and cooperation!

OCFS Hrs/Topics Covered	Hrs/CEU's	Cost/Reduced Cost	1	2	3	4	5	6	7	8	9
CDA CEU's/Topics Covered			1	2	3	4	5	6	7	8	9
Nutrition & Child Care	2.0	\$10/\$20	x	X							
MAT	2.5	\$160					X x				
Health & Safety	15.0 1.5	\$250	x	X		X	X x	X	X x	X	X
Quality Stars: Relationships & Families	2.0	\$10			X			x			

Please Take Note of our Facebook Policy

Pictures of children will not be allowed to be uploaded onto our facebook "wall" without the Sullivan County Child Care Council, Inc. having prior written consent from the parents/guardians. If a picture is posted on our wall the image will be removed within 24 hours/ business day. The person that posted the photo will receive an email outlining our policy. If this policy is broken a second time the person will be blocked from interacting on the page.



Like us & you will see our news feeds on your home page with information about current child care happenings!

OCFS TOPICS	1. Principles of Child Development
	2. Nutrition and Health Needs of Infants and Children
	3. Program Development
	4. Safety and Security Procedures
	5. Business Record Maintenance and Management
	6. Child Abuse and Maltreatment Identification & Prevention
	7. Statues and regulations pertaining to child daycare
	8. States & Regs pertaining to Child Abuse & Maltreatment
	9. Shaken Baby syndrome

CDA TOPICS	1. Planning a safe, healthy, learning environment
	2. Steps to advance children's physical and intellectual development
	3. Positive ways to support children's social and emotional development
	4. Strategies to establish productive relationships with families
	5. Strategies to manage an effective program operation
	6. Maintaining a commitment to professionalism
	7. Observing and recording children's behavior
	8. Principles of child development and learning

Focus on the Regulations

Proposed FDC and GFDC Regulations were adopted on 10/30/13 and will go into effect on May 1, 2014!! (Continued from page 3)

416/7.13 Qualification

- Substitutes need minimum experience and references
- A person is not approved to be caregiver until written approval
- Check of the Staff Exclusion List (SEL) [adds 3rd type of background check]

416/7.14 Training

- Orientation for all applicants for license or registration
- Elaborates on 9 topics of training
- Adds CPR & FA requirement
- Training for owners of multiple programs

- Training and trainers are approved through policy requirements

416/7.15 Management

- Notification to Office re: emergency services
- Midpoint requirements
- Fraudulent or altered documents are prohibited
- Daily attendance sheets to INCLUDE ARRIVAL & DEPARTURE TIMES
- Written requests for additional shift of care
- Report new HHM's within 5 days

Please call your registrar or licenser with questions!

From the Desk of the Registrar

Dear Providers,

Starting May 1, 2014, the new FDC & GFDC regulations will go into effect and will be checked during inspections.

If you are still struggling to learn them, please attend the forum at the Council on 4/8/14 to learn and discuss the changes.

If you missed the videoconference in November, we do have it on DVD and would be happy to hold a training if there is interest. Please call the Council and let us know if you are interested.

Be sure to comment on the proposed DCC & SACC Regs at <http://www.ocfs.state.ny.us/main/legal/Regulatory/pc/>!

Thank you for your dedication to our children; the long hours you work do not go unnoticed; the care you take for children is greatly appreciated and helping them to learn and grow in the comfort of your care is the most priceless gift any parent could ask for while they spend their days at work! We can't thank you enough.

Theresa Murdock-Marin
Registrar

Please also remember that as of 6/2011 **all cribs must meet new federal requirements.** The new requirements prohibit traditional drop sides (drop side cribs cannot be made or sold in US; immobilizers & repair kits not allowed), require better testing, require stronger hardware, improve slat strength and mattress support. Drop side cribs may not be used in day care.

Your continued effort and care of Sullivan County's children, is greatly appreciated. We wish to support you through this process of change in the best way possible.



Dear Jodi

Dear Jodi,

I have this idea for a column in the newsletter of our very own. One that we can all contribute to, and draw from. Every now and then a good idea comes along and it drives me crazy to keep it to myself!

So first up, Shoprite Home Delivery—this has been a total joy. You order your groceries online, pick a time slot for delivery, as soon as the same day, you still get all of the great sales/discounts/coupons you would—without leaving your home. A nice young man brings your groceries, ready to go. Go online www.shoprite.com, or you can call (845) 647-4288, the Ellenville store services our area. You can pre-pay or pay on delivery and there are usually coupon codes available such as \$20 off of \$100. The delivery cost is \$6.95 if you have an order of \$100. We know that's easy to do!

Second, another money saver was with NYSEG. Did you get a letter saying you have to choose another energy provider? I checked around and with just one phone call to NYSEG to tell them I found it cheaper, which I did, and voilà and they lowered my electric cost by about 25% (\$30-\$35.00) a month!! They dropped their rates for the next 2 years! Call NYSEG at (800) 544-0182. Give it a shot!

Finally, if you're a member of CSEANY, our local union, they have an AT&T discount code for up to 19% off your bill. Call them at (800) 342-4146, ext. 1359, ask them for the scan code for the ATT discount. Then take your membership card to any ATT store, or you can email proof and another voilà... you're saving money!

I know it's not all about saving money, but we do work hard, and by keeping some of what we earn we better our lives and in turn have a happier home.

Eager,
Kenoza Lake

Dear Eager,

Thank you for your contribution! We welcome all of your ideas. Email other ideas that you would like to share to info@scchildcare.com and we can keep up the exchange of information!

Also, if you have other questions, regulatory or training requests, chances are someone else has the same question or needs the same training.

You can email your questions or thoughts to info@scchildcare.com and I would be more than happy to help clarify or compile training requests!

Jodi

Provider Appreciation (Con't from p.1)

Daycare providers do not earn a whole lot of income, so money is the most appreciated gift. I know, because I was a teacher in one and I have a friend who owns one. Often, we can not afford things which many we serve take for granted, like health insurance. So, any amount that you can afford without straining your budget is appreciated, even \$20 enclosed in a card with kind words of appreciation.

I gave my daycare provider a gift certificate for a massage one year, and for a brunch at a nice restaurant another year. She loved them both.

As a mom of two and former preschool teacher, I suggest that the safest "gift" is a card written from your heart telling each teacher why you value her (or his) contribution to your family and society, and what she (or he) means to your child. Material gifts may be appreciated but unless you

know the teacher well it is hard to be certain what would be welcome. In this hurried society, I think a hand written note expressing appreciation for the teacher's life work is of more value than most objects. If your child is old enough to help decorate it or dictate part of it, all the better. I'm not a big fan of giving money, and there are several women that share in the day care duties. Instead, last year I bought some art supplies for the day care center, since they were always making things, but I'm sure any supplies would be welcome (books, puzzles, toys) and a small individual gift for each provider at the day care center, or homemade cookies.

We also have a small in home family daycare provider. I found that they are big Blockbuster rental fans on the weekends so last year we gave them a 6 month subscription to Netflix. They loved it.

Source: <http://parents.berkeley.edu/advice/childcare/daycaregift.html#1208>

Legally Exempt Child Care Rates

Standard Without training	0 - 1½ yrs	1½–2yrs	3-5 yrs	6-12 yrs
Weekly	\$98	\$91	\$91	\$91
Daily	\$20	\$20	\$20	\$20
Part Day	\$13	\$13	\$13	\$13
Hourly	\$2.60	\$2.60	\$2.60	\$2.76

Enhanced With training	0 - 1½ yrs	1½–2yrs	3-5 yrs	6-12 yrs
Weekly	\$105	\$98	\$98	\$98
Daily	\$21	\$21	\$21	\$21
Part Day	\$14	\$14	\$14	\$14
Hourly	\$2.80	\$2.80	\$2.80	\$2.98

Subscribe to SCCC E-News

Make sure you stay up to date with info & updates from the Council!

Subscribe to e-news on our website by typing in your email and click on subscribe! **If you unsubscribed** from our new notification system, you will no longer receive our emails and child care updates; you will need to re-subscribe.

Subscribe to e-news for our updates & child care info

Visit www.sccchildcare.com and subscribe is on all pages (as shown).

www.fccanys.org

Family Child Care Association of NYS, Inc.
23rd Annual Conference
Friday & Saturday
March 28 & 29, 2014
Pre-Conference Session, Thursday, March 27th
Villa Roma Resort & Conference Center
Callicoon, New York

Friday Keynote
Lisa Giruzzi Albany, NY
Best-selling Author & award winning Trainer helping people be more successful through effective communication.

Friday Night Keynote
Dr. Mike Wimberley, TX

Saturday Keynote
Dr. Peter Gray Boston, MA
Research Professor at Boston College, Author and Lecturer on the instinct to play.

Mike Longoria, Ph.D.
Early Childhood Consultant, Curriculum Writer, & Recording Artist



QUALITYstarsNY is a voluntary system that will be available to all regulated programs serving young children—in centers, schools and homes. It **provides guidance, support and resources for technical assistance and professional development so that programs improve their quality rating over time.** Star ratings are based on an evaluation and assessment of practices in the following categories: *Learning Environment; Family Engagement; Qualifications & Experience; Management & Leadership.*

Child Care Time & Attendance

If you are interested in submitting your time sheets electronically through the Child Care Time & Attendance (CCTA) system, please contact the Council for more information at (845) 292-7166.

Product Recalls

www.cpsc.gov

BebeLove™ Baby Walkers

Hazard: The walkers failed to meet federal safety standards. Specifically, style number 358 can fit through a standard doorway and is not designed to stop at the edge of a step as required by the federal safety standard. In addition, style number 368 contains leg openings that allow the child to slip down until the child's head can become entrapped at the neck. Babies using these walkers can be seriously injured or killed.

Remedy: Consumers should stop using the recalled baby walkers immediately and contact BebeLove for a free repair kit.

Consumer Contact: BebeLove toll-free at (888) 464-1218 from 9a—5p PT Monday—Friday or online at www.bebeloveusa.com and click on "Recall Contact" for more information.

B-Agile, B-Agile Double & BOB Motion strollers

Hazard: The hinge on the stroller's folding mechanism can partially amputate consumers' fingertips, break their fingers or cause severe lacerations, among other injuries, when they press the release button while pulling on the release strap.

Remedy: Consumers should stop using the recalled strollers immediately and contact Britax to receive a free repair kit.

Consumer Contact: Britax; toll-free at (866) 204-1665 from 8:30 a.m. to 6:00 p.m. ET Monday through Thursday and 8:30 a.m. to 5:00 p.m. Friday, visit the company's websites at www.britaxusa.com or

www.bobgear.com and click on "Safety Notice" at the top right corner or on "Learn More" at the bottom center of the page, or email strollerrecall@britax.com for more information.

Cervélo P5 bicycles with 3T Aduro aero handlebars

Hazard: The forward extension mounts can detach from the base bar while riding causing the rider to lose control, posing a risk of injury.

Remedy: Consumers should immediately stop using the recalled bicycles and contact 3T Design to have the recalled handlebars replaced free of charge with a modified set of Aduro aero handlebars installed with the high or low mount. Consumers who also purchased the ultra-low mount can receive:

- a full refund for the ultra-low mount and a free modified Aduro aero base bar for use with the originally purchased low mount or
- replacement of the Aduro aero handlebars with 3T Mistral aero handlebars with a low-position mount, which places a rider in a position similar to the Aduro ultra-low position mount.

Consumer Contact: Aduro Recall Hotline toll-free at (855) 225-7226 from 10a—6p ET Monday—Friday, or online at www.3tccycling.com and click on Aduro Recall for more information.

Public Policy Statement

Donna Willi, Executive Director

Dear Child Care Professionals & Other Community Members,

Some of you may or may not know that we are not an agency of Sullivan County Government but are a stand-alone non-profit organization governed by a seventeen member board of directors. We are one of 35 agencies across New York serving our respective counties with services like, but not limited to child care referrals to parents in need of child care, parent education on things like what quality child care looks like and immunization requirements, required professional development to the child care work force, in program inspections to ensure children are in safe nurturing environments, facilitation of a food program to ensure children are eating healthy meals and snacks while in child care and training and technical assistance on topics ranging from biting to payment for services.

Long term educational achievement is uniformly linked to participation in high quality early care and education. Quality child care > yields a higher return on our investment in child care > supports our economic development > provides a foundation for a better prepared and qualified workforce.

In 2014 the Council will continue to strive for access to quality child care for all families in Sullivan County and beyond. Our public policy statement continues to support:

Regulated Child Care: Regulated or, licensed and registered providers in New York State commit to a complicated and high standard of service. These providers have inspectors in their homes or programs at least twice per year but more likely four or five times per year; they attend on-going professional development and are local small business people. The Council is committed to ensuring all parents have access to a minimum of two regulated providers when requesting referrals to better ensure their children can attend a high quality child care program.

AND

Quality Stars NY: A quality rating and improvement system created to drive current and future state investments toward quality improvements in early learning programs, a strategic approach to ensuring both public and private dollars are used most effectively and efficiently to promote better outcomes for children. It is unfortunate that although child care professionals and state officials support Quality Stars NY the fact is, since New York did not receive a Race to the Top award from the federal government, New York is unable to fund a quality rating system in the current budget. However, the Sullivan County Child Care Council and its colleagues continue to provide trainings and guidance to our child care workforce so our providers are prepared and will have been given the opportunity to enter the program with a minimum three stars.

If you are interested in learning more please contact me at (845) 292-7166 or via email at dwilli@scchildcare.com.

Thank you for your continued support and partnership in our mission: ***To link the parents of Sullivan County to safe, enriching, quality child care by strengthening professional providers through education and resources.***

Warm regards,
Donna Willi, Executive Director

Child Care Council Info

Normal Business Hours

Monday-Friday 8:30am-4:30pm

We are available for assistance in person:

7 Community Lane, Liberty, NY 12754,
Mail: **PO Box 186, Ferndale, NY 12734.**

Staff members can be reached by telephone at
(845) 292-7166, or toll free: **(877) 292-7190.**

Prospective Child Care Providers

If you are interested in becoming a Family Day Care Provider (FDC) or School Age Child Care Program (SACC) you must attend an informational session at the Council for more information & an application.

Group Family Day Care and Day Care Center applicants should call the Spring Valley Regional Office at (845) 708-2400 for more information.

Information/Start-up Sessions for FDC & SACC are held at the Council on the following **Wednesdays** (odd months in the mornings; even months in the evenings):

March 19, 2014 10:30am

April 15, 2014, 5:30pm

May 19, 2014 10:30am

Please RSVP to the Training Coordinator,
by calling (845) 292-7166, ext. 305.

Child Care Programs in Sullivan County

Township	OCFS Registered/Licensed Child Care Programs			Other Programs	
	Day Care Centers	Family Day Care Homes	Group Family Day Care Homes	Private Schools	School Age Programs (SACC)
Bethel		2	0		Yes
Callicoon	0	3	2		
Cochecton	0	1	0		
Delaware	0	3	0		
Fallsburg	3	6	1		Yes
Forestburgh	0	0	0		
Fremont	0	0	0		
Highland	0	1	0		
Liberty	1	11	5	Yes	Yes
Lumberland	0	1	1	Yes	
Mamakating	1	2	2		Yes
Neversink	0	4	3		Yes
Rockland	0	3	0		
Thompson	6	5	5	Yes	Yes
Tusten	0	0	0		

Average Weekly Cost of Child Care	6wks-18mos	6wks-24mos	2yrs-5yrs	18mos-36mos	3y-5y	5y-12y
Family Day Care	n/a	\$160.37	\$147.33	n/a	n/a	\$127.34
Group Family Day Care	n/a	\$194.66	\$149.59	n/a	n/a	\$88.89
Day Care Center	\$181.25	n/a	150.00	\$170.00	\$152.18	\$150.00

Sullivan County Child Care Council, Inc. 2014 Donation Form

Professional Supporter (Check One)

*Eligible for reduced training costs.

- \$35 Family Day Care Provider
(\$25 if participate in CACFP)
- \$50 Group Family Day Care
(\$40 if participate in CACFP)
- \$125 Day Care Center / SACC
(\$100 if participate in CACFP)
- \$25 Legally-Exempt Provider
(\$15 if participate in CACFP)

Community Supporter (Check One)

- \$50 Advocate
- \$100 Sponsor*
- Other \$ _____*

Mail Form & Payment To:

Sullivan Co Child Care Council, Inc.
PO Box 186
Ferndale, NY 12734

Name/Organization _____

Phone () _____

Address _____

Email _____

*Please submit a business card with your donation of \$100 or more. *Donations are non-refundable.*

Thank you for your financial support; it helps families gain access to quality and affordable childcare!

Hours of Operation: Monday-Friday 8:30am-4:30pm



Sullivan County
Child Care Council, Inc.
P.O. Box 186
Ferndale, NY 12734

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“Laughter is the natural sound of childhood.” —Alvin Schwartz

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- Dr. Jeffrey Weinstein**



Phone: (845) 292-7166 Email: info@scchildcare.com
Toll free: (877) 292-7190 Hours of Operation:
Fax: (845) 292-1755 Monday - Friday 8:30-4:30

We have several openings for Council Board & Committee members. We are seeking members who could fulfill underrepresented areas such as, parents (who have children in child care); those who have expertise in marketing or insurance; those who are familiar with child care subsidy system and those who could represent our Hispanic community.

If you would like to become a member of our board, please contact us at info@scchildcare.com!

Caregiver News
Caregiver News is published quarterly by the Sullivan County Child Care Council, Inc: Executive Director, **Donna Willi** and Editor, **Theresa Murdock-Marín**. Sullivan County Child Care Council, Inc is a not-for-profit corporation which offers direct and supportive services to all members of the community. The Sullivan County Child Care Council, Inc. provides equal program and employment opportunities.

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